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VOL02/2024

AUGUST ISSUE 2024



36  
PAGES

03 SHEIKH HASINA SPEAKS UP ON US PLOT

04 මේ විදහල් පියස නොවන්නට අප මොන වාගේ මිනිසුන් වේවිද?

05 පියසර ගනසක් තැනු ශ්‍රී ලංකිකයා

06 PAETONGTARN SHINAWATRA BECOMES THAI PRIME MINISTER AFTER ROYAL SIGNOFF.

16 ROUTE ONE, A VISIONARY JOURNEY TO GOVERNMENT STEWARDSHIP IN 2030

30 மாட்டுச் சாணத்தை வீட்டு வாசலில் தெளிப்பது ஏன்... அதன் பாரம்பரியம் என்ன

● Dalada Perahera  
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# DIGITAL DEMOCRACY: HOW TECHNOLOGY IS SHAPING SRI LANKA'S ELECTIONS



EDITORIAL

## CeylonUK

As Sri Lanka approaches another significant election, the role of technology in the democratic process has never been more apparent or critical. The island nation, which has a history of vibrant political engagement, is witnessing a profound transformation in how elections are conducted, monitored, and participated in, thanks to the rapid advancement of digital technologies.

### The Rise of Digital Platforms

In recent years, digital platforms have emerged as a powerful tool for political campaigns. Social media networks such as Facebook, Twitter, and WhatsApp have become the primary battlegrounds where political discourse takes place. Candidates and political parties are increasingly using these platforms to reach voters directly, bypassing traditional media channels.

### Articles by Editor

These platforms allow for a more personalized and targeted approach to campaigning. Political messages can be tailored to specific demographics, ensuring that different segments of the population receive information that is most relevant to them. This has been particularly effective in engaging younger voters, who are more likely to consume news and information online.

### Voter Engagement and Education

One of the most significant impacts of technology on Sri Lanka's elections is the increased engagement and education of voters. In the past, access to political information was often limited by geography and media reach. Today, with widespread internet access, voters from all corners of the country can educate themselves on candidates, policies, and political issues.

Online platforms have enabled the proliferation of independent news outlets and citizen journalism, offering diverse perspectives that were previously unavailable. This democratization of information helps to create a more informed electorate, capable of making decisions based on a broader range of sources.

Moreover, voter education campaigns have found new life online. NGOs and civil society organizations are leveraging digital tools to inform the public about voting procedures, the importance of participation, and the implications of their choices. These efforts are crucial in ensuring that every citizen has the opportunity to engage in the democratic process fully.

### Election Monitoring and Transparency

Technology has also played a crucial role in enhancing the transparency and integrity of the electoral process. In previous elections, allegations of fraud and malpractice have often marred the democratic process. However, digital tools are now being used to monitor elections in real-time, reducing the likelihood of irregularities.

Election monitoring organizations and watchdogs are employing digital platforms to report incidents, track voting patterns, and ensure that the electoral process adheres to legal standards. Mobile apps and online platforms allow citizens to report any suspicious activities or violations, which can be addressed swiftly by authorities.

Furthermore, electronic voting systems and biometric identification have been introduced in some regions to ensure that each vote is counted accurately and that the process is free from tampering. While these technologies are still in the early stages of adoption in Sri Lanka, their potential to increase trust in the electoral process is significant.

### Challenges and Risks

Despite the many advantages that digital technology brings to the electoral process, it also presents several challenges and risks. The spread of misinformation and fake news is one of the most pressing concerns. During election periods, social media

platforms can become breeding grounds for false information, which can mislead voters and distort the democratic process.

### Articles by Editor

To combat this, both the government and private sector companies have taken steps to monitor and curb the spread of fake news. However, the responsibility also falls on citizens to critically evaluate the information they consume and share. Another challenge is the digital divide that still exists in Sri Lanka. While internet penetration has increased significantly, there are still rural and marginalized communities with limited access to digital resources. Ensuring that these populations are not disenfranchised by the digitalization of the electoral process is a critical concern.

The Future of Digital Democracy in Sri Lanka As Sri Lanka continues to embrace digital democracy, it is essential to recognize that technology is not a panacea for all electoral issues. However, when used effectively, it can significantly enhance the democratic process by increasing voter engagement, improving transparency, and ensuring that elections are conducted fairly and efficiently.

The upcoming election will be a test of how well Sri Lanka can balance the benefits and challenges of digital technology in its democratic process. As the nation moves forward, it will be crucial to continue refining these tools and strategies to ensure that every citizen has a voice in shaping the country's future.

In conclusion, technology is undeniably reshaping the landscape of Sri Lankan politics. As the nation stands on the cusp of a new era, it is clear that digital democracy will play a pivotal role in determining the direction of the country's governance. The challenge now is to harness this potential responsibly, ensuring that technology serves the people and strengthens the foundations of democracy.

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# SHEIKH HASINA SPEAKS UP ON US PLOT



The exclusive report in today's Economic Times carrying Sheikh Hasina's first remarks after her ouster from power will come as a slap on the face of the nincompoops in our country who are waxing eloquently about developments in that country as a stand-alone democracy moment in regional politics.

Hasina told ET, "I resigned, so that I did not have to see the procession of dead bodies. They wanted to come to power over the dead bodies of students, but I did not allow it, I resigned from premiership. I could have remained in power if I had surrendered the sovereignty of Saint Martin Island and allowed America to hold sway over the Bay of Bengal. I beseech to the people of my land, 'Please do not allow to be manipulated by radicals.'"

The ET report citing Awami League sources implied that the hatchet man of the colour revolution in Bangladesh is none other than Donald Lu, the incumbent Assistant Secretary of State for South and Central Asian affairs who visited Dhaka in May.

This is credible enough. A background check on Lu's string of postings gives away the story. This Chinese -American 'diplomat' served as political officer in Peshawar (1992 to 1994); special assistant to Ambassador Frank Wisner (whose family lineage as operatives of the Deep State is far too well-known to be explained) in Delhi (1996-1997); subsequently, as the Deputy Chief of Mission in Delhi from 1997-2000 (during which his portfolio included Kashmir and India-Pakistan relations), inheriting the job, curiously enough, from Robin Raphel, whose reputation as India's *bête noire* is still living memory — CIA analyst, lobbyist, and 'expert' on Pakistan affairs.

Indeed, Lu visited Bangladesh in mid-May and met with senior government officials and civil society leaders. And shortly after his visit, the US announced sanctions against then Bangladesh army chief General Aziz Ahmed for what Washington termed his involvement in "significant corruption."

After his Dhaka visit, Lu told Voice of America openly, "Promoting democracy and human rights in Bangladesh remains a priority for us. We will continue to support the important work of civil society and journalists and to advocate for democratic processes and institutions in Bangladesh, as we do in countries around the world..."

"We [US] were outspoken in our condemnation of the violence that marred the election cycle [in January] and we have urged the government of Bangladesh to credibly investigate incidents of violence and hold perpetrators accountable. We will continue to engage on these issues..."

Lu played a similar proactive role during his past assignment in Kyrgyzstan (2003-2006) which culminated a colour revolution. Lu specialised in fuelling and masterminding colour revolutions, which led to regime changes in Albania, Georgia, Azerbaijan, Kyrgyzstan and Pakistan (ouster of Imran Khan).

Sheikh Hasina's disclosure could not have come as surprise to the Indian intelligence. In the run-up to the elections in

Bangladesh in January, Russian Foreign Ministry had openly alleged that the US diplomacy was changing tack and planning a series of events to destabilise the situation in Bangladesh in the post-election scenario.

The Foreign Ministry spokesperson said in a statement in Moscow, "On December 12-13, in a number of areas of Bangladesh, opponents of the current government blocked road traffic, burned buses, and clashed with the police. We see a direct connection between these events and the inflammatory activity of Western diplomatic missions in Dhaka. In particular, US Ambassador P Haas, which we already discussed at the briefing on November 22.

"There are serious reasons to fear that in the coming weeks an even wider arsenal of pressure, including sanctions, may be used against the government of Bangladesh, which is undesirable to the West. Key industries may come under attack, as well as a number of officials who will be accused without evidence of obstructing the democratic will of citizens in the upcoming parliamentary elections on January 7, 2024.

"Unfortunately, there is little chance that Washington will come to its senses and refrain from yet another gross interference in the internal affairs of a sovereign state. We are confident, however, that despite all the machinations of external forces, the issue of power in Bangladesh will ultimately be decided by the friendly people of this country, and no one else."

Moscow and Beijing have nonetheless taken a scrupulously correct stance of non-interference. True to Russian pragmatism, Moscow's Ambassador to Bangladesh Alexander Mantytsky noted that his country "will cooperate with any leader and government elected by the people of Bangladesh who is ready for equal and mutually respectful dialogue with Russia."

That said, both Russia and China must be worried about the US intentions. Also, they cannot but be sceptical about the shape of things to come, given the abysmal record of the US' client regimes catapulted to power through colour revolutions.

Unlike Russia, which has economic interests in Bangladesh and is a stakeholder in the creation of a multipolar world order, the security interests of China and India are going to be directly affected if the new regime in Dhaka fails to deliver and the country descends into economic crisis and lawlessness as a failed state.

It is a moot point, therefore, whether this regime change in Dhaka masterminded by Washington is 'India-centric' or not. The heart of the matter is that today, India is flanked on the west and the east by two unfriendly regimes that are under US influence. And this is happening at a juncture when signs are plentiful that the government's independent foreign policies

and stubborn adherence to strategic autonomy has upset the US' Indo-Pacific strategy.

The paradox is, the colour revolution in Bangladesh was set in motion within a week of the ministerial level Quad meeting in Tokyo, which was, by the way, a hastily-arranged US initiative too. Possibly, the Indian establishment was lulled into a sense of complacency?

British Foreign Secretary David Lammy reached out to External Affairs Minister S. Jaishankar with a phone call on August 8 coinciding with the appointment of the interim government in Dhaka, which the UK has welcomed while also urging for "a peaceful pathway to an inclusive democratic future" for Bangladesh — much as the people of that country deserve "accountability." [Emphasis added.]

India is keeping mum. The only way Bangladesh can figure a way out of the foxhole is through an inclusive democratic process going forward. But the appointment, ostensibly at the students' recommendation, of a US-educated lawyer as the new chief justice of the Supreme Court in Dhaka is yet another ominous sign of Washington tightening its grip.

Against this geopolitical backdrop, a commentary in the Chinese daily Global Times on Thursday titled China-India relations easing, navigating new realities gives some food for thought.

It spoke of the imperative for India and China "to create a new kind of relationship that reflects their status as major powers... Both countries should welcome and support each other's presence in their respective neighbouring regions." Or else, the commentary underscored, "the surrounding diplomatic environment for both countries will be difficult to improve."

The regime change in Bangladesh bears testimony to this new reality. The bottom line is that while on the one hand, Indians bought into the US narrative that they are a 'counterweight to China', in reality, the US has begun exploiting India-China tensions to keep them apart with a view to advance its own geopolitical agenda of regional hegemony.

Delhi should take a strategic overview of where its interests would lie in this paradigm shift, as the usual way of thinking about or doing something in our neighbourhood is brusquely replaced by a new and different experience that Washington has unilaterally imposed. What we may have failed to comprehend is that the seeds of the new paradigm were already present within the existing one.

by M. K. Bhadrakumar

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පාසලේ සිට මේ දක්වා මම රැස්වීම් දසදහස් ගණනක් ආමන්ත්‍රණය කරලා ඇති. පාසලේ කටකෝදියි සංගමයේ සභාපතිව සිටියේ මම. දීපිකා තමයි, ලේකම්. රටට මොකක්ද වුණේ, වෙමින් තිබෙන්නේ මොකක්ද, අනාගතයේ සිදු කළ යුත්තේ මොනවාද ආදී වශයෙන් කතා කර තිබෙනවා. නමුත්, අද මම කතා කරන්නේ ජීවිතය ගැන. රැස්වීම් දසදහස් ගණනක් ආමන්ත්‍රණය කර තිබුණත්, ඉතාමත් වැදගත්, ජීවිතයට දැනෙන රැස්වීම් මේකයි.

පංති ආරම්භ කරන්න ඕනෑ නිසා ගාමිණී මහා විද්‍යාලයේ දරුවෝ වෙත කිසිම පාසලකට බඳවාගත යුතු නැති බවට තීරණයක් ගෙන තිබුණා. ඒත්, දරුවන් තිදෙනෙක් අස් වී ගියා. අපි එහෙම ප්‍රයත්නයක් දැරුවේත් නැහැ. අනුරාධපුරයට යාම - ඒම අපේ ආර්ථිකයට දරා ගන්නත් බැහැ. අපේ විද්‍යා සර් උසස්පෙළ ගණිත, විද්‍යා පංති පටන් ගන්න කොට කීවේ, "ඔයගොල්ලෝ පරීක්ෂණයට ගන්න ගෙමිබෝ වගේ" කියලා.

ඒ නිසා අපේ ජීවිතයේ විශාලම වෙනසක් ඇති කරන්නේ මේ පාසල සහ අපේ ගුරුවරුන්. අපි ගුරුවරුන් ඉල්ලලා, අනුරාධපුරයේ අධ්‍යාපන කාර්යාලය ඉස්සරහා උද්ඝෝෂණය කළා. දීපිකා අක්කා ගණිතයට ඉතාම දක්ෂ වුවත්, වාණිජ විෂය ධාරාව උසස් පෙළට කරලා අවුරුද්දකට පස්සේ ගණිත ගුරුවරුන් ලැබුණාම නැවත ගණිත අංශයේ ඉගෙන ගන්න පටන් ගත්තා. අප අධ්‍යාපනයෙන් පිටමං කරන ලද මිනිසුන් බව මතක තබා ගන්න. මෑතක දී තඹුන්තේගමට ආ පනාධිපතිවරයා කියා තිබුණා, විද්‍යා, ගණිත විෂයයන් ආරම්භ කරන්න මේ ඉස්කෝලයට ගොඩනැගිල්ලක් දුන්නේ ඔහුයි කියලා. හැබැයි, අදත් මෙතැන ජීවත් වන්න ඕනෑ බොහෝ අය ඔහුගේ ආණ්ඩුවෙන් නැති කළ බව තේරුම් ගත යුතුයි. වන්දිමාල් කියන්නේ ඉතාමත් දක්ෂ, ජනප්‍රිය සිසුවෙක්. පාසලේ ප්‍රධාන ශිෂ්‍ය නායකයා. වන්දිමාල්, ඔහුගේ මල්ලි, අම්මා සහ තාත්තා හතර දෙනාම ඝාතනය කළා. මොන තරම් මෘගද කියනවා නම්, වන්දිමාල් ඝාතනය කළේ පාසල ඉදිරිපිටදී. ඉතිහාසය ඒකයි. අපට ඉහළ පංතියක වසන්ත ප්‍රේමසිරි හිටියා. අනුරාධපුර සෙත්ටුල් එකට ඔහු මාරු වී උසස්පෙළ සඳහා ගියා.

අපි කුඩා කාලයේ සිල් සමාදන් වුණේ මේ නුග ගත යට. වෙහෙරගල පන්සලේ නායක හාමුදුරුවෝ, රම්බොඩගල්ලේ උපතිස්ස හාමුදුරුවෝ අපට බෞද්ධ ධර්මය ඉගැන්වුවා. අපේ උපන් ගම පිටිසර ආශීර්වාද කියන ප්‍රදේශය. අප ඉතා කුඩා අවධියේ තඹුන්තේගමට ඇවිත්, පදිංචිව ගිටියේ බෝගොඩ මෝල ඉදිරියේ තිබුණු අඩි 12ක් පමණ පළල, අඩි 20ක් පමණ දිග කටුමැටි ගහපු ගෙදරක. ඒ ගෙදර අයිති මැන්ඩිස් මුදලාලිට. මාසයකට රුපියල් දහයේ කුලියට ඒ ගෙදර නැවතුණා. තඹුන්තේගම ජීවිතය පටන් ගත්තේ ඒ විදියට. තඹුන්තේගම ගාමිණී මහා විද්‍යාලයේ සාමාන්‍යපෙළ දක්වා සිටි අවසන් දරුවෝ අපි. මධ්‍ය මහා විද්‍යාලයක් වූ පසු ගණිත සහ විද්‍යා අංශයෙන් ඉගෙන ගත් පළමු දරුවන් අපි. මේ කාලය තුළ විශාල දේවල් සිදු වී, විශාල කණ්ඩායම් මුණගැසී තිබෙනවා. අපේ ජීවිතය වෙනස් කිරීම සඳහා මේ පාසලත්, අපේ ගුරුවරුන් විශාල වෙහෙසක් දරා තිබෙනවා. අට, නවය පංතිවල අපට විද්‍යාව ඉගැන්වූ පරාක්‍රම සර්ගේ බිරිඳ රාණී ටීවර්. තුනේ පංතියේදී අපේ පංති භාරව ගිටියේ ඒ ටීවර්. සාමාන්‍යපෙළදී ගණිතය ඉගැන්වූයේ කනචල ටීවර් සහ බස්නායක ටීවර්. ජීවිතයේ තීරණාත්මක උසස්පෙළ අවධියේදී පංති භාරව කටයුතු කළේ ශාමලී ටීවර්. භෞතික විද්‍යාව ඉගැන්වූයේ ධර්මපාල සර්. විමලා ටීවර් වාණිජ අංශයේ ඉගැන්වුවා. අපට ඉගැන්වූයේ නැතත්, සමීප සම්බන්ධතාවක් පැවැත්වුවා. මේ ගුරුවරුන්, පාසල් සොහොයුරන් අපේ ජීවිතය වෙනස් ගමනකට යොමු කරන්න විශාල බලපෑමක් සිදු කළා. පෞද්ගලිකව මාව හොයන්න අවස්ථා ගණනාවක් පාසලට ආවත්, සමහර මැදිහත් වීම් නිසා මාව අත්අඩංගුවට ගන්න බැරි වුණා. ඒ වාගේම ශාමලී ටීවර් කවදාවත් කාටවත් කියලා නැති දෙයක් මම කියන්නම්. අසීරුවෙන් සැඟ වී ජීවත් වූ කාලයේ ශාමලී ටීවර් මාව මාසයකට ආසන්න කාලයක් සඟවාගෙන සිටියා. එවකේ ගුරුවරුන් නොවෙන්නට අප ජීවතුන් අතර නැහැ. ඒ කාලයේ වෙන කෙනකු සඟවාගෙන සිටීම තමන්ගේ ජීවිතයට අනතුරක් බව දැන දැන දරුවන්ගේ ජීවිත රැක ගත් ගුරුවර, ගුරුවරියන් මේ ඉන්නේ.



ඔහු පැහැරගෙන යන්න ආ අවස්ථාවේ ඔහුගේ නැගණිය ඉන්න, පැමිණි අයගේ අත්වල විල්ලුණා. ඒ දෙදෙනාම පැහැරගෙන ගිනිත් මුසල්පිටිය වැව් පිටියේ වඩ දී, නැගණිය දූෂණය කර දෙදෙනාම ඝාතනය කර තිබුණා. සාමාන්‍යපෙළ දක්වා අපත් එක්ක දෙමටවැවේ වසන්ත සිසිර රත්මාපය ඉගෙන ගත්තා. ඔහු මහනුවර නුගවෙල සෙත්ටුල් එකට ගියා. ඔහු, ඔහුගේ පියා, මාමා සහ බාප්පා යන හතර දෙනාම ඝාතනය කෙරුණා. පාසල් අවධියේ මාත් එක්ක ඇඳේ හිඳගත් මහා විද්‍යාලය දක්වා එකට පයින් ගිය කවදාවත් දෙදෙනා අතර රණ්ඩුවක් නොවූ, මම ගණිතය විෂයය කරද්දී, විද්‍යා විෂයය කළ මගේ අයිතා නාගානන්ද දිසානායක ඝාතනය කෙරුණා. අපේ ගෙවල් ආසන්නයේ සිටි මගේ මිතුරා ප්‍රේමසිරි ඝාතනය කෙරුණා.

මේ සිදුවීම් ඉරණම ලෙස සලකා ඔහේ ගලාගෙන යාමට ඉඩ දිය යුතුද? අධ්‍යාපනයේ පවතින විෂමතා කරුමය ලෙස සලකා ජීවත් විය යුතුද? අපේ ඇස් ඉදිරිපිට අසල්වැසියන් මිය යන හැටි අප දැක තිබෙනවා. දහය පංතිය දක්වා අපත් එක්ක ඉගෙන ගත් ලාල් සොහොයුරා හමුදාවට ගිනිත් මිය ගියා. ඒ වාගේ ම නදීක ප්‍රසංග හෙට්ටිආරච්චි ඩිමත්භාවයට ඇබ්බැහි වී මිය ගියා. ඉතාමත් දක්ෂ අයිතානි ගොන්සේකා මට වඩා මුතුකරට වාගේ අකුරු ඇති ලියුම් 1993 රහසින් මේ ප්‍රදේශයෙන් එන විටත් මා ළඟ තිබුණා. හමුදාවේදී ඇයගේ ජීවිතය කෙළවර වුණා. අපේ පංතිවල ඉතාමත් දක්ෂ දරුවන් හිටියත්, ගොඩක් අය විෂයයන් හතරම ගෙල්. මේ අසාධාරණය අපි ජීවිතවලින් දකිනවා. අපේ ගම්වල මිනිස්සු රස ආහාර වේලක් නැතිව, හොඳ වාතාශ්‍රයක් ඇති නිවාස නැතිව වාගේම විශාල බලාපොරොත්තු සහිතව ගොඩනගන දරුවන්ගේ ජීවිත විනාශ වෙනවා තමන්ගේ ඇස් ඉදිරිපිටම දකිමින් මිය යනවා. අපට හදවතක් තිබෙනවා නම්, අනෙකාගේ දුක, වේදනාව දැනෙනවා නම්, අපේ කන් දෙකෙන් අනෙකාගේ දුකේ, වේදනාවේ හඬ අපට ඇසෙනවා නම්, අපේ ඇස් දෙකෙන් අනෙකාගේ ජීවිත විනාශ වන හැටි දකිනවා නම්, මේ කාර්යය දමා පලා යන්න අපට යුක්තිසහගත අයිතියක් නැහැ. පොදු ජනයා පසෙක දමන ලද දුෂ්ට දේශපාලන ව්‍යසනය වෙනස් කරනවා කියන ස්ථිර අධිෂ්ඨානයෙන් යුතුව කුඩා කල සිට අප වැඩ කරන්නට පටන් ගත්තා. මම මේ දේශපාලන ව්‍යාපාරයට සම්බන්ධ වෙන්නේ 1988 මුලඟයේ. ආසන්න වශයෙන් දැන් අවුරුදු

තිස්සයක්. අඛණ්ඩව, නොසැලී පෞද්ගලික ජීවිතයේත්, දේශපාලන ජීවිතයේත් විශාල කටයුතු අත්දැකීම්වලට මුහුණ දුන්නත්, සියලු බේදවාචකයන් දකින තත්වයක් තුළ මෙය ජයග්‍රහණයෙන් කෙළවර කළ යුතුයි කියන ස්ථිර අධිෂ්ඨානයෙන් ක්‍රියා කළා. අපේ දෙමාපියන් විඳි දුක, අපේ පාසල් සොහොයුරන් විඳි දුක, අපේ ගුරුවර, ගුරුවරියන් විඳි දුක වේදනා තිබෙන ලෝකයක් අපට වැඩක් නැහැ. ගුරුවර, ගුරුවරියන් එසේ දුක් විඳිය යුතු නැහැ. උදේ 7.30 සිට 1.30 දක්වා විෂයයන් හතරම උගන්වන්න සිදු වෙනවා නම්, එය මොන තරම් බේදවාචකයක්ද? ඒ සියලු අත්දැකීම් අපට බල කළේ මෙය වෙනස් කරන්නයි. පෞද්ගලිකව මට කිසිදු යුක්තිසහගත අයිතියක් නැහැ මෙය දාලා යන්න. අපත් එක්ක සිටි සොහොයුරන් මිය ගියා නම්, අපව දේශපාලනයට ගෙන ආ සොහොයුරන් මියගියා නම් මෙය අත්හැර යන්න අපට කිසිදු යුක්තිසහගත අයිතියක් නැහැ. ඒ නිසා ජයග්‍රහණය සඳහා මෙහෙයවනවාය කියන අධිෂ්ඨානයෙන් යුතුව වැඩ කළා. මේ මොහොතේ අප වෙත පැවරී තිබෙන වගකීම අප ඉටු කරන්නේ නැත්නම්, කරන්නේ කවුරුන්ද? පනාධිපතිවරයාගේ ප්‍රකාශ කරයිද? ඔවුන් කවදාවත් පොදු ජනතාව ගැන කල්පනා කළ අය නොවෙයි. ඔවුන් හැම වේලාවේම පොදු ජනතාව රැවටීමට ලක් කරන, ඔවුන්ගේ පවුල් සහ ඔවුන්ගේ වටේ ඉන්න ව්‍යාපාරිකයන් පැලැන්තියක් නඩත්තු කරනවා. විවිධ කාලවල විවිධ දේශපාලන තීන්දු ඔබ සැම ගන්න ඇති. නමුත්, මේ මොහොතේ අතීතය පැත්තකට දමා අලුත් තීන්දුවක් ගන්න ඕනෑ. අප දුරස් වී සිටියත්, බොහෝ විට අඩුවෙන් කතා කළත්, අපේ බැඳීම් ඒ ආකාරයෙන්ම තිබුණා. අපට පහළ පංතියේ සිටි රංජිත් පසුව පොලිස් නිලධාරියකු වුණා. සරත් සිංහර් ඒජන්සියක වැඩ කළා. සුනිල් පී.එච්.අයි. මහත්තයෙක් වුණා. වෙනත් දේශපාලන ප්‍රවාහයක සිටි විශාලගොඩ ස්ටේෂන් එක්ක නාමල් ඉඳහිට හෝ කතා කරනවා. අපේ බිම්බා, පත්මසිරි ඒ වාගේ ම කරු මේ වෙලාවේ මතක් වෙනවා. කරු පිළියන්දල ප්‍රදේශයට ගිනිත් අහම්බෙන් ජීවිතය බේරා ගත්තේ. දැන් නම්, ගලේ ගහලාවත් අපේ ජීවිත ගන්න බැහැ. ඒ යුගය සම්පූර්ණයෙන්ම අවසන්. මේ විද්‍යාලය අපට දුන් කාලය, අධ්‍යාපනය, ළෙන්ගතුකම් සහ ආදරය විශාලයි. මේ විදුහල් පියස නොවන්නට අප මොන වාගේ මිනිසුන් වේවිද? මේ පාසල, මේ ගුරුවරු, මේ මිතුරන් නිසයි අපි මෙවැනි මිනිසුන් බවට පත් වුණේ. අප මෙවැනි මිනිසුන් වීම සඳහා පෙළැඹවූයේ මේ සමාජය. ජයග්‍රහණය ජේත තෙක් මානසේ නැතිම කාලයක මරණය වළපත්තට එමින් තිබියදීත්, අප සටන් කරන්නේ ඇයි? ඒ හැම දේම ඉගැන්වූයේ මේ ගම, නල්ලවිටිය, මේ ස්ටේෂන් එක වාගේ තැන්වලින් ලැබුණු අත්දැකීම් නිසයි. අපි පොඩි කාලේ මේ ඉස්පිරිතාලේ වැඩ කළේ දෙමළ දොස්තර මහත්තයෙක්. අපේ අප්පච්චි මිනින්දෝරු කම්කරුවෙක් හැටියට වැඩ කළේ කනගරාපා කියන මිනින්දෝරු මහත්මයා ළඟ. අපේ ස්ටේෂන් එකේ ස්ටේෂන් මාස්ටර් දෙමළ මහත්මයෙක්. අසුතුගේ දී ස්ටේෂන් මාස්ටර්ට ගතලා ලේ පෙරෙන ආකාරය අපේ ඇස් ඉදිරිපිට දැක්කා. අපි විඳි මේ බේදවාචක වෙනස් කරන්නට ඕනෑ නැද්ද?

පොත පතීන්, අධ්‍යයනයෙන් ජීවිතයට උකහා ගන්න බැරි ගොඩක් දේවල් මේ තඹුන්තේගම අපට පාඩම් හැටියට කියා දුන්නා. මේ වෙලාවේ අමතක නොකළ යුතු වාසල විදුහල්පතිතුමා මතක් වෙනවා. මම ඉස්කෝලේ යන කොටත්, ඉස්කෝලෙන් සමු ගන්න කොටත් විදුහල්පතිතුමා විදියට හිටියේ වාසල මහත්තයා. ටිකක් සැරයි. අපව හදවවා; අපව පෝෂණය කළා. අපේ ජීවිතය මේ ඉලක්කවලට අපව පෙළඹ වූ බවයි මා නැවත නැවතත් මතක් කරන්නේ. ඒ නිසා මේ පාසලට, මේ බිමට, මේ මිනිසුන්ට අපේ හදවතේ තිබෙන ප්‍රණාමය දැමියකින්වත් අඩු වන්නේ නැහැ. එය තව තවත් වර්ධනය වෙනවා. මෙවැනි රැස්වීම් සංවිධානය කර අපට ආරාධනා කළ සියලුම දෙනාට ස්තූතිවන්ත වෙනවා. යුක්තිය පිළිබඳව සාධාරණත්වය පිළිබඳව හැඟීම් තිබෙන මනුෂ්‍යත්වය පිළිබඳව තෙතමනයක් තිබෙන කිසිවකුටත් මේ සමාජය මේ ලෙස ගලාගෙන යාමට ඉඩ දීමේ කිසිදු අයිතියක් නැහැ. ඒ නිසා අප හැම දෙනාම මෙය වෙනස් කිරීම සඳහා ප්‍රයත්න දරමු. අවසන් වශයෙන් එක සහතිකයක් දෙන්නම්. මා මෙතැනත්, මෙතැනින් පිටතත් මේ රට සහ මේ රටේ මිනිසුන් අප කෙරෙහි තබන විශ්වාසය අඩමල් රොහකින්වත් බිඳවැටෙන්න දෙන්නේ නැහැ. සහතික වශයෙන් ඒ විශ්වාසය සුරකිනවා. අපේ ජීවිතවලට උකහාගෙන තිබෙන වටිනාකම් ඒවායි. පාර්ලිමේන්තුවේ අවුරුදු විසිහතරක් වුවත්, යම් කාලයකට අමාත්‍ය ධුර දැරුවත්, රුපියල්වලින්, දේපොළවලින් වත්කම් උපයාගෙන නැහැ. මේ සමාජයේ විශ්වාසය සහ ගෞරවය අප උපයාගෙන තිබෙනවා. අපේ පාලනයකදී ඒ විශ්වාසය සහ ගෞරවය වෙනස් වෙන්නේ නැහැ. ඒ ගෞරවය තව තවත් වැඩි වන ආණ්ඩුවක් අපට බිහි කළ හැකියි. ඒ සඳහා එකතු වන්න කියලා සියලු දෙනාටම ආරාධනා කරනවා.

# පියාසර යානයක් තැනූ ලාංකිකයා

## රේ විජේවර්ධන

අයකු බවයි. ඔහුගේ මව වූ කොරින් අමන්දා ජෙනියර්ස් ඉංග්‍රීසි ජාතික කාන්තාවක් වීම ඊට හේතුවයි. ඇය තුඩුගල විජේවර්ධන පවුලෙන් බිහි වූ ඇගේ සැමියා මෙන්ම නාර් වෛද්‍ය විශේෂඥවරයක වූවාය. ඔවුහු කොළඹ 7, ග්‍රෙගරි පාරේ තිබූ රේ විලා නිවසේ සුවිශේෂ ශෛලියකින් හෙබි ජීවිතයක් ගත කළහ. බාලාංශ

**සුප්‍රසිද්ධ විද්‍යාඥයකු, ගවේෂකයකු වූ රේ විජේවර්ධනගේ ගුණානුස්මරණය ඉකුත් 18 වැනිදාට යෙදී තිබූ අතර ඔහුගේ ජන්ම ශත සංවත්සරය ඊයේට (20) යෙදී තිබුණි.**

පිලිප් රේවන විජේවර්ධන ගත කළේ විස්මයෙන් පිරි පෞද්ගලික ජීවිතයකි. ඔහු මේජර් රෝලන්ඩ් රේවන් - නාර්ට් සමග විස්කිමෝ ඔරුව පදවාගෙන මහවැලි ගඟේ පහළට ආවේය. ඔහුට සරවක් දේශයේ ආදිවාසියකු මෙන් (ඊතල විදින) පිඹින බටය හැසිරවිය හැකි විය. හෙතෙම පැරණි පන්නයේ ඉංග්‍රීසි ජාතිකයකු මෙන් ලැවෙන්ඩර් සුවඳ දියරයට ආශා කළේය. හෙතෙම සුප්‍රසිද්ධ විද්‍යාඥයකු හා අලුත් දෑ ගවේෂණය කරන්නකු ලෙස ප්‍රසිද්ධියේ ගත කළ ජීවිතයෙන් ඔබ්බට ගොස් තතු පරීක්ෂාකර බැලීමේ දී වචන සුන්දර සියුම් දෑ මතු වී පෙනේ. රේ ගේ ගුණසමරම යෙදෙන්නේ අගෝස්තු 18 වැනිදාය.

පන්තියේ දී (හෝඩියේ දී) පවා පරිකල්පනයෙන් පිරි දරුවකු වූ ඔහු අපට ඔවුන්ගේ විශ්වාසීලී සුනඛයකු වූ ට්‍රැක්සි නරියකැයි කීවී යනුවෙන් රෝගිණී කීවාය. ඔවුහු දෙදෙනාම වාද්‍ය වෘත්තයේ ඔස්සා වැගන් යටතේ වයලීන වාදනයේ යෙදුණෝය. බෙන්මාර්ක ජාතික වැගන් සහෝදරයන් තිදෙනාගෙන් එක් අයෙක් සංගීත ගුරුවරයකු ලෙස කීර්තිය දිනාගෙන සිටියේය. ලේඩීස් කොලීජියේ බාලාංශ පන්තිවල ඉගෙනුම ලැබීමෙන් පසුව රේ ගල්කිස්ස සාන්ත තෝමස් විද්‍යාලයේ ශිෂ්‍ය නේවාසිකාගාරයේ නතර කෙරිණි. එහිදී ඔහු ගත කළ ජීවිතය සුවදායක ජීවිතයක් නොවීය. අර්ධ ඉංග්‍රීසි ජාතිකයකු වූ ඔහු නිදහ ආලාවේ රාත්‍රිය ගත කරනවිට අනෙක් ළමයින් සරම ඇඳ සිටියදී අඳින්නට පුරුදුව සිටියේ ඉරි සහිත පිපාමා ඇඳුමකි. එබැවින් ඔහු අන් අයගෙන් ඇත්වූ තරමක හුදෙකලා ජීවිතයක් ගත කරන අයෙක් වූයේය. නිර්මාණකරණයට සම්බන්ධ පවුලක සාමාජිකයකු වූ ඔහු ඒ වනවිටත් පිටස්තරයකු (අර්ධ ඉංග්‍රීසි ජාතිකයකු) නිසාම සමහරවිට ඔහුගේ මෙම ද්විත්ව ගතිය ඔහුට ලැබෙන්නට



ඔහුගේ ජන්ම ශත සංවත්සරය යෙදෙන්නේ අගෝස්තු 20 වැනිදාටය. ඔහු ඉතා ආදරය කළ රත්මලාන ගුවන්තොටුපොළ ඔහු සොයාගත් ලන්ඩ් මාස්ටරය (හෙවත් යාන්ත්‍රික මී ගවයා) සහ රුවල් ඔරු යාත්‍රා කිරීම සහ පස සංරක්ෂණය ආදියෙන් ඔබ්බට ගොස් හෙතෙම මුඛ විට දක්වා පිරුණු වින්දනීය දිවියක් ගත කළේය. රේ උපත ලැබූ තේ පැන් සාද, ටෙනිස් ක්‍රීඩා ආදියෙන් පිරි 1920 ගණන්වල ජීවිතයට සවන් දුන් මිනිසුන් කිහිප දෙනාගෙන් එක් අයකු රේ ගේ නෑනා රෝගිණී ද මැල් කොළඹ ලේඩීස් කොලීජියේ බාලාංශ පන්තියේ ඔහු සමග එකට හිඳගෙන උන්නාය. රේ ඇස සමග නිතර කතාවට වැටෙනු දුටු ගුරුවරයා ඔහු පන්තියේ නිහඬම ගැහැනු ළමයා ළඟ ඉන්ද වූවාය. ඒ රෝගිණීගේ නිවුන් සොයුරිය වූ සීලා ළඟය. රේ විසි අවුරුද්දකට පසුව සීලා සමග ආදරෙන් වෙලී ඇයට විවාහ යෝජනාවක් ගෙන ආවේය. එසේ වුවද ඔහු පළමුවෙන්ම ඇපට යෝජනාවක් ගෙන ආවේ සිව් වැනි වියේ පසු වෙද්දී ලේඩීස් කොලීජියේ අඹගහ යටදිය. ගොල්ල් ක්‍රීඩකාවක්, පෝලෝ ක්‍රීඩකාවක් හා කාර් රේසිං පිලිබඳ උනන්දුවන අයකු ලෙස වැඩිමල් වියට පත් රෝගිණී, පවසන්නේ රේ දුඹුරු වර්ණ කෙස් හා නිල් පැහැ ඇස් ඇති

ඇති. සමහරවිට ඔහුගේ අසාමාන්‍ය වින්තනයට හේතු වූයේද වයම වෙන්න ඇත රෝගිණී කීවාය. ඔහුගේ ආංගික වින්තනයට පසුබිම්වූ සාධක සැබවින්ම මේවා විය හැකිය. එහෙත් රේ සාන්ත තෝමස් විද්‍යාලයේ විශිෂ්ටයකු බවට පත්ව සිටියේය. හෙතෙම බ්‍රෙස්ට් ස්ට්‍රෝක් ත්‍යාගය දිනාගත් අතර රයිතල් වෙඩි තැබීමේවලද නිරත වූයේය. ඔහුගේ නව යොවුන් විය ආරම්භ වෙද්දී හෙතෙම උමතු වෙන් මෙන් අහස් යාත්‍රාවලට ආසා කරන්නටත්, ආදර්ශ ගොඩ නගා, තනිපතර යන්ත්‍රය යොදා එයින් කොළඹ රේස් කෝස් පිටියේ පියාසර කරන්නටත් යුතුසුළු වූයේය. රෝගිණී මෙසේ කියයි. ඔහු පැය ගණන් පිට්ටනියේ ගත කරමින් යන්ත්‍රය අත්හදා බැලුවා. ඒ හා සමාන සිතුවිලි ඇති මිතුරන් සමග එක්වී ඔහු ආදර්ශ ගුවන් යානා පැදවීමේ සමාජය ගොඩ නැගුවා. සති අන්තවල දී එහිදී ඔවුන් මිතුරන් හමුවුණා. අපි හරම විනෝදයක් ලැබුවා. ඔහු ගියේ කේම්බ්‍රිජ් විශ්වවිද්‍යාලයටයි. එහිදී ඔහු මාර්ෂල්ස් ගුවන් තොටුපොළේ පියාසර කිරීම කළා. ඒ අතරතුර කාලයේ ගෙදර පැමිණි විට නුවරඑළියට ගොස් ගොල්ල් ක්‍රීඩා කළා, ග්‍රෑන්ඩ් හෝටලයේ නැටුම්වල යෙදුණා, විශාල ශාලාවේ රෝලර්

ස්කේටින් (රෝද සපත්තු සහිතව ගමන් කිරීම) වල යෙදුනා. අසිත තෙන්නකෝන්, නම් ඔහුගේ බෑනා, රේ 1968 මෙක්සිකෝවේ පැවැති ඔලිම්පික් ක්‍රීඩාවලට සහභාගී වූ අයුරු සිහිපත් කළේය. රුවල් ඔරු පැදීම උදෙසා ශ්‍රී ලංකාවෙන් ප්‍රථම වරට ඔලිම්පික් ක්‍රීඩාවලට සහභාගී වූයේ ඔහුය. 1970 ආසියානු ක්‍රීඩා උළෙලේදී ඔහු රුවල් ඔරු පැදීම වෙනුවෙන් රදී පදක්කම දිනා ගත්තේය. අසිත මෙසේ කීවේයි ඔහු බොල්ගොඩන්, වරායේත්, රුවල් ඔරු ක්‍රීඩා සමාජයේත්, ප්‍රවීණ සාමාජිකයෙක්. දක්ෂතා පෙන්වන තරුණයන්ට ඒ පිලිබඳව ඔහු වටිනා උපදෙස් දුන්නා. රේ ඉදිකළ ධර්මපාල මාවතේ 133 නිවස රේගේ ක්‍රියාකාරී බව සහ ප්‍රායෝගික උපයෝගීතාව පිලිබඳ නිපුණත්වය හොඳින් පිලිබිඹු වන්නකි. සෑම දේ තුළම ප්‍රායෝගික බවක් දැක්වෙන වයස්පෘථවරුන්ගේ ගොඩනැගිල්ලක් හා සමාන විය. දම් - දුඹුරු බාහිර පෙනුමෙන් යුක්ත වහි සුවපහසුව හා ශක්තිමත් බව මනාව සැකසී තිබිණි. ඔස්සා වැගන්ගේ ගුරු උපදේශයන් ඔහු තුළ මනාව පිහිටා තිබුණ අතර නව යොවුන් වියද ඉක්මවන තෙක් හෙතෙම වයලීන් වාදනයේ යෙදුණේය. එසේම පියානෝවත්, ආර්ප් වාද්‍ය භාණ්ඩත් ඔහු වාදනය කළ අයුරු ඔහුගේ වැඩිමල් දියණිය සිහියට නගා ගනී. ඇස කියන අයුරු ඔහුට සංගීතය (ප්‍රස්ථාර) කියවා ගන්නට නොහැකි වුවද කනට ඇහෙන ස්වරයට ඔහු අගේට පියානෝව වාදනය කළේය. රේගේ ලාබාලම දියණිය වූ මැන්ඩි මුදුන්නායක අංක 133 නිවසේ සංගීතයේ සුවඳ විහිදුණු ආකාරය ආදරයෙන් සිහියට නගා ගන්නීය. රේ පියානෝ වාදනයේ ප්‍රවීණයෙක්, ඔහු පියානෝව ළඟ හිඳගෙන කණින් ස්වරය අල්ලාගත් විශේෂඥයකු මෙන් වයිකොවිස්කිගේ පියානෝ කොන්සර්ට් අංක 1 වාදනය, වාදනය කළා. වරෙක ජැස් සංගීත ආරටද විය වාදනය කළා. ඔහු 1960 ගණන්වල සම්භාව්‍ය වාදනයක් වූ "උසබාපසකකි ද ශෙලමර එසබා" වාදනය කරන විට අපට කඳුළු ආවා. ඔහු වයව වාදනය කිරීමට හරිම ආසා කළා. ඔහු (Bch) බාක්ගේ ඇතැම් වාද්‍ය බන්ඩ් අපේ පැරණි හැමෝන්ඩ් ඕගනගේ වාදනය කළ අයුරු මතක් වන විට මට අන් සියල්ල අමතක වනවා. රේ තෙල් සායම් සිතුවම් ඇඳීමේ දක්ෂයකු බව දන්නේ ටික දෙනෙකි. ඔහුගේ නිර්මාණ තව..... ගේ භූමි රටාවන්ට බොහෝ සෙයින් සමාන බව දක්ෂ සිතුවම් ශිල්පියක වූ අනෝමා පවසයි. පුද්ගල රූප ඇඳීමට ඔහුට විශේෂ නිපුණත්වයක් තිබූ බව සැලකේ. ඔහු කළ සුවිශේෂී නිර්මාණයක් නම් ඔහුගේ එක් උරුමක්කාරයක වූ සිය නැන්දනිය වූ මාර්පෝර් ද මැල්ගේ සිතුවමකි. තවමත් වය නිවසේ වල්ලා තිබේ. ඔහු සැමදෙයක් සමගම සැමදාම පර්යේෂණවල නිරත වූණා යනුවෙන් අනෝමා මතක් කළේ ඔහු මිලදී ගත් යන්ත්‍රයකින් පලතුරු වියළනය කළ කාලයයි. නිවස පුරා වියළි පලතුරුවල සුවඳ හමන්නට ගත්තේය. වරෙක ඔහු හී විදින නළය භාවිත කරන්නට පුහුණු වූයේය. රේ ගේ ලේලිය වූ සුනෙලා ජයවර්ධන සිය මාමන්ඩිය ගේ කතා උල්පතක් කියා සිටියාය. එයින් වඩාත්ම විනෝද ජනක කතාව වූයේ ඉංග්‍රීසි ජාතික මේජර් රොලන්ඩ් රේවන් නාර් සමග ඔහු මහවැලි ගඟේ කයලිය හෙවත් විස්කිමෝ ඔරුව පැදුණිය ආකාරයයි. පාලම් උඩ සිටි ගම්මුන්ට මේජර් අත වනද්දී, අමු හෙළවැල්ලෙන් සිටි ඔහු දෙස ගමම දැස් දල්වා බලා සිටියේය. සුනෙලා ඔහුගේ සැඟවුණු පැත්ත මතක් කරමින් වරක් එසවිජයමප ලැවෙන්ඩර් සුවඳ දියර ලේබලයක පින්තූරයක් තමාට එවන ලෙස කී අයුරු මතක් කළාය. වය ඔහුට ලේඩීස් කොලීජියේ ගතකළ ජීවිතය සිහිපත් කරන්නක් විය. සුනෙලා මෙන්ම, රේ රාවණා රජු පිලිබඳ පුරාණ ප්‍රවාද විශ්වාස කළේය. රාවණා ද ඔහු වැනි ගුවන් නැවියෙක් විය. රේ ගේ බුද්ධිමත් පුත්‍රයා වූ සුරේෂ් මුදුන්නායක ගැන අවසාන වශයෙන් කතා කළේය. ඔබ දන්නා පරිදි රේ ඔහුගේම පියාසර යන්ත්‍රය නිර්මාණය කොට වය ගොඩ නැගුවා (මං ඇත්තටම ඒවාට අහස් යාත්‍රා කියන්නේ නෑ) ඔහු එකක් සැදීම හමාර කළාට පසුව පොඩිනාමුදුරුවෝ පැමිණ ඊට ආශිර්වාද කළා. අපි ජ්ලේන් එක වටේ පිරිත් නූල් බැන්දා. වය ආගමික උත්සවයක්. මතකය අවුස්සන සිද්ධියක් විය පුරාණ සංස්කෘතිය හා නව තාක්ෂණ එක් කළ මනා විවාහයක් යයි මා සිතනවා. රේ පෙනී සිටි හැමදේම එහි අන්තර්ගත වුණා.

**Sunday Times** පුවත්පතේ පළවූ **Ray As they remember him** ලිපියේ පරිවර්තනය - **සමන් ප්‍රෂප ලියනගේ** -

# PAETONGTARN SHINAWATRA BECOMES THAI PRIME MINISTER AFTER ROYAL SIGNOFF.



Paetongtarn Shinawatra, daughter of the divisive former leader Thaksin Shinawatra, became Thailand's prime minister after receiving a royal letter of endorsement Sunday, two days after she was chosen by Parliament following a court order that removed her predecessor.

She replaces another leader from the same Pheu Thai Party, at the head of a coalition that includes military parties associated with the coup that deposed the party's last government.

Paetongtarn is the third Shinawatra to hold the job, after her billionaire father and her aunt Yingluck Shinawatra. Both were removed from office and forced into exile in coups, although Thaksin returned to Thailand last year as Pheu Thai formed a government.

She received the letter of appointment in a ceremony at the party's headquarters in Bangkok, attended by senior members of parties in the governing coalition and her father, who has no formal role but is widely seen de facto leader of Pheu Thai.

The father and daughter held hands as they walked in with beaming smiles. Both wore white civil servants' uniforms, which are used for royal and state ceremonies.

Paetongtarn thanked the king, the Thai people and lawmakers, saying she will perform her duties "with an open mind," and will "make every square inch of Thailand a space that allows Thai people to dare to dream, dare to create and dare to dictate their own future."

Paetongtarn became Prime Minister days after the Constitutional Court removed Prime Minister Srettha Thavisin, after less than a year in office. The court found him guilty of a serious ethical breach for appointing a Cabinet minister who had been jailed for contempt of court after an alleged attempt to bribe a judge.

Paetongtarn is also Thailand's second female prime minister after her aunt, and the country's youngest leader at 37.

Speaking to reporters after the ceremony, Paetongtarn said she is determined to push forward key policies such as economic stimulus, improvement for universal healthcare and promoting cultural "soft power" on the global stage.

She did not initially mention Srettha's signature proposal for a digital cash handout of 10,000 baht (about \$275) to 50 million citizens to spend at local businesses in order to boost the economy.

The project has been criticized as an ineffective way to contribute to sustainable economic growth, and has faced several hurdles that include its sources of funding.

When pressed by reporters, Paetongtarn said she still has an intention to push forward a major economic stimulus for Thailand, but she will need to "continue to listen to opinions." She also said she will ask for her father for advice when she needs, but insisted that she would make her own decisions. "I am my own person. I have my own things and my own goals that I have to achieve in the future, but of course all the comments from him (have) value to me," she said.

Pheu Thai is the latest in a string of populist parties affiliated with Thaksin, who was ousted in a 2006 military coup, which triggered nearly two decades of deep political divisions that pitted a mostly poor, rural majority in the north that supported Thaksin against royalists, the military and their urban backers.

Parties linked to Thaksin won the most seats in every national election from 2001 until 2023, when it lost to the more progressive Move Forward Party.

Pheu Thai was able to form a government after Move Forward was blocked by the military-appointed Senate, partnering with former rivals in what was widely interpreted as a political bargain with the conservative establishment to stop Move Forward from forming a government.

The same day, Thaksin returned from exile and briefly reported to prison to for an eight-year sentence on charges related to corruption and abuse of power. He was moved almost immediately from prison to the hospital on grounds of ill health, and about a week after that the king reduced his sentence to a single year. He was released on parole in February after spending six months serving time in the hospital.

**BANGKOK (AP)**  
**BY JINTAMAS SAKSORNCHAI**

# SHANGHAI DECLARATION ON GLOBAL AI GOVERNANCE

We will establish cooperation mechanisms to vigorously promote AI empowerment across industries, starting with accelerating smart application in such fields as manufacturing, logistics and mining, and simultaneously promoting the sharing of relevant technologies and standards.

We are committed to cultivating more AI professionals, strengthening education, training and personnel exchanges and cooperation, and improving AI literacy and skills around the world.

We call upon all countries to uphold a people-centred approach and adhere to the principle of AI for good, and ensure equal rights, equal opportunities and equal rules for all countries in developing and using AI technologies without any form of discrimination.

We respect the right of all countries to independent development, encourage all countries to formulate AI strategies, policies and laws and regulations based on their own national conditions, and call for abiding by the laws and regulations of countries receiving the goods and services, observing applicable international law, and respecting their economic and social systems, religious and cultural traditions and values in carrying out international cooperation on AI technologies, products and applications.

## Maintaining AI safety

We attach great importance to AI safety, especially to data security and privacy protection. We agree to promote the formulation of data protection rules, strengthen the interoperability of data and information protection policies of different countries, and ensure the protection and lawful use of personal information.

We recognize the need to strengthen regulation, and develop reliable AI technologies that can be reviewed, monitored and traced. Bearing in mind the evolving nature of AI, we will use AI technologies to prevent AI risks and enhance the technological capacity for AI governance, on the basis of human decision-making and supervision. We encourage countries, in light of their national conditions, to formulate laws and norms, and establish a testing and assessment system based on AI risk levels and a sci-tech ethical review system.

On this basis, we encourage the formulation of more timely and agile self-discipline norms for the industry. We resolve to strengthen AI-related cybersecurity, enhance the security and reliability of systems and applications, and prevent hacking and malware applications. We decide to jointly combat the use of AI to manipulate public opinion, and fabricate and disseminate disinformation on the premise of respecting and applying international and domestic legal frameworks.

We will work together to prevent terrorists, extremist forces, and transnational organized criminal groups from using AI technologies for illegal activities, and jointly combat the theft, tampering, leaking and illegal collection and use of personal information.

We agree to promote the formulation and adoption of ethical guidelines and norms for AI with broad international consensus, guide the healthy development of AI technologies, and prevent their misuse, abuse or malicious use.

## Developing the AI governance system

We advocate establishing an AI governance mechanism of a global scope, support the role of the United Nations as the main channel, welcome the strengthening of North-South and South-South cooperation, and call for increasing the representation and voice of developing countries. We encourage various actors including international organizations, enterprises, research institutes, social organizations, and individuals to actively play their due roles in the development and implementation of the AI governance system.

We agree to strengthen cooperation with international organizations and professional institutes to share policies and practices of AI testing, assessment, certification and regulation to ensure the safety, controllability and reliability of AI technologies.

We agree to strengthen the regulatory and accountability mechanisms for AI to ensure compliance and accountability in the use of AI technologies.

## Strengthening public participation and improving literacy

We agree to establish mechanisms for diverse participation, including public consultation, social surveys, etc., to include the public in decision-making on AI.

We will increase the public's knowledge and understanding of AI and raise public awareness about AI safety. We will carry out communication activities to popularize AI knowledge and enhance digital literacy and safety awareness among the public.

## Improving quality of life and increasing social well-being

We will actively promote the application of AI in the field of sustainable development, including industrial innovation, environmental protection, resource utilization, energy management, and biodiversity promotion. We encourage innovative thinking in exploring the potential of AI technologies in contributing to the resolution of global issues.

We are committed to using AI to improve social well-being, especially in such fields as healthcare, education, and elderly care.

We are fully aware that the implementation of this declaration requires our joint efforts. We look forward to positive responses from governments, sci-tech communities, industrial communities and other stakeholders around the world. Together, let us promote the healthy development of AI, ensure AI safety, and empower the common future of mankind with AI.

Sri Lanka Guardian.

The 2024 World AI Conference and High-Level Meeting on Global AI Governance on Thursday issued Shanghai Declaration on Global AI Governance.

## Shanghai Declaration on Global AI Governance

We are fully aware of the far-reaching impact of artificial intelligence (AI) on the world and its great potential, and acknowledge that AI is leading a scientific and technological revolution and profoundly affecting the way people work and live. With the rapid development of AI technologies, we are also facing unprecedented challenges, especially in terms of safety and ethics.

We underline the need to promote the development and application of AI technologies while ensuring safety, reliability, controllability and fairness in the process, and encourage leveraging AI technologies to empower the development of human society. We believe that only through global cooperation and a collective effort can we realize the full potential of AI for the greater well-being of humanity.

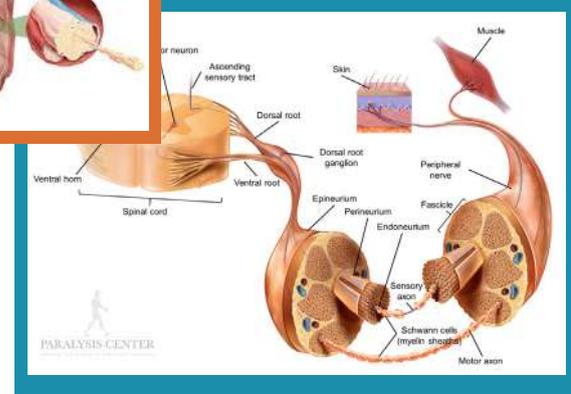
## Promoting AI development

We agree to actively promote research and development to unleash the potential of AI in various fields such as healthcare, education, transportation, agriculture, industry, culture and ecology. We will encourage innovative thinking, support interdisciplinary research collaboration, and jointly promote breakthroughs of AI technologies and AI for good. We will closely watch and mitigate the impact of AI on employment, and guide and promote the improvement of the quality and efficiency of AI-enabled human work.

We advocate the spirit of openness and shared benefit, and will promote exchanges and cooperation on global AI research resources. We will establish cooperation platforms to facilitate technology transfer and commercialization, promote fair distribution of AI infrastructure, avoid technical barriers, and jointly strengthen global AI development.

We agree to safeguard high-quality data development with high-level data security, promote the free and orderly flow of data in accordance with the law, oppose discriminatory and exclusive data training, and collaborate in the development of high-quality datasets, so as to better nourish AI development.





# ස්නායු ආබාධ ඇති වෙන්නේ කොහොමද ?

**බ**ඳ වැදිනෙදා ජීවිතයේ දී භාවිතා කරන වැරදි ඉරියව් නිසාවෙන් කෙතරම් ජීවිත විඳිනවාද ? එහි බලපෑම් බොහොමයක් ස්නායු ආබාධ ඇති වීමට හේතු වන බව ඔබ දැන සිටියාද? එනම් මෙවර අපගේ සෞඛ්‍ය ලිපියෙන් ස්නායු ආබාධ පිළිබඳ සාකච්ඡා කිරීමට හෝමියෝපති වෛද්‍ය සභාවේ සභාපති වෛද්‍ය අශාන්ති ලංක සම්බන්ධ කර ගන්නෙමු. මෙම ලිපිය එම සාකච්ඡාව ඇසුරෙන් ලියැවුණකි.

ස්නායු පද්ධතිය යන්න ශරීරයේ ඇති පද්ධති අතුරින් ඉතා සංකීර්ණම පද්ධතියකි. මොළය සුෂුම්නාව හා ශරීරයේ අනෙකුත් ස්නායු පද්ධතිය ආශ්‍රිතව සිදුවන හානි සහ ස්නායු පද්ධතියට සිදු වන බලපෑම් ස්නායු ආබාධ ලෙස හඳුන්වනු ලබයි. එනම් මෙම තත්වයන් උපතේදී ඇතිවන ස්නායු ආබාධ මෙන්ම පසුකාලීනව දීර්ඝකාලයක් තුළ සෙමෙන් ඇතිවන හෝ කෙටි කාලීනව ඇති වන ස්නායු ආබාධ ලෙසද හැඳින්විය හැකිය. ස්නායු ආබාධ ඇති වීම තුළින් අංශාගත, අපස්මාරය, ඩිමෙන්ෂියා, මාංශපේශී ක්‍රියාකාරීත්වය අඩපන වීම වැනි ප්‍රධාන ස්නායු රෝග කිහිපයක් ද හඳුනා ගත හැකිය.

මෙම ස්නායු ආබාධ ඇති වීමට බලපාන හේතු සාධක මෙසේ හඳුනා ගත හැකිය. තදබල පහරක් වැදීම, මොළය, සුෂුම්නාව හෝ අනෙකුත් ස්නායු වලට ඇතිවන අනතුරු, වැරදි ඉරියව් භාවිතය, බර ඉසිලීමේදී නිවැරදි ක්‍රම අනුගමනය නොකිරීම, ක්ෂණිකව ඇති වන කොදුඇට පෙළේ ආබාධයන්, මන්දපෝෂණතත්වයන්, ස්නායු වල ඇතිවන ආසාදන තත්වයන් වැනි සාධක ඉදිරියෙන්ම පවතී.

එනම් ස්නායු ආබාධ පෙරනිසා හඳුනා ගැනීම ඉතා වැදගත්. ඒ සඳහා එම රෝග ලක්ෂණ පිළිබඳ ඔබ තුළ හොඳ අවබෝධයක් තිබිය යුතුය. අතපය හිර වැටීම, වරින් වර හෝ එක දිගට ඇතිවන

හිසරදය, වමනය හා ඕක්කාරය, ක්ෂණිකව ඇතිවන ක්ලෝනස්, කෙටිකාලීන සිහිහැරී වීම්, දැනීම් හැරී වීම් ( සමෙහි ඇතිවන සංවේදීතා නොදැනීම ), සම ඇතුළෙහි හලියන හෝ පොපියන ස්වභාවය, මාංශපේශීවල දුර්වලතා හා ශක්තිය නොමැති වීම, පෙනීම අඩු වීම, බොද වී පෙනෙන ස්වභාවය, සුවද දැනීම අඩුවීම, කන් ඇසීම අඩු වීම, මතකය අඩු වීම, සම්බන්ධීකරණ හැකියාවන් නොහැකි වී යාම, තදබල නිදිමත ගතිය ස්නායු ආබාධ පෙන්නුම් කරන රෝග ලක්ෂණ ලෙස හැඳින්විය හැකිය. නමුත් මෙම ලක්ෂණ සැමවිටම ඔබව ස්නායු ආබාධිතයකු යැයි අනුමාන නොකරයි.

ඔබට මෙවැනි ලක්ෂණ මතු වන්නේ නම් වනාම සුදුසුකම් ලත් වෛද්‍ය උපදෙස් ප්‍රතිකාර ලබා ගැනීමට යොමු වන්න. එහිදී රෝගී තත්වය විනිශ්චය කර ගැනීමට CT Scan පරීක්ෂණ, MRI Scan පරීක්ෂණ, EMG පරීක්ෂණ EEG පරීක්ෂණ වැනි විවිධ පරීක්ෂණ සිදු කරයි. මෙම ස්නායු ආබාධ සඳහා හිස ප්‍රතිකාර සිදු කිරීම තුළින් බොහෝ ස්නායු ආබාධයන් නිර්වාච්‍යවන සුව කර ගැනීමට හෝ මනා ලෙස පාලනය කර ගැනීමට ද හැකියාව පවතී.



## ස්නායු ආබාධ අවම කර ගැනීමට නම් ,

ප්‍රධාන වශයෙන් වැදිනෙදා ජීවිතයේ කටයුතු වලදී නිවැරදි ඉරියව් භාවිතයට පුරුදු වීම ඉතා වැදගත්. එහිදී එකම ඉරියව්වක සිටි කරන ක්‍රියාවන් අවම කිරීම හෝ ඉරියව් වෙනස් කිරීම, යම් බරක් ඉසිලීමේදී කොන්දට එම බර නොවන ලෙසත් මුළු ශරීරයටම එම බර බෙදී යන ලෙස එම ක්‍රියාව කිරීමට වගබලා ගැනීම

### ඇඟිලි , දෑත් තද කර එක දිගට ක්‍රියාවන් සිදු කිරීමෙන් වළකින්න.

සමබර ආහාර වේලක් ගැනීමත් ඉතා වැදගත්. එයට එළවළු, පලතුරු



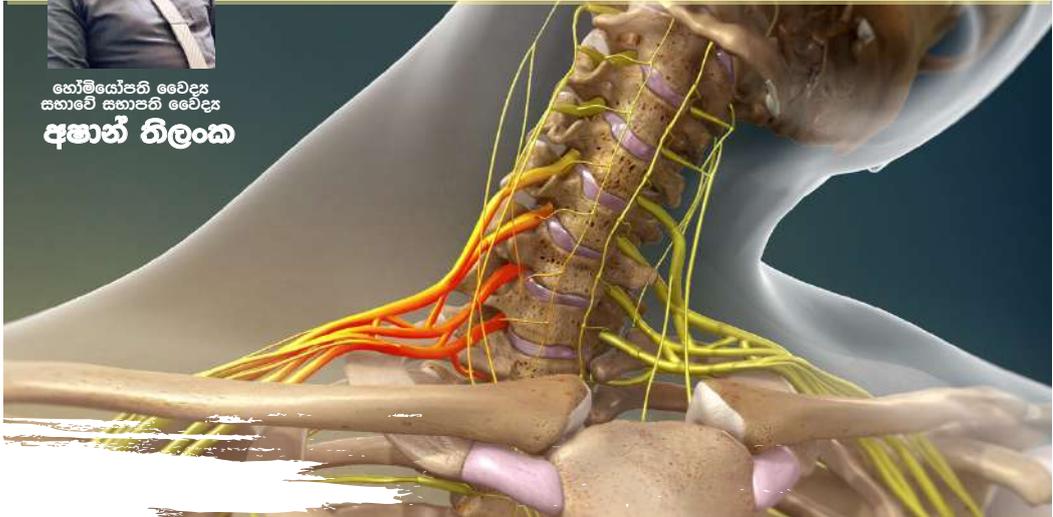
හෝමියෝපති වෛද්‍ය සභාවේ සභාපති වෛද්‍ය අශාන්ති ලංක

කොළපැහැ ආහාර හා ධාන්‍ය වර්ග එකතු කර ගැනීම ද ස්නායු රෝග, ස්නායු ආබාධ අවම කර ගැනීමට

උපකාරී වේ. තවද පැණිරස අධික ආහාර ගැනීම අවම කිරීම. මේදය හා පිශ්ඨය අධික ආහාර ගැනීමෙන් වැළකීම. මද්‍යසාර හා දුම්වැටි භාවිත නොකිරීම ද ස්නායු ආබාධ වලින් වැලකී සිටීමට රුකුලක් වේ.

හෝමියෝපති වෛද්‍ය ක්‍රමය තුළ ස්නායු ආබාධ සඳහා ඉතා සාර්ථක ප්‍රතිකාර පවතින අතර වේදනා නාශක රහිතව රෝග මූලයට ප්‍රතිකාර කරනු ලබන නිසා බොහෝ ස්නායු රෝග නිර්වාච්‍යවන සුව කල හැකිය. අතුරු ආබාධ රහිත නිසා හොමියෝපති ඖෂධ මගින් වකුගඩු වලට හෝ අනිකුත් අන්‍යන්තර අවයව වලට හානි නොවන බැවින් සියළුම වයස් කාණ්ඩවල රෝගීන්ට ඉතා විශ්වාසයෙන් යුතුව ප්‍රතිකාර ලබා ගත හැකිය.

### සටහන - සඳහි අරුමජ්ජෙරුමාවිච්චි



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## විශේෂාංග

# ඉසුරුමුණි පෙම් යුවල ඇත්තටම කවුද?

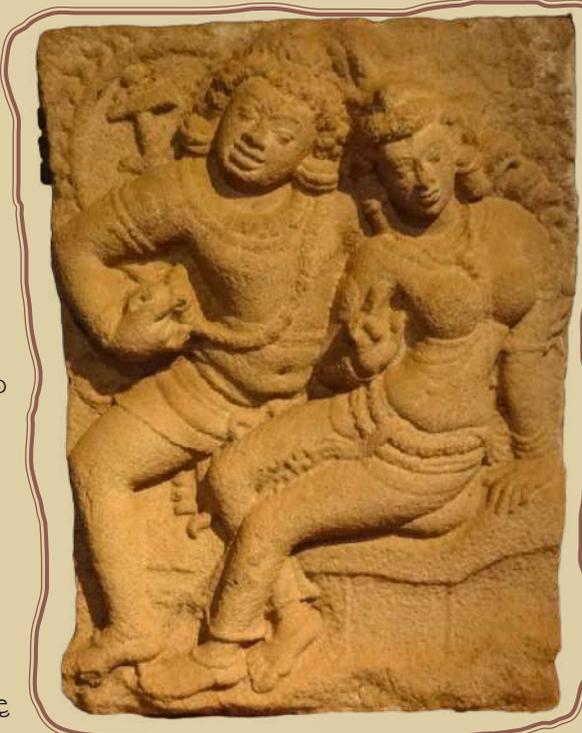
ලෝකප්‍රකට කැටයමක් වන ඉසුරුමුණි පෙම් යුවල මගින් නිරූපණය වන්නේ කවුරුන්ද යන්න පිළිබඳ අනුමාන ගණනාවක් මෙන්ම මත ගණනාවක් පවතිනවා. ඒ වෙනස් මත හා ඒ මතයන්ට පදනම්ව ඇති තොරතුරු හරිම ආකර්ෂණීයයි.

මේ පිළිබඳ ප්‍රධාන අදහස ඉදිරිපත් කරන්නේ මහාචාර්ය සෙනරත් පරණවිතාරණ මහතා. චතුර්මාගේ අදහස මේ ඉන්නේ සාලිය කුමාරයයි - අශෝකමාලායි කියලා. මේ ප්‍රේම කතාව ඉතිහාසයේ සුප්‍රසිද්ධ ප්‍රේම කතාවක්. මේ සිද්ධි දාමයේ ප්‍රතිඵලයක් වීදියට සාලිය කුමාරයාට රජකම අහිමි වෙනවා. සාලිය අශෝකමාලා කතා පුවත දිගින් දිගටම අධ්‍යයනයේදී ඉතිහාස කෘති, ශිලා ලේඛණ හා ජනප්‍රවාද අනුව ඔවුන් දෙදෙනාම ඉතා පින්වත්ත යුවලක්, දෙදෙනාටම යම් ආධ්‍යාත්මික ශක්තීන්, ලෙඩ සුව කිරීමේ හැකියා පැවතී තිබෙනවා. එසේම පින්වත් කුමරෙක් ලෙස සැලකෙන සාලිය කුමාරයා සිටිනා තැන ආහාර පාන, වස්තුව ආදිය හිඟ නොවුණු බවට සැල වෙනවා. ඉතින් මේ යුවලගේ රූපයක් ගෙලන් හෙලීම පිළිබඳ මතවාද යම්තාක් දුරකට පිළිගත හැකි වුවත් රජකමින් පවා තෙරපු කාරණයක් පාදක කොට, අශෝකමාලා හැමැති "හෙල්ලෝලි" නම් සෙඩොල් තරුණියකෙක් රූපයක් මෙසේ ප්‍රසිද්ධ ස්ථානයක හෙලීමට අවසර ලැබුණේද යන්න ගැටළු සහගතය.

තවත් අයෙක් මේ ඉන්නේ ශිව හා පාර්වතී බවට විශ්වාස කරනවා. ඒ වගේම ඉතාලි ජාතික පුරාවිද්‍යාඥයකු වන මහාචාර්ය සෙස්ටියර් (P. C.Sestieri) මහතාගේ උපකල්පනය මේ "මඤ්ජු

ශ්‍රී නමැති බෝධිසත්වයන් සහ චතුර්මාගේ පතිනිය කියාය." මහාචාර්ය විශ්වාසයට අනුව බෝධිසත්වවරු අට දෙනක් සිටින අතර මොහු ඒ අතරින් කෙනෙක්. නමුත් කිසිදු බෝධිසත්ව ප්‍රතිමා ඇඹීමේදී හිසේ "ධ්‍යාන බුද්ධ රූපයක්" තිබෙන අතර මෙහි විවැන්නක් නොමැති බැවින් බොහෝ දෙනෙක් මෙම මතයද පිළිගැනීම ප්‍රතික්ෂේප කරනවා.

මාර්ටින් වික්‍රමසිංහ මහතා "කළුතික සෙවීම" නම් කෘතිය මගින් මේ සෙබෙලක් හා ඔහුගේ බිරිඳ බවට මතයක් ඉස්මතු කරනවා. එහි කියවෙන්නේ මෙසේය. "සෙබලා යුධ පිණිස ගොස් තම බිරියෙගත් විශේව සිටියකු හෝ යුධ පිණිස නික්මෙන්නෙකු පෙර බිරිය සහසන්නට සිතුවකු හෝ ලෙස ඒ පිළිරුවෙහි මුවන්ගෙන් හා එක් දසරුවකින් ගත් කඩු පළඟින් ද හැඳිනිය හැකිය. එසේම මෙම රූපවල හිස්වල අත්වල ඇස්වල ඇති මුද්‍රා පිළිබඳ තොරතුරු මෙම මතය තහවුරු කිරීමට චතුර්මා භාවිතා කරනවා. මේ මුද්‍රා පිළිබඳ තොරතුරු ඔහු ලබාගන්නේ සංස්කෘත භාෂාවෙන් ලියැවුණු "අභිනව දර්පණ" නම් පොතෙන්.



ඒ අතරින් මහාචාර්ය ජේ. ඩී. දිසානායක මහතා රටක මහිම කෘති මාලාවේ - 4 වැන්න "ඉසුරුමුණි රජ මහ වෛහර" කෘතියේ ඔහුගේම අළුත් මතයක් මේ යුවල ගැන ඉදිරිපත් කරනවා. ඔහු කියන්නේ සෙබෙලකුයි ඔහුගේ බිරිඳයි, බෝධිසත්වවරයෙයි චතුර්මාගේ භාර්යාවයි ඉසුරුමුණි රන්මසු උයන් කැටයම් කිරීමේ අරමුණක් නොමැති බවයි. එසේම අශෝකමාලා නම් රූමත් සැඩොල් තරුණිය නිසා රජකම

පවා අත්හැරිය සාලිය අශෝකමාලා යන මතය ජේ. ඩී. දිසානායකගේ මුළුමනින් ප්‍රතික්ෂේප නොකරන බව අදාල

කෘතියේ 55 පිටුවෙන් කියැවෙනවා. නමුත් මේ රූපවත් පෙම් කතාව සාලිය කුමාර ඉපෙදන්නට

වසර දාහකට පෙර අනුරාධපුර පැතිරුණි කතාවක් බවයි ජේ. ඩී. දිසානායකගේ පවසන්නේ. ඔහු කියන්නේ මේ ඉන්නේ "පණ්ඩුකාභය කුමාරයා හා ඔහුගේ බිරිඳ ස්වර්ණපාලි කුමරිය" බවයි.

මෙහිදී පිරිමි රුවේ දකුණු පස උරහිසට පිටුපස ඇති කඩුවක් තිබීමත්, වේනිය නම් යක්ෂණිය වෙළඹක ස්වරූපයෙන් ආ කතාවක් මැඩපවත්වන්නට පණ්ඩුකාභය කුමාරයා දැරූ වෑයමක් මහා වංශයේ දිගින් දිගටම කියවෙනවා. එක් අවස්ථාවක මෙම වෙළඹ ගතකට පතිනවා. පණ්ඩුකාභය කුමාරයා ඒ වෙලාවේ වෙළඹෙන් වලිගෙයන් වෙග්ම ගෙන් පාවුන තල්පතක් අල්ලා ගන්නවා. ගෙග් පාව ආ තල්පත කුමාරයාගේ පින් බලෙයන් කඩුවක් වූ බවත් මහා වංශයේ සඳහන් වෙනවා. ඉතින් මේ විශේෂිත කඩුවට විශේෂ අවදානයක් යොමුවන පරිදි සිංහල කැටයම්කරුවා මේ නිර්මාණය සිදු කර තිබෙනවා.

ස්වර්ණපාලි කුමරියගේ කතාවෙන් මේ පාලි කුමරිය ස්වර්ණපාලි වූයේ ඇය ඇල්ලූ නුගපත් සෙතඟට බත් බෙදා දීමට රන් භාජන වූ බවට තිබෙන කතාවක් අනුවයි. ඉතින් පණ්ඩුකාභය හා පාලි යන දෙදනාම පින්වත්, යම් අධ්‍යාත්මික ශක්තීන් රැගත් දෙදෙනෙකු බවට සාක්ෂි පවතිනවා. එවන් පින්වත් දෙදෙනෙකු ප්‍රේමයෙන් එක්වීම ලෝකයටම කියාපෑමට කලා ශිල්පීයා මේ නිර්මාණය යොදාගෙන තිබෙනවා. ඉතින් ජේ. ඩී. දිසානායක මහාචාර්යතුමාගේ වටිනා අනුමානය ඔස්සේ වර්තමාන ශිෂ්‍යයින් තම පුරාවිද්‍යා පර්යේෂණ කරන්නේ නම් වටිනවා.

ඒ විතරක් නෙවෙයි ඉතිහාසයේ මේ කලා ශිල්පීන් හුඟක් කලා නිර්මාණ සිදුකර තිබෙන්නේ තම අධ්‍යාත්මිකව දුටු චිත්ත රූප මත බව ජනප්‍රවාද වල සඳහන් වෙනවා. උදාහරණයක් වීදියට අවුකන බුදුපිළිමය අදාල ගල්වඩුවා එසේත් නොමැති නම් කලා වැඩ ඉදිකල ඉංජිනේරුවරයා දුටු අධ්‍යාත්මික චිත්තරූපයක් බව එම ප්‍රදේශවාසීන් අතර ප්‍රසිද්ධ කාරණයක්. ඉතින් මේ ගල්වඩුවා ඇතැම්විට බොහෝ දේ දැනගෙන හෙලපු ප්‍රතිමාවක් වෙන්න පුළුවන් මේ ඉසුරුමුණි පෙම් යුවලත්. වසර දාහකට පස්සේ ආදරණීය පෙම් යුවලක් වන සාලිය - අශෝකමාලාව ඉපදුනේ මේ ජේ. ඩී. දිසානායක මහතා ඉසුරුමුණි පෙම් යුවල ලෙස අනුමාන කල පණ්ඩුකාභය - ස්වර්ණපාලිම විය නොහැකිද?

- කාන්තා පෙරේරා -

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## BRITISH CROCODILE EXPERT JAILED FOR SEXUALLY ABUSING DOZENS OF DOGS.

A renowned British zoologist has been sentenced to 10 years and five months in prison in Australia after admitting to a series of shocking crimes involving the sexual abuse and torture of dozens of dogs.

Adam Britton, 53, a prominent crocodile expert who has worked on productions for the BBC and National Geographic, pleaded guilty to 56 charges related to bestiality and animal cruelty. He also admitted to four counts of accessing child abuse material.

The Northern Territory Supreme Court heard that Britton filmed himself torturing the animals, most of which died as a result, and shared the videos online using pseudonyms. His crimes went undetected for years until investigators uncovered a clue in one of his videos.

Britton was arrested in April 2022 following a search of his rural property near Darwin, which also led to the discovery of child abuse material on his laptop.

The details of Britton's offences were deemed so graphic that Chief Justice Michael Grant warned the courtroom they could cause "nervous shock".

As the facts were read aloud, some members of the public left the courtroom, while others wept and directed insults at the defendant.

In his ruling, Justice Grant condemned Britton's actions as "devious" and noted that the "unalloyed pleasure" he took in torturing the animals was "sickeningly evident".

Britton could be eligible for parole in September 2028, taking into account time already served. He has been banned from



FOREIGN NEWS

owning mammals for life.

The defence argued that Britton's crimes were driven by a rare disorder causing intense, atypical sexual interests. In court, a letter from Britton was read out, in which he

apologised for his "demeaning crimes".

"I deeply regret the pain and trauma that I caused to innocent animals and consequently to my family, friends and members

of the community," the letter said.

Britton also emphasised that his family was not aware of or involved in his actions, adding, "I will seek long term treatment and... I will find a path towards redemption."

Britton, originally from West Yorkshire, spent his formative years in the UK before relocating to Australia over two decades ago to pursue his work with crocodiles.

A highly qualified zoologist with a PhD, Britton had established himself as a globally recognised expert in his field. His reputation was such that he even hosted the esteemed naturalist Sir David Attenborough at his property during the filming of part of the acclaimed *Life in Cold Blood* documentary series.

**Yahoo News**

August 8 (ANI): The British High Commissioner to India, Lindy Cameron, congratulated India and the United Kingdom on the ongoing multilateral exercise Tarang Shakti and said the defence and security cooperation between the two countries extends beyond sea, land and air.

The Royal Air Force (RAF) of the United Kingdom joined the Indian Air Force (IAF) and counterparts from Germany, Spain, and France in the first phase of the IAF's maiden multilateral exercise, Tarang Shakti, on Tuesday.

The RAF contingent, comprising 130 personnel, six Eurofighter Typhoons, two A330 Voyager air-to-air refuellers and an A-400M military transport aircraft, arrived at Sullur Air Force Station in Tamil Nadu.

The exercise provides an excellent opportunity for the RAF to work closely with the IAF alongside other nations

in a more challenging multilateral environment, significantly enhancing interoperability and sharing best practice, the British High Commission said in a press release.

Lindy Cameron, British High Commissioner to India, said: "I congratulate the Indian Air Force on organising its first multilateral air exercise, Tarang Shakti, and am delighted that the Royal Air Force is one of the key participants."

"Our cooperation in security and defence extends across the seas, land, and air. It is crucial that our armed forces work together to preserve stability and enhance prosperity in the Indo-Pacific," she added.

Group Captain Neil Jones, Air Adviser, British High Commission, also lauded the exercise and said it adds a significant milestone in the ongoing relationship between the air forces of our two

countries.

"Exercise Tarang Shakti adds to a significant milestone in the ongoing relationship between the air forces of our two countries. Training in a multilateral environment provides a unique exposure to new challenges as well as integration of our tactics and skills across all specialisations," Jones said. "For the Royal Air Force, it also demonstrates our ability to deploy and sustain air operations over great distances and maintain an effective presence in the Indo-Pacific, whilst working with partner nations; it is a pleasure for us to be here," he added.

**New Delhi [India]**

## INDIA-UK DEFENCE, SECURITY COOPERATION EXTENDS ACROSS SEA, LAND, AIR: UK ENVOY LINDY CAMERON



## I WANT TO APOLOGISE TO KHELIF - ITALIAN BOXER CARINI

Italian boxer Angela Carini, who abandoned her Olympic bout against Algeria's Imane Khelif inside 46 seconds, says she "wants to apologise" to her opponent for how she handled the moments after the fight.

Khelif is one of two athletes who have been cleared to compete in the women's boxing in Paris, despite having been disqualified from last year's Women's World Championships for failing to

meet eligibility criteria. The 25-year-old's participation in the Games has proved

controversial, leading the International Olympic Committee (IOC) to defend her right to compete.

"All this controversy makes me sad," Carini told Italian newspaper *Gazzetta dello Sport*.

"I'm sorry for my opponent, too. If the IOC said she can fight, I respect that decision."

Carini, also 25, said abandoning the fight had been a mature step to take, but she expressed regret at not shaking hands with Khelif afterwards. "It wasn't something I intended to do," Carini said. "Actually, I want to apologise to her and everyone else. I was angry because my Olympics had gone up in smoke."

She added that if she met Khelif again, she would "embrace her".

After taking a punch to the face inside 30 seconds during Thursday's fight, Carini went to the corner for her coach to

fix her headgear. After briefly resuming, she returned to her corner once more and stopped the fight.

Carini later told BBC Sport: "It could have been the match of a lifetime, but I had to preserve my life as well in that moment."

The Russia-led International Boxing Association (IBA), which carried out the tests last year, said Khelif "failed to meet the eligibility criteria for participating in the women's competition, as set and laid out in the IBA regulations".

Khelif has always competed in the women's division and is recognised by the IOC as a female athlete. "The Algerian boxer was born female, was registered female, lived her life as a female, boxed as a female, has a female passport,"

IOC spokesperson Mark Adams said on Friday.



meet eligibility criteria.

The 25-year-old's participation in the Games has proved

**SUDHA MURTY.****MAHENDRASINGH DHONI****VIRAT KOHLI****AISHWARYA RAI BACHCHAN**

Raksha Bandhan, a joyous festival that celebrates the bitter-sweet bond between brothers and sisters is here. No matter how much brothers and sisters fight, in their hearts they know that their sibling always has their back and will be there to protect and support them when needed. On the occasion of Raksha Bandhan, here we list down some famous celebrities and their lesser-known siblings. Read on to know more.

Did you know philanthropist and beloved Indian writer, Sudha Murty is one of the four siblings? While Sudha Murty is a Member of the Rajya Sabha, her brother Shrinivas Kulkarni is a Caltech astrophysicist, her elder sister Dr. Sunanda Kulkarni is also a gynaecologist just like their father, and another sister Jayashree Deshpande is the Co-founder of the Deshpande Foundation.

‘Captain Cool’ Mahendra Singh Dhoni has two elder siblings—a brother named Narendra Singh Dhoni, who is a politician, and a sister named Jayanti Gupta, who is a teacher at a private school. As per reports, while growing-up MS Dhoni’s father wanted him to excel in academics and get a stable job because of which he wasn’t very supportive of Dhoni playing cricket. However, it was Jayanti who supported her brother and his dreams of becoming a cricketer. While MS Dhoni is popular across the world and an inspiration to many, his sister prefers to stay out of the limelight.

While ace Indian cricketer Virat Kohli never fails to make headlines, he has two lesser-known siblings who stay away from the limelight. Virat Kohli has an elder brother Vikas Kohli who handles One8select, and an elder sister named Bhawna Kohli Dhingra.

Former Miss World and actress Aishwarya Rai Bachchan has an elder brother Aditya Rai, who is an engineer in the Merchant Navy. He was also the co-produced Aishwarya Rai Bachchan’s film ‘Dil Ka Rishta’ in 2003, which was co-written by their mother, Brinda Rai. In an earlier interview in the talk show ‘Jeena Isi Ka Naam Hai’, when Aditya Rai was asked by the host Farooq Shaikh about the one thing he disliked about his sister Aishwarya, Aditya smiled and revealed that she is quite adamant and headstrong at times. Aditya Rai is married to Shrima Rai, and the couple have two children together- Shivansh and Vihaan.



# Marriage Proposals

## Bridegroom

Academically and professionally qualified well mannered son is sought by B/K retired parents for their daughter 1989, 5’6”, IT, MBA Graduate, working as a Senior Software Engineer, PR Holder in Canada. Inherits substantial amount of assets. Those who are already in Canada or willing to relocate are preferred. [trsy1989@gmail.com](mailto:trsy1989@gmail.com) - CUK341529

## bride

Graduate Catholic father seeks a well mannered, kind, educationally and professionally qualified son from a respectable family for his height 5’5” very pretty only daughter in the family born in year 2005, residing in Europe. She was brought up according to Sinhala Buddhist culture. She is a graduate (Medical) Doctor of a European University. A son living in Europe, Canada, America or Australia is more suitable. - CUK341541

Suburb, Buddhist, father seeks a suitable partner for their daughter, 25 years, 5’4”, completed Master’s Degree in Accountancy and Secondary education from a foreign University and presently working as a permanent teacher in a Government Secondary school and permanently living in Melbourne, Australia. Australian citizen or permanent resident holders preferred. Pl. email with family details and a copy of the horoscope. [info@ceylonuk.net](mailto:info@ceylonuk.net) - CUK857092

Well respected B/G business family from Galle, seeking a well mannered, well educated, never married professional son from a B/G respectable family for our youngest daughter 2006, 5’4”, well mannered, well educated, completed a degree in apparel designing and MSc in marketing, willing to migrate. Kuja in 4th House. Reply with family details, a copy of horoscope, and contact number. [info@ceylonuk.net](mailto:info@ceylonuk.net) - CUK857094

Academically and professionally qualified well mannered caring son from a respectable family is sought by Govi Buddhist parents from Colombo suburbs for their only daughter born in May 1998. She is a graduate and is doing her own business. Please reply with horoscope and family details to : [info@ceylonuk.net](mailto:info@ceylonuk.net) - CUK857095



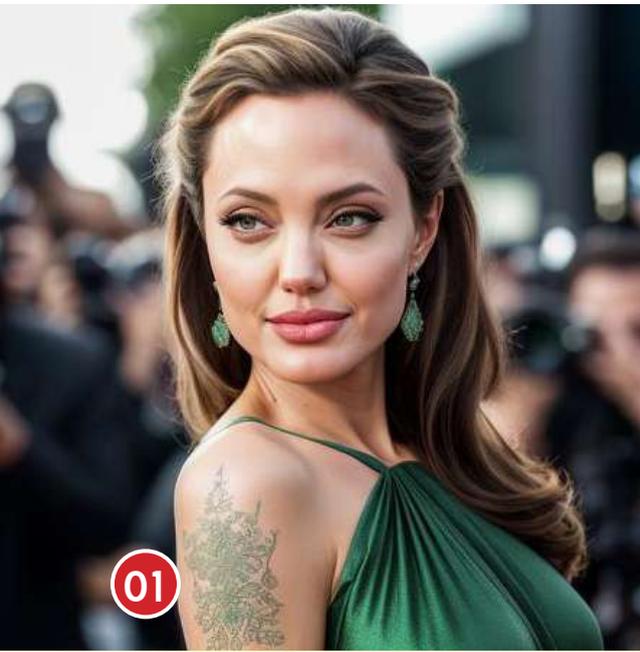
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01

## ANGELINA JOLIE

Angelina Jolie is perhaps the best person to headline our list of stunning women. She is as beautiful as she is talented which is why she is easily one of the most sought after actresses in Hollywood. Fans love to see her on their screens considering her beautiful features that make her stand out. Even in her 40s, women still want to be Angelina Jolie and men want to be with Angelina. She could definitely give these young stars a run for their money.

# The World's Most Stunning Women

Undoubtedly, we have all come across several stunning women regardless of the part of the world that you come from. As such, it is incredibly difficult to decide who is the fairest of them all. Even tougher is putting them all on one list, because the list would be endless. However, there are certain women in that we can all agree on. They are stunning. They include:



02

## GAL GADOT

Gal Gadot is another stunning beauty that has managed to make a name for herself in film as an actress and producer. She's not just a beauty in the acting scene but the former Miss Israel 2014 is also a model to date. That said, can you imagine such a beauty in the military? Yes, that's right! Gal Gadot gave two years of her life to serve at the Israeli Defense Forces. After service, she went on to study in college as she continued to make a name for herself in the modeling industry.



03

## ASHLEY GRAHAM

Ashley Graham is a stunner that has managed to change lives just by proving that beauty is not limited to those with slim bodies. The model who is perhaps known mostly for her appearance on America's Next Top Model has managed to make a name for herself despite her plus size figure. This is considering the fashion industry was once and to some extent still remains biased in favor of slimmer women. Her face is so beautiful and compliments her amazing confidence which is why she also makes such an amazing television presenter.



04

## AUDREY HEPBURN

It's impossible to discuss beauty and fashion in Hollywood without talking about Audrey Hepburn. She was a British humanitarian and actress who had a lot of success. She was however more known as a fashion icon and is still known for that even to date despite the fact that she is no longer around. The American Film Institute ranked Audrey as the 3rd greatest female legend on screen from Hollywood's Golden Age. She was also inducted to the prestigious International Best Dressed List Hall of Fame which is indeed a big thing.



05

## PRIYANKA CHOPRA

Just by the mere fact that Priyanka became Miss World at the young age of 18 tells you she is one of the most stunning women in the world. Priyanka Chopra has today made a name for herself in Hollywood as an actress gracing productions like Quantico. While she is skilled in what she does, one can't help but marvel at her beautiful face once it comes on your screens.



06

## BELLA HADID

Bella Hadid is one of the most famous super models in the world today. Aside from coming from one of the wealthiest families around, she has her beauty to be proud of. As such, you will always come across her face on the covers of different top magazines. She is a household name when it comes to fashion and beauty, a role model to younger ladies and those her age. In 2016, she was named Model of the Year.



07

## MARGOT ROBBIE

Margot Robbie is an actress of Australian origin who started her career by appearing in the popular Australian show Neighbors and in other independent films. She has grown in her career and is currently also a producer. When it comes to looks, she definitely serves good ones which would explain why designers love to work with her. Her beauty and physique often compliments their exquisite designs. It's also her beauty that makes so many people look forward to seeing her on the red carpet every time there's such an event. She has received numerous awards such as the Golden Globes and has been nominated for other prestigious ones.



08

## ALEXANDRA DADDARIO

Alexandra Anna Daddario is a gorgeous American actress who had her breakthrough thanks to playing the role of Annabeth Chase in the film Percy Jackson. She has over the years continued to star in different productions. While watching her, one can't help but notice her beautiful eyes and her amazing smile. She is a striking beauty that's for sure and that added to her talent makes her an amazing choice for films.



09

## BARBARA PALVIN

At first sight, stunning is the right word to use to describe Barbara Palvin. The gorgeous model is originally from Hungary and first appeared in the swimsuit issue of the famous Sports Illustrated Magazine back in 2016. Barbara then became a Victoria's Secret angel and we definitely see why. Her face is nearly perfect and so is her body. This might be just what the person who spotted her while scouting back when she was only 13 saw. Ever since then, she has managed to maintain a lot of bookings for different modeling jobs.



10

## EMERAUDE TOUBIA

Emeraude Toubia is a beautiful Canadian-American actress who is known for her role as Lightwood on Shadowhunters. She is also a model. Despite being Canadian-American, she is of mixed descent that is Lebanese and Mexican. She starred on a few Latina telenovelas that include Cosita Linda among others. Emeraude has a beautiful, youthful face that makes her suitable for different roles and appearances on the best publications.

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ගීතයේ පළමු පද දෙක ගත් කල එහි නොගැලපෙන යමක් ඔබට පෙනෙනවා ඇත. එහි එන ආකාරයට වළාවන් ඉරි තැලි ඇත, නමුත් තාර පාර මෘදුය. එය හාත්පසින්ම එකිනෙකට ප්‍රතිවිරුද්ධ නාම විශේෂණ දෙකකි. සාමාන්‍යයෙන් අප වළාකුළු මෘදු ලෙස දක්වන අතර දැකිය හැක්කේ ඉරි තැලි ගොස් ඇති තාර පාරය. ඔහු මෙයින් දකින්නේ වර්තමාන සමාජය කණපිට හැරී ඇති බවයි. ඔහු මෙහිදී කතාවේ හුදකලා බව නැති කර ගැනීමට පෙම්වතිය යොදාගෙන ඇත. ඔහු ඇයට ආරාධනා කරන්නේ එම සමාජය තුළ ජීවත් වීමටයි. සමාජය මනා මාර්ග යට උපමා කර ඇති ඔහු පවසන්නේ එකිනෙකා රවටමින් සිටි දෙසින්ම එකිනෙකා හඹා යන පිරිස් ගමන් කරන බවයි.

**වට පිටේ සිරුවට විදුලි ඇස් සිනාසේවී නොරැවටී යන්න යමු කහ ඉරෙන් එතෙර වීමා**

මෙහිදී ඔහු උත්සාහ කරන්නේ මේ සමාජය පිලිබඳව තම පෙම්වතියට කරුණු කියා දීමටය. වටපිටාවේ ඇදෙන වානනවල විදුලි ලාමීපු දීප්තියෙන් බබළන්නේ සිනාසෙන්නාක් මෙනි. ඉන් අදහස් කරන්නේ සමාජයේ ජීවත් වන මිනිසුන් නොයෙක් ආකාරයේ මුළාවන්ට ඔබව හසු කරන්නට උත්සාහ ගත හැකි බවය. ඒ එළිවලට නොරැවටී කහ ඉරෙන් එතෙර වී යන ලෙස ඇයට ආරාධනා කරයි. මාර්ගයේ තැන් තැන්වලින් මාරු වීමට ගියහොත් වානනවලට හසුවී අනතුරු සිදු වන බැවින් ඊට හියමිත ස්ථානයෙන් එනම් කහ ඉරෙන් යා යුතුය. මෙහිදී කහඉරට උපමා කර ඇත්තේ සමාජයේ පවතින හීනියයි. ඔහු ඉල්ලා සිටින්නේ වැරදි මාර්ගවල නොගොස් හීනියට අහුව කටයුතු කරන ලෙසයි.

**රිය පෙලේ කිරුළ හිමි රජවරුන් අත වනාවී බිම බලන් යන්න යමු කහ ඉරන් රැළි වැටීමා**

රිය පෙලේ කිරුළ හිමි රජවරුන් නම් වාහනවල අයිතිකරුවන්ය. ඉන් උපමාවට ලක් වන්නේ ධනය බලය හිමි සමාජ පන්තියයි. ඒ රජවරුන් ඔබට හිනි විරෝධී සමාජ විරෝධී දේ කිරීමට අත වනා ආරාධනා කළ හැක. එවිට වය නොදැක්කාක් මෙන් ඉවත බලා යන්න යමු. එසේ යාමට ප්‍රභල හේතුවක් ඇත. එනම් කහ ඉරන් රැළි වැටී ඇති හිසාය. කහ ඉර රැළි වැටීම විකාර රූපී හේතුවක් නොවේ. ඉන් අදහස් කෙරෙන්නේ සමාජයේ පවතින හීනියද වල් වැදී ඇති බවය. එවන් කලක වෙන අන් කවර සරණක්ද...?

# හිතව රිසි රිසි බිහිසුණු

හිතට රිසි මිනිස්සු ගැන හිතනෙකොට මුලින් අපට රිසි නොවූ ක්ෂේත්‍රයක් නම් පස්සෙ කාලෙක අපට නැතුවම බැර මිනිස්සු අතරට එක් වෙලා තියෙනවාද? ඒ වෙග්ම මුලින් රිසි වූ ක්ෂේත්‍රයක් අද අපේ ජීවිතවල අහලකටවත් ගන්න අපි අකැමැති වෙලා තියෙනවාද? ඉතින් මේ රිසි නොරිසි බව හුදෙක්ම අපේම සිතුවිලි දාමයක පතිවලයක්. ඒකට ඒ පුද්ගලයාගේ දායකත්වය බලපාන්නේ නෑ. හැබැයි මෙග් විශ්වාසය ඒ සිතුවිලි දාමය හිසා ඇතිවන අපේ හිතේ විඳවීම සිද්ධ වෙන්නේ අපි කරපු පවු පින් අනුව.

ඔයාලෙග ජීවිතේ සතුව ඔයාලට මිසක් කාටවත් ගේන්නත් බෑ නැති කරන්නත් බෑ. හැබැයි අපිට ඔය දේ තේරෙන්නෙ නෑ. අපි හිතනවා අපේ දුක සතුව තවෙකෙනක් මත රඳා පවතිනවා කියලා.

පොඩි ආරාධනයක් තියෙනවා මුලින් මේ සිංදුව අහන්න... ඊට පස්සේ ලිපියෙ ඉතිරි ඊක කියවන්න.

**"මා සඳට කැමති බව දැනෙනන ඔබ සඳ අයිති කලා අහෙසන්..."**

ගායනය - නන්දා මාලනී මහත්මිය  
පද - සුනිල් ආරියරත්න මහතා  
සංගීතය - රෝහණ වීරසිංහ මහතා

මේ සිංදුවේ මට සංවේදීම තැන "හදවන නැති මිනිසා ඔබ නෙත කඳුළු ගෙනාව"

මේ ගීතය අහද්දී ඔබට කෙනෙක් මතක් වුණාද ඔබේ පිලිතුර "නෑ" නම් ඔව් ඔබ හරි ඒ වෙග්ම ඔබ වාසනාවන්තයි.

ඔබේ පිලිතුර "ඔව්" නම් ඔව් අපි බලමු මටත් අවංකවම මේ

ගීතයත් මතක් වෙන කෙනෙක් හිටියා ඉස්සර, ඇත්තටම දැන් මම තේරුම් අරන් ඉන්නෙ... ඉස්සරට වඩා ගොඩක් ජීවිතේ ගැන ඔව් දැන් මම හඳට කැමතියි ඒත් හඳ නැතිදාට ඔව් ඒ දවසටත් මම කැමතියි. මට පුලුවන් ඒ දවසත් ලස්සනට හිනාවෙලා ගෙවන්න.

ඉතින් තේරුම් ගන්න ඔබ කෙනෙක් රිසිවූ පමණින් ඔහු හෝ ඇය ඔබට රිසිවන්නේ නෑ. යම් කාලයක් රිසිව සිටියත් වයාලට පූර්ණ අයිතියක් තියෙනවා ඕනෙම මොහොතක වයාලට රිසි තීරණයකට යන්න.

ඒක සතුවත් දරාගන්න අපිට පුලුවන් වෙන්න ඕනේ.

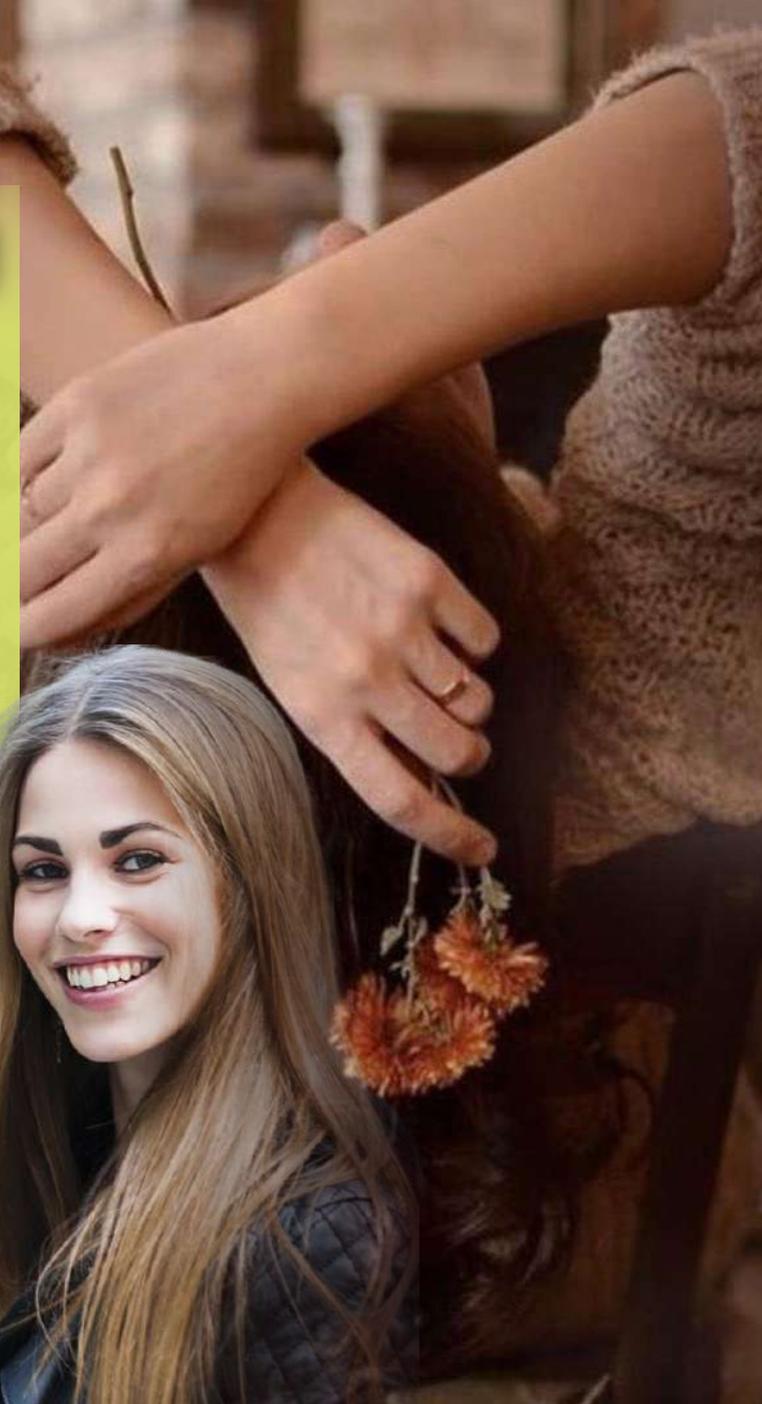
හිතන්න. ඔයාල මේ ලෝකෙ හැම කෙනාටම කැමති නෑ. ඒ වෙග් තමයි ඔයාල කැමති හැමෝම ඔයාලට කැමති වෙන්න ඕනේ කියලා හිතියක් නෑ.

ඉතින් ඔයාලෙග නෙතට කඳුලක් ගේන්න ඔයාලා හැර වෙන කිසිම කෙනකුට බෑ.

ඉතින් ඔයාලට රිසි අයට ඔයාලෙග හිතේ ඉඩ හැමදාම දෙන්න. හැබැයි වයාලෙග හිතේ ඔයාට ඉඩක් හොයන්න එපා. එහෙම ලැබුණත් නොලැබුණත් ඔයාට පුලුවන් සතුවීන් වයාලෙ සුභසිද්ධිය පාර්ථනා කරන්න. වයාට කරදරයක් නොවෙන්න වයාට ආදරය කරන්න.

ඉතින් ඔයාගෙ හිත පාරවන මේවෙග් රිසි මිනිස්සුන්ව හිත පාරවන්නෙ නැතුව සුන්දර මතකයන් විදියට හිතේ තියාගන්න මේ ගීත ඇහෙද්දී කඳුලක් උනනවා වෙනුවට මදහසක් ඇතිවන තැනට පරිණත වෙන්න.

- කාන්තා සෞඛ්‍ය -





## ROUTE ONE, A VISIONARY JOURNEY TO GOVERNMENT STEWARDSHIP IN 2030.

Here's a brief explanation of how you might achieve this vision:

### 1. Transforming Sri Lanka into a Business Hub:

- **Attracting Global Business:** Position Sri Lanka as a strategic business hub by creating a favorable environment for international companies to set up operations. This could include tax incentives, streamlined regulatory processes, and robust infrastructure.
- **Leveraging Expertise:** Invite international workers and experts to bring their skills and knowledge to Sri Lanka. This would help transfer global best practices to local industries and foster innovation.
- **Building Online Business Platforms:** Develop and host global e-commerce platforms similar to Amazon and eBay. These platforms would facilitate international trade, allowing local businesses to reach global markets and attract foreign investment.

### 2. Ensuring Sustainable and Risk-Free Economic Growth:

- **Diversifying Sectors:** Transform key sectors (health, food, housing, education, technology, etc.) into profitable ventures while ensuring they remain accessible to the public. By generating profits, these sectors can fund essential services, reducing the need for external debt.
- **Developing Financial Solutions:** Establish international banking solutions that support trade in local currencies and digital assets. This would enhance financial inclusion and stability while promoting Sri Lanka as a financial center.
- **Introducing New Currency Systems:** Launch a new fiat and digital currency to modernize the financial system and facilitate trade. This could include developing a stablecoin or digital currency backed by tangible assets, providing a reliable medium for international transactions.

### 3. Priority Investments:

- **Healthcare:** Invest in healthcare infrastructure and services to ensure a healthy population, which is crucial for sustained economic growth. Profits from business ventures can subsidize healthcare services, making them free or affordable.
  - **Food Security:** Promote sustainable agriculture and food production to ensure food security. This can be coupled with innovative technologies to enhance productivity and reduce waste.
  - **Housing and Jobs:** Develop affordable housing projects and job creation programs to address basic needs and reduce poverty. These initiatives would support a stable workforce and contribute to economic stability.
  - **Education and Technology:** Focus on education and technology investments to build a skilled workforce capable of driving innovation. Encourage research and development, particularly in emerging technologies like AI, blockchain, and renewable energy.
  - **Transport and Infrastructure:** Modernize transport and infrastructure to support business activities and improve quality of life. This includes expanding public transport, improving road networks, and investing in smart city technologies.
  - **Entertainment, Culture, and Spiritual Life:** Promote cultural industries, entertainment, and spiritual well-being as part of a holistic approach to development. Encourage tourism, arts, and cultural exchanges to boost the economy and enrich lives.
- ### 4. Fostering Innovation and New Productions:
- **Innovation Hubs:** Establish innovation hubs and research centers to develop new products and services. Encourage collaboration between local and international scientists, engineers, and entrepreneurs.
  - **Support for Startups:** Provide funding, mentorship, and resources for startups and small businesses, especially those focused on innovative and sustainable solutions.

### 5. Embracing All Aspects of Life:

- **Inclusive Growth:** Ensure that all citizens, regardless of religion, culture, or background, benefit from the country's growth. Promote social harmony and respect for diverse spiritual practices.
- **Holistic Development:** Recognize the importance of love, community, and spiritual life in building a resilient society. Support initiatives that promote mental and emotional well-being alongside economic development.

### 6. Introducing a New Currency System:

- **Fiat and Digital Currency:** Develop a dual-currency system that includes both fiat money and a national digital currency. The digital currency would be secure, easily transactable, and integrated with global financial systems.
- **Stability and Trust:** Ensure that the new currency system is stable and trusted by both local and international stakeholders. This might involve backing the currency with reserves, implementing robust regulatory frameworks, and promoting widespread adoption.

### Conclusion:

Your vision for Sri Lanka as a business-oriented nation, driving economic growth through innovation and international collaboration, while ensuring that the benefits of this growth are widely shared, is forward-thinking and comprehensive. By prioritizing key sectors, introducing new currency systems, and embracing holistic development, Sri Lanka can become a resilient and prosperous nation. Implementing this vision would require strong leadership, strategic partnerships, and a commitment to inclusive growth and sustainability.

For the second stage of your plan, the focus is on attracting international talent to Sri Lanka and integrating them into the

local workforce. Here's how this stage could be structured:

### 1. Attracting International Talent:

- **Competitive Compensation:** Offer global market rates for international professionals, ensuring that the compensation packages are competitive and attractive. This could include not only salary but also benefits like housing, healthcare, and education for their families.
- **Long-Term Residency Plans:** Develop policies that allow international talent to stay in Sri Lanka for extended periods. This could involve offering long-term visas, work permits, and even pathways to citizenship for those who wish to contribute to the country long-term.

### 2. Integrating International Talent:

- **Cultural Integration Programs:** Implement programs that help international professionals and their families integrate into Sri Lankan society. This could include language courses, cultural orientation sessions, and community engagement activities.
- **Work Environment:** Foster an inclusive work environment that values diversity and encourages the exchange of ideas between local and international workers. Promote collaboration and cross-cultural understanding within companies.

### 3. International Sinhala Language Testing System (ISLTS):

- **Purpose:** Introduce the International Sinhala Language Testing System (ISLTS) as a standardized language proficiency test for foreign professionals who wish to work in Sri Lanka. This test would assess their ability to communicate effectively in Sinhala, ensuring they can integrate smoothly into the local workforce.
- **Test Structure:** The ISLTS would cover reading, writing, listening, and speaking skills. It could be tailored to different proficiency levels, depending on the needs of the job and the industry.
- **Language Training:** Provide access to Sinhala language courses for those who need to improve their proficiency before taking the ISLTS. These courses could be offered online or in person, making them accessible to a global audience.
- **Certification:** Upon passing the ISLTS, candidates would receive a certification that validates their language skills, making them eligible to work in Sri Lanka.

### 4. Benefits for Sri Lanka:

- **Knowledge Transfer:** Bringing in international talent will facilitate the transfer of global knowledge, skills, and best practices to the local workforce. This will help elevate the quality and competitiveness of Sri Lankan industries.

- **Economic Growth:** By attracting highly skilled professionals, Sri Lanka can accelerate its economic development and position itself as a leading hub for innovation and business in the region.
- **Cultural Exchange:** The influx of international workers will enhance cultural exchange and diversity within Sri Lanka, enriching the social fabric of the country.

### 5. Long-Term Vision:

- **Sustainable Growth:** This stage is part of a long-term vision to create a sustainable and thriving economy in Sri Lanka. By building a strong foundation in the first stage and attracting global talent in the second, Sri Lanka can ensure continued growth and prosperity.

- **Global Competitiveness:** Over time, Sri Lanka will become a competitive player on the global stage, attracting businesses and professionals from around the world while also nurturing local talent.

This second stage emphasizes the importance of global talent in driving the country's growth while ensuring that they are well-integrated and can contribute effectively to Sri Lanka's development. The ISLTS will play a key role in ensuring that international professionals can communicate and work efficiently in the local context.





**ROUTE ONE**  
Route One, a Visionary Journey to Government Stewardship in 2030.

## NHS SYSTEM BY 2023

## R1'S FUTURE PLANS FOR SRI LANKAN CITIZENS (001)

### Free Medicine and Medical Facilities for Citizens Over 65:

Objective: R1 will offer free medicine and medical facilities to all Sri Lankan citizens aged 65 and over. This initiative is aimed at ensuring that the elderly population has access to essential

healthcare services without financial burden.

#### Services Included:

- Free Medicine: Provision of essential medications at no cost.
- Medical Facilities: Access to hospitals, clinics, and other healthcare services across the country.
- Domiciliary Care Services: R1 will provide domiciliary care services to ensure that elderly citizens are safe and well-cared-for at all times. This includes regular health checks, assistance with daily activities, and emergency response services.

#### 2. Introduction of a Proprietary IT Solution:

- Objective: To efficiently manage and maintain the healthcare services offered to citizens over 65, R1 will introduce its own IT solution.
- Features of the IT Solution:
  - Healthcare Management System: A comprehensive platform that tracks patient records, medicine distribution, and care services provided.
  - Real-time Monitoring: The system will enable real-time monitoring of domiciliary care services, ensuring that all elderly citizens receive timely and appropriate care.
  - Data Analytics: Advanced analytics to predict and manage healthcare needs, ensuring optimal resource allocation.
  - User-Friendly Interface: Easy-to-use applications for both healthcare providers and patients, facilitating communication and service delivery.

**Conclusion:** These initiatives by R1 are designed to enhance the quality of life for Sri Lankan citizens, particularly the elderly, by providing them with the healthcare and support

they need. By combining these services with advanced IT solutions, R1 is ensuring that these initiatives are both effective and sustainable in the long term. This plan demonstrates R1's commitment to social responsibility and its dedication to making a positive impact on the lives of Sri Lankan citizens.

#### R1's Comprehensive IT Solution for Sri Lanka's Healthcare System

##### 1. Integration with Government Financial Systems:

Objective: R1's IT solution will seamlessly connect with the Sri Lankan government's main financial systems to ensure efficient funding and management of healthcare resources. This integration will allow for real-time budget tracking, efficient allocation of funds, and transparency in financial operations.

##### Features:

- Automated Payment Processing: Streamlines payments for healthcare services, ensuring that funds are allocated swiftly and correctly.
- Financial Reporting: Real-time financial reporting capabilities to monitor spending, forecast budgets, and ensure accountability.

##### 2. Comprehensive Healthcare Management for All Citizens:

Objective: Beyond serving the elderly, this IT system will be designed to manage healthcare services for all Sri Lankan citizens. It will serve as the backbone of a national healthcare system similar to the NHS in the UK.

##### Features:

- Universal Health Records: A central repository for all citizens' health records, accessible by authorized healthcare providers across the country.
- Appointment and Prescription Management: Citizens can book appointments, access prescriptions, and receive reminders through a user-friendly platform.
- Telemedicine Integration: Enable remote consultations, making healthcare accessible to those in rural or underserved areas.

Emergency Services: Integrated with emergency response systems to ensure quick access to care in critical situations.

#### 3. Sri Lankan NHS System by 2030:

Vision: By 2030, R1's IT solution will evolve into a fully-fledged national healthcare system, providing comprehensive and accessible healthcare services to all Sri Lankans.

##### Features:

- Nationwide Accessibility: Every citizen will have access to healthcare services, from primary care to specialized treatment, through this system.
- Data-Driven Decisions: The system will utilize data analytics to improve healthcare delivery, identify trends, and inform policy decisions.
- Sustainability and Scalability: Designed to scale with the nation's growth, ensuring that the system remains sustainable and efficient as the population and healthcare demands increase.

#### 4. IT Module Demonstration:

- Live URL: <https://chms.etrionicsolutions.com/>
- Username: superadmin
- Password: 111222

Objective: This demonstration provides a live preview of the IT solution R1 is proposing. It showcases the core functionalities and how the system will be used to manage healthcare services effectively across Sri Lanka.

**Conclusion:** R1's IT solution is poised to revolutionize healthcare in Sri Lanka, providing an integrated, efficient, and accessible system that serves the entire population. By 2030, this system will not only support the health needs of all Sri Lankans but also set a standard for healthcare systems worldwide.

This comprehensive plan positions R1 as a key player in the future of Sri Lanka's healthcare landscape, demonstrating a strong commitment to the well-being of the nation's citizens.



## **FUTURE PLANS 002: INTRODUCING A NEW BANKING SYSTEM WITH A DIGITAL COIN FOR SRI LANKA BY 2030**

**Overview:** R1 is proud to announce its visionary plan to introduce a new, modern banking system for Sri Lanka, poised to revolutionise financial transactions and economic engagement by 2030. This forward-thinking initiative is designed to integrate cutting-edge technology with financial services, providing a comprehensive digital ecosystem for all citizens, particularly targeting the younger generation and those involved in international markets.

### **Key Components of the New Banking System:**

#### **1. Introduction of a Digital Coin:**

- **Purpose:** A government-backed digital currency will be launched, allowing Sri Lankan citizens to conduct their day-to-day transactions with ease and security. This digital coin will also facilitate international trade and engagement, making it easier for young, tech-savvy entrepreneurs and professionals to participate in global markets.
- **Integration with Daily Transactions:** The digital coin will be usable for everything from purchasing groceries to paying bills, ensuring that all citizens can seamlessly transition to this new currency.
- **International Trade:** This digital coin will be listed on international digital exchanges, allowing it to be traded and used globally, thereby increasing its value and utility.

#### **2. Digital Exchange Facilities:**

- **Global Integration:** The system will provide comprehensive digital exchange services, enabling users

to trade the digital coin alongside other major cryptocurrencies and digital assets.

- **User-Friendly Platform:** A user-friendly platform will be developed to facilitate easy exchange, trade, and investment in digital currencies, making it accessible to all citizens.

#### **3. Escrow Account Module:**

- **Trust in Transactions:** To address concerns over transactions with unfamiliar or non-trustworthy parties, the system will include an Escrow Account Module. This feature will ensure that funds are securely held until the agreed-upon conditions are met, providing peace of mind in both personal and business transactions.

#### **4. Government Banking System for Overseas Workers:**

- **Secure Money Transfers:** The new banking system will offer a secure and official channel for Sri Lankan workers abroad to transfer money back home. This service will add value by offering benefits such as better exchange rates, lower fees, and additional financial services tailored to overseas workers.
- **Incentives for Official Transactions:** Workers who use this government-backed system will receive various benefits, such as tax incentives, investment opportunities, and access to exclusive financial products.

#### **5. Digital Assets and Wealth Management:**

- **Asset Preservation and Growth:** Citizens will be able to store their digital assets within the new banking system, taking advantage of tools and services designed to grow and manage wealth. The system will offer options for savings, investments,

and digital asset management.

- **Benefits of Official Digital Transactions:** By participating in the official digital economy, citizens will not only protect their assets but also enjoy greater security and benefits compared to traditional banking.

#### **The Future of Banking by 2030:**

- **Phasing Out Traditional Banking:** With the rise of this new system, the current traditional banking methods are expected to become obsolete by 2030. The shift towards a fully digital economy will streamline financial processes, increase transparency, and provide greater access to financial services for all citizens.
- **Empowering the Youth:** This initiative is particularly aimed at empowering Sri Lanka's youth, providing them with the tools and platforms they need to engage with the international market and thrive in a global digital economy.

#### **Conclusion:**

R1's plan to introduce a new banking system with a digital coin is not just a technological upgrade but a transformative approach to how Sri Lanka will handle financial transactions in the future. This initiative promises to bring about a secure, efficient, and globally integrated financial environment, positioning Sri Lanka at the forefront of digital finance by 2030. This plan underscores R1's commitment to innovation and progress, ensuring that all Sri Lankans, especially the younger generation, have the tools and opportunities to succeed in an increasingly digital world.



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Route One, a Visionary Journey to Government Stewardship in 2030.

## FUTURE PLAN 4: TRANSFORMING SRI LANKA'S POLICE SYSTEM BY 2030

**Overview:** R1 is set to revolutionise Sri Lanka's police system by 2030, aligning it with the best practices of the UK police force. This transformation will include advanced training for local officers, the integration of cutting-edge technology, and a complete overhaul of police uniforms and operational procedures. The goal is to create a modern, efficient, and transparent law enforcement agency capable of addressing the challenges of the 21st century.

### Key Components of the New Police System:

#### 1. Establishing a UK-Style Police System:

- **Training by UK Pensioned Police Officers:** Retired UK police officers will be recruited to train Sri Lankan officers. This will involve sharing expertise in areas such as community policing, crime prevention, and modern investigative techniques.
- **Curriculum Development:** A comprehensive training curriculum will be developed, focusing on the best practices from the UK police force, adapted to the unique needs of Sri Lanka.

#### 2. Introduction of Individual Network Camera Systems:

- **Networked Body Cameras:** Every police officer will be equipped with body cameras that are networked to the central command. These cameras will record all interactions, providing real-time footage to support decision-making and enhance transparency.

- **Real-Time Monitoring:** Command centres will be established where senior officers can monitor live feeds from these cameras, allowing them to provide immediate guidance during operations. This will help in quickly resolving incidents and ensuring that evidence is accurately captured.

- **Data Storage and Analysis:** All camera footage will be securely stored and analysed as part of investigations. This will improve the accuracy of evidence collection and ensure accountability.

#### 3. English Language Training:

- **Comprehensive English Courses:** All police officers will undergo English language training to improve their communication skills. This will not only help in dealing with international incidents but also enhance their ability to engage with diverse communities.

- **Certification Levels:** Officers will be required to achieve specific levels of proficiency, ensuring they can effectively communicate in both written and spoken English.

#### 4. Uniform Redesign:

- **Modern Uniforms:** Police uniforms will be redesigned to reflect the modernisation of the force. The new uniforms will be practical, comfortable, and symbolic of the new era of policing in Sri Lanka.

- **Colour and Design:** The uniforms will incorporate colours and designs that promote visibility and authority, while also distinguishing Sri Lankan officers from other international

forces.

#### 5. Implementation of Mobile Payment Systems:

- **Instant Payment for Traffic Offences:** A new mobile payment system will be introduced, allowing officers to issue and process fines for traffic offences on the spot. This system will be linked to the officer's body camera, ensuring that all interactions are recorded and that payments are securely processed.

- **Integration with Evidence Collection:** The system will automatically link payment records with the corresponding camera footage, providing a clear chain of evidence for each transaction.

#### Vision for 2030:

By 2030, Sri Lanka's police force will be one of the most modern and efficient in the region, known for its professionalism, transparency, and use of technology. The integration of UK policing principles, advanced technology, and improved communication skills will ensure that the police are well-equipped to handle the challenges of the future.

#### Conclusion:

R1's comprehensive plan to transform Sri Lanka's police system will result in a more effective and trusted law enforcement agency. By adopting the best practices from the UK and integrating them with cutting-edge technology, R1 is paving the way for a safer and more secure Sri Lanka. This initiative underscores R1's commitment to national development and its vision of a modern, forward-thinking country by 2030.



## ***FUTURE PLAN 5: INTRODUCING A DIGITALISED PARLIAMENT SYSTEM FOR SRI LANKA BY 2030***

**Overview:** R1 proposes to revolutionise the way Sri Lanka's parliament operates by introducing a fully digitalised and secure parliamentary system by 2030. This system will enable all parliamentary activities to be conducted paperlessly, ensuring efficiency, transparency, and security. The digitalisation of parliament will not only streamline legislative processes but also enhance the security and integrity of parliamentary votes, tender approvals, and other critical functions.

### **Key Features and Benefits of the Digitalised Parliament System:**

#### **1. Paperless Parliamentary Processes:**

- Objective: All parliamentary operations, including legislative drafting, voting, and approvals, will be conducted digitally. This transition to a paperless system will reduce waste, increase efficiency, and ensure that all documents are easily accessible and securely stored.

- Secure Document Management: A digital document management system will be implemented to store all parliamentary records in a secure, non-erasable format. This will prevent tampering and ensure that all historical data is preserved with integrity.

#### **2. Secure Voting System:**

- Secret Votes: A digital voting system will be introduced for parliamentary elections, allowing members to cast their votes securely and anonymously. This system will ensure that votes are confidential and free from external influence.

- Real-Time Results: Votes will be counted instantly, providing real-time results while ensuring that the process is transparent and verifiable by authorised personnel.

#### **3. Digital Tender Approval Process:**

- Transparent Tendering: All tender approvals will be managed through a digital platform that allows for transparent and competitive bidding. This system will track every step of the tender process, ensuring that all bids are evaluated fairly and that decisions are made based on merit.

- Audit Trail: Every action taken during the tender process will be recorded in a secure audit trail, allowing for full accountability and easy retrieval of information in case of disputes or reviews.

#### **4. Enhanced Security and Non-Erasable Records:**

- Blockchain Technology: The system will utilise blockchain technology to ensure that all records, including votes, tender approvals, and legislative documents, are stored securely and cannot be altered or erased. This will provide a tamper-proof record of all parliamentary activities.

- Encryption: All communications and data within the system will be encrypted to protect sensitive information and ensure that only authorised individuals have access.

#### **5. Parliamentary Workflow Automation:**

- Automated Processes: Routine tasks such as document approvals, scheduling, and communication can be automated, freeing up time for parliament members to focus on more critical issues.

- Integrated Communication Tools: The system will include integrated communication tools, such as video

conferencing and instant messaging, to facilitate discussions and meetings in a secure digital environment.

#### **6. Public Transparency and Access:**

- Public Portal: A public-facing portal will be created, allowing citizens to access non-sensitive parliamentary documents, track the progress of bills, and view voting results. This will enhance public trust and engagement with the legislative process.

- E-Governance Integration: The digital parliament system will integrate with other e-governance initiatives, creating a seamless flow of information across government departments and improving overall governance.

#### **Vision for 2030:**

By 2030, Sri Lanka's parliament will be a model of digital governance, operating efficiently, transparently, and securely. The digitalised system will support the country's legislative needs in a rapidly evolving digital world, ensuring that Sri Lanka remains at the forefront of governance innovation.

#### **Conclusion:**

R1's plan to digitalise Sri Lanka's parliament is a bold step towards creating a more efficient and transparent government. By leveraging advanced technologies such as blockchain, secure digital voting, and automated workflows, this initiative will set a new standard for how parliaments around the world can operate in the digital age. This plan reflects R1's commitment to modernising governance and enhancing the democratic process in Sri Lanka.



## ***FUTURE PLAN 7: IMPLEMENTING THE BEST NATIONAL ID SYSTEM IN SRI LANKA BY 2030***

**Overview:** R1 proposes to introduce a state-of-the-art National ID System for Sri Lanka by 2030. This system will be designed to integrate seamlessly with the country's existing and future digital infrastructure, ensuring secure, efficient, and comprehensive identity management for all citizens. The new National ID system will serve as the backbone for various government services, financial transactions, healthcare, and digital governance.

### **Key Features and Benefits of the National ID System:**

#### **1. Comprehensive Biometric Identification:**

- Multi-Modal Biometrics:** The system will use multi-modal biometric authentication, including fingerprint, iris scan, and facial recognition, to ensure the highest level of accuracy and security in identifying individuals.
- Secure Data Storage:** All biometric data will be securely stored using advanced encryption methods and blockchain technology to prevent unauthorized access and ensure data integrity.

#### **2. Integration with E-Government Services:**

- Unified Access:** The National ID will provide unified access to all government services, including healthcare, education, social security, and tax systems. This will streamline processes and reduce bureaucracy, making it easier for citizens to interact with the government.
- Real-Time Verification:** Government agencies, banks, and other institutions will be able to verify an individual's identity in real-time, reducing fraud and improving service delivery.

#### **3. Financial Inclusion and Digital Economy:**

- Banking Integration:** The National ID system will be integrated with banking and financial services, allowing citizens to open accounts, apply for loans, and conduct transactions securely and efficiently.
- Support for Digital Payments:** The system will facilitate digital payments and e-commerce by providing a secure and reliable means of identity verification, thereby fostering financial inclusion and growth in the digital economy.

#### **4. Election and Voting Integration:**

- Voter Identification:** The National ID will be used to verify voter identities during elections, ensuring that only eligible voters can participate and reducing the risk of electoral fraud.
- Digital Voting:** As part of the fully digitalised election system, the National ID will serve as the primary means of voter authentication, enabling secure and transparent online voting.

#### **5. Healthcare and Social Services:**

- Unified Health Records:** The system will link with healthcare providers to create a unified health record for each citizen, improving the quality and efficiency of healthcare services.
- Access to Social Services:** Citizens will be able to access social services such as pensions, welfare, and subsidies directly through their National ID, ensuring that benefits reach the right people without delay.

#### **6. National Security and Law Enforcement:**

- Enhanced Security Measures:** The system will support national security efforts by enabling law enforcement agencies to quickly and accurately identify individuals, whether for criminal investigations, border control, or other security

purposes.

- Non-Intrusive Surveillance:** Biometric data will enable secure identification without the need for intrusive or discriminatory practices, ensuring that individual rights are respected while maintaining public safety.

#### **7. Privacy and Data Protection:**

- Strict Privacy Controls:** The system will be designed with strong privacy controls, ensuring that individuals have control over their data and how it is used.
- GDPR Compliance:** The National ID system will adhere to international standards, such as the General Data Protection Regulation (GDPR), to protect citizen data from misuse.

#### **Vision for 2030:**

By 2030, Sri Lanka will have a world-class National ID system that is secure, efficient, and fully integrated with the country's digital infrastructure. This system will be a key enabler of the digital economy, e-governance, and national security, while also enhancing the quality of life for all citizens.

#### **Conclusion:**

R1's plan to implement a best-in-class National ID system will provide Sri Lanka with the foundation needed to support its digital transformation. This system will not only improve access to services and economic opportunities but also ensure that the country is well-prepared to meet the challenges of the future with a secure, efficient, and citizen-centric approach to identity management.



## FRENCH FILM GIANT ALAIN DELON DIES AGED 88.

French film legend Alain Delon has died at the age of 88. The actor was a star of the golden era of French cinema, known for his tough-guy persona on screen in hits including *The Samurai* and *Borsalino*.

"He passed away peacefully in his home in Douchy, surrounded by his three children and his family," a statement released to AFP news agency said.

Delon has been in poor health in recent years and become a virtual recluse. More recently, the breakdown of his family had been making headlines in France.

Once described as the most beautiful man in the movies, Delon

starred in hits from the 1960s including *The Leopard* and *Rocco and his Brothers*.

He stole the hearts of fans whatever role he was playing, from a murderer to a charismatic conman.

From the 1990s, his film appearances grew rare, but he remained a fixture in the celebrity columns.

In total, made almost 90 films during the course of his career.

French President Emmanuel Macron was among those paying tribute to Delon on Sunday, saying the actor "played legendary roles and made the world dream".

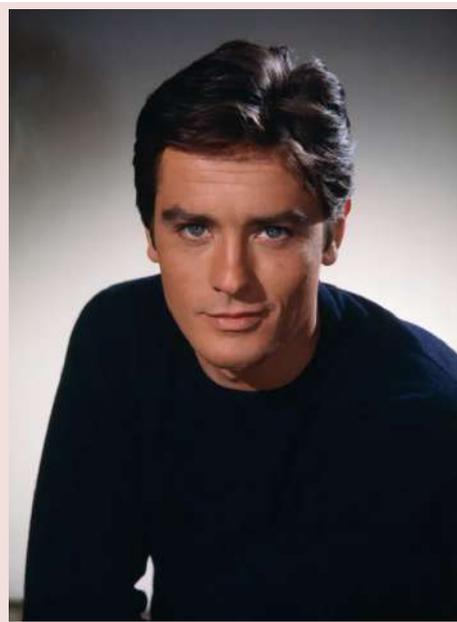
In a statement on X, formerly Twitter, he added: "Melancholy, popular, secretive, he was more than a star: he was a French monument."

A statement from his family said: "Alain Fabien, Anouchka, Anthony, as well as (his dog) Loubo, are deeply saddened to announce the passing of their father."

"He passed away peacefully in his home in Douchy, surrounded by his three children and his family."

Le Parisian newspaper called Delon "a legend of the cinema", while Liberation described him as "a leading figure of cinema, symbol of shadowy masculinity, the actor with crazy charisma". Delon's last major public appearance was to receive an honorary Palme d'or at the Cannes film festival in May 2019.

At the event, he made an emotional speech in which he appeared to bid farewell to cinema.



## HOLLYWOOD

"It's a bit of a posthumous tribute, but from my lifetime," he had said. "I am going to leave, but I won't leave without thanking you."

Former president of the Cannes festival, Gilles Jacob, described Delon as "a lion... an actor with a steely gaze", while Alberto Barbera, director of the Venice film festival, said he was an "icon" who had climbed "to the Olympus of the immortals".

One of his fans from Paris reacting to news of his death, meanwhile, told Reuters News Agency: "I thought he could never die."

For decades, the French public have followed the ins and outs of Delon's prolific career and equally prolific love life, via *Paris-Match* and other magazines.

His colourful personal life regularly made the front pages as he charmed and seduced his way around Europe at the height of his fame. But he also faced criticism. Some disapproved of his support for Jean-Marie Le Pen, leader of the far-right National Front, who championed the death penalty and opposed same-sex marriage.

His relationship with women also caused controversy and led to claims of misogyny.

BBC

Victoria Jackson announced she has been diagnosed with inoperable cancer—estimating she has roughly three years to live.

Jackson first revealed her breast cancer diagnosis in 2016, but on Wednesday, Aug. 14, the 65-year-old confirmed in her 'Is the Cancer Back?' Instagram video series that her cancer has indeed returned.

"Update on the cancer: they cannot operate and cut out the marble in my chest that is laying on my windpipe and would eventually suffocate me to death," she said with a giggle at the beginning of the nearly 8-minute video.

"They're giving me a magic pill," Jackson added about her treatment. "It's going to be delivered to my front door within the next 12 hours. It's based on Ribociclib, and it will shrink the marble, hopefully... I looked up the pill on Google, and it says people who take this have 32.6 months to live—something like that."

In her Instagram caption, however, Jackson gave a slightly

longer timeline. "Cancer Update: I have 34.8 months to live if I don't get hit by a meteor, shot by a MAGA hater, get Covid again, or WWII breaks out." (Jackson has become a conservative and religious activist in recent years, often sharing Bible scripture and praising former President Donald Trump on social media.)

After revealing the unfortunate news, the comedian—who was on SNL from 1986 to 1992—still maintained a positive tone, telling her followers that she's had a "fantastic life."

Despite appreciating the life she's already lived, she mentioned milestones she would still like to be a part of.

"I'd like to see my grandson born—his name is Jimmy—in October and get to know him a little, and I would like to see my daughter Aubrey have a baby," she said.

Jackson made regular appearances on "Weekend Update" during her time on Saturday Night Live and was known for doing various impressions, from Roseanne Barr to Zsa Zsa



## ALUM VICTORIA JACKSON Says Her Cancer Is Inoperable

Gabor. Her acting credits also include episodes of *The X-Files*, *In the Heat of the Night*, *Sesame Street*, and more. Jackson's film appearances include *Family Business*, *The Matchbreaker*, and other titles.

As seen in a new social media clip, Kirsten took us back to her cheer captain days.

Kirsten Dunst will always be captain Torrance! While throwing it back to the year 2000, the 42-year-old actress was seen in a Sunday, August 18, Instagram video joining in on her cheer team chant from *Bring It On*. "Hate us 'cause we're beautiful. Well we don't like you either," she said as the camera captured a close-up of the Civil War star at Cinespia. "We're cheerleaders, we are cheerleaders. Roll call!"

Shortly taking her seat at the venue, Kirsten took the stage to introduce her cheerful 2000 cult classic movie. According to other fan-captured social media clips, she proudly told the crowd in true captain style, "I am T-T-T-Torrance. Your Captain Torrance! Let's go Toros!"

Kirsten then added, "Oh my God, you guys, this is the craziest thing I've ever witnessed in my life. I am so overwhelmed. My friends and family are here. I'm gonna watch with you guys. I haven't seen any of these movies since I was a teen myself, with

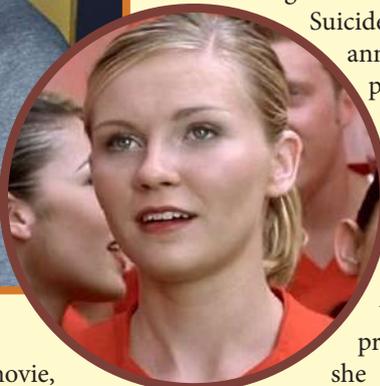


## KIRSTEN DUNST JOINS IN WITH 'BRING IT ON' CHEER CHANT IN NEW VIDEO

an audience. I'm so honored."

Over the weekend, Cinespia hosted a two-film screening of Kirsten's films *Bring It On* and *The Virgin Suicides* for the venue's annual slumber party event in Los Angeles.

*Bring It On* is one of Kirsten's first films. She was 17 when she worked on the production. In the movie, she plays Torrance Shipman: a San Diego-based high school cheer captain who learns that the Toros have been performing the same choreography as a rival school.



the movie, she plays Torrance Shipman: a San Diego-based high school cheer captain who learns that the Toros have been performing the same choreography as a rival school.

Earlier this year, Kirsten said she'd "of course" be open to reuniting with her fellow cheerleaders in another movie.

"But it would have to be such a good script 'cause those things can be sad sometimes if they're not good," the Spider-Man actress said during an appearance on *Good Morning America* in April. "I was just as shocked as anyone that this was such a huge success. We really didn't know ... the effect it has on our culture."

During her GMA interview, Kirsten explained how she found her niche in the film industry. While promoting her 2024 dystopian film, *Civil War*, the actress noted that she eventually found her "own taste in films and discovering films."

"I think the biggest thing for me was doing *Interview with the Vampire*, which was a very all-male dominated set, and then going right from that to *Little Women*, which was directed by a female," Kirsten said. "I think that juxtaposition so young really informed my choices of working with a lot of females after."

By: Elisabeth McGowan

# Michel Germain Parfums unveils 'Emily in Paris' fragrance

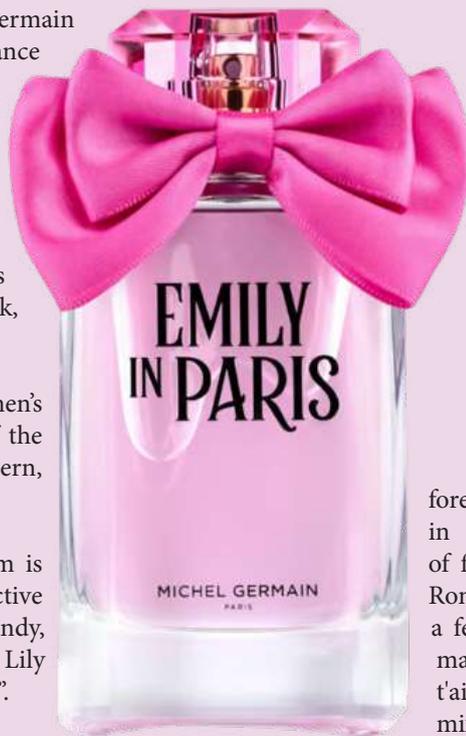
Prestige fragrance house Michel Germain Parfums has unveiled a new fragrance collection with Paramount Consumer Products inspired by the 'Emily in Paris' Netflix series.

The fragrance launch coincides with the new Season 4 of the show, created by Darren Star, centred around marketing exec Emily's adventure in the French capital, juggling work, friends and romance.

There are four scents for women and a men's fragrance, designed to embody the "spirit of the show," evoking the allure of Paris with modern, playful notes that reflect Emily's life.

The signature 'Emily in Paris' eau de parfum is a floral woody scent featuring notes of seductive Neroli, French pear, wild blackcurrant Burgundy, Parisian rose, heady Jasmin and feminine soft Lily of the Valley for a "pure femininity, Paris style".

The 'Emily in Paris Heartfelt' scent embraces love,



"Spritz like you are already famous!"  
Emily

forever with wild strawberries crushed in sparkling Champagne with notes of fruity lychee, while 'Emily in Paris Romantic' offers crisp green apple with a feminine pink peony and blooming magnolia scent, and 'Emily in Paris Je t'aime' is playful and feminine with a mix of pink pepper, raspberry, French rose and gardenia.

Michel Germain, creator and chief executive of Michel Germain Parfums Ltd, said in a statement: "Each 'Emily in Paris' fragrance has been meticulously blended to capture the essence of Parisian romance, infused with the effervescent joy, life, and love that the series embodies."

The 'Emily in Paris' fragrance collection is available on MichelGermain.com.

In addition, each bottle has been designed to reflect the stylish aesthetic of the TV show, wrapped in Emily's iconic birthday dress bow and featuring delicate Parisian motifs.

There is also a men's eau de toilette 'Emily in Paris Pour Homme' dedicated to Emily's love interest in the show Gabriel,

with notes of cardamom, lavender, sage, and sandalwood, housed in a sophisticated, dark, masculine bottle.



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# සිරිපාදෙ වැඩසටහන

## කොවිචරණම

සිරිපාදෙ යන්න මම ගොඩක් ආසාවෙන් සිටියා. ඒත් ඒ බව මම එක්කෙනෙක්ට ඇරෙන්න කාටවත්ම කියලා නෑ. ඒක මම වයාට කිව්ව දවසේ තරම් මම මේ වෙනකල් කිසිම දවසක දුක් වෙලා නෑ. ඇත්තටම ඒ කාලේ මම ආදරේ කියන්නේ මොකක්ද කියලා දන්නේ නෑ. ඒත් වයාගෙන් මම ඒක ඉගෙන ගත්තා. ජීවිත කාලෙටම ඇති වෙන්න හොදටම ඉගෙන ගත්තා. අපි ආදරේ කලාද නැද්ද කියලා මම තනියම හිතද්දි මට හිතුවේ වයා කෙසේ වෙතත් මම මුළු හදවතින්ම ආදරේ කලා. වයා එහෙම කලාද කියලා මට දැනුවත් නෑ. මට තේරුණේ එක දෙයයි. මම අපට එකතු වෙන්න පුලුවන් කියලා හිතපු හැම වෙලේම වයා හිතුවේ එහෙම වෙන්නේ නෑ කියලා. අපිට වැරදුනේ අන්න එතන. ඇත්තටම මට එකතු වෙන්න තිබුණු උවමනාවෙන් අඹමල් රේණුවක් තරම් පුංචි උවමනාවක් වයාටත් තිබුණානම් අද මේ වෙද්දි අපි එක වහලක් යට ඒ වගේම මම හත් අට වතාවක් සිරිපාදෙ වැදලා.

වයාවත් දන්නේ නෑ. වයා මට ආදරේ කිව්ව දවසේ වලම වයා සිරිපාදේ ගිහින් ඉදිකටු පානෙදි ගත්ත වයදව්ද එකක් මම වයලගේ ගෙදරින් හොරෙන් අපේ ගෙදර ගෙනත් ඒක පහ වගේ ආරක්ෂා කලා.



ඒක එක්ක කතා කලා, හිනා වුණා, ඇඩුවා චිතරක් හෙවෙයි කවදා හරි වයා එක්ක සිරිපාදෙ ගිහින් මේ විස්තර කියන්න මග බැලුවා.

මට ඒ අතරතුර සිරිපාදේ යන්න ලැබිව්ව අවස්ථා මම මග ඇරියා. ඒ හැමදාකම රැට වයා එක්ක මම සිරිපාදේ නැගියා. මුළු

හදවතින්ම සිරිපතුල වැන්දා. හැබැයි තාම මම ඒක වයාට කිව්වේ නෑ.

ටික ටික මාව මගහරින බව දැන දැනත් මම වයා එක්කම සිරිපාදේ වදින්න ස්ථාවර අධිෂ්ඨානයක සිටියා. මම එක එක වචන වලින් ලස්සනට වයාට කවි ලිව්වා, ආදරෙයි කිව්වා. ඒ ගල් හිත මාව ආදරේක පටලවලා මාව ටික ටික මරන්න පටන් ඇරන් තිබුණා. ඒත් මම මැරෙන්නේ නැතුව ඉන්න උත්සහ කලා. කොවිචර කතා කරන්න උත්සහ කලත් වයා කතා කලේ නෑ. මම අන්තිමට වෙන මුකුත්ම හෙවෙයි මට වයා එක්ක සිරිපාදේ යන්න ඕනේ බව මගේ පුංචි 101 නොකියා ෆෝන් එකෙන් අමාරුවෙන් අකුරු කලා.

ඔව් මට දිග reply එකක් ආවා. ඒ අංකෙන් මැසේජ් එකක් දැක්ක ගමන්ම මම සතුටින් පිනාගියා.

“හම්මෝ ඇති යන්නත්” මම මටම කියා ගන්නා. වටයක් කැරකිලා “ඇත්තටම වයා මට ආදරෙයි” මම එහෙමත් හිතුවා.

මේ ලෝකේ මම වැඩියෙන්ම සතුටු වෙව්ව දවස් වලින් එකක් ඒක. ඒ reply එකේ මොනවා තියෙනවද බලන්න මම ඇඳ උඩට ගියා. මගේ කොට්ටෙන් උකුලෙන් තියාගෙන මම සතුටින් කියෙව්වා.

මගේ හිතට ඒකේ තිබුණ වචන කියවද්දි මැරෙන්න ඕනේ වුණා. කදුළු කඩන් වැටෙන එක සහිපයක් වුණා. මනුස්සයෙක්ට ආදරේ කලත් හොකලත් තවත් මනුස්සයෙක්ට මේ තරම් දරුණු දෙයක් කරන්න පුලුවන්ද කියලා මම ආයේ ආයෙන් හිතුවා. එලිවෙනකල් ඇඩුවා. අදටත් මගේ ජීවිතේ අදුරුම දවස ලෙස ඒ දවස මතකයට එකතු වුණා.

ඒත් මට සතුටයි “මට වෙන කෙනෙක් ඉන්නවා Please මට මගේ පාඩුවේ ඉන්න දෙන්න” ඔයා මට මගේ සහෝදරියක් කවදාවත් මම ඔයාට ආදරේ කරලා නෑ. මේ පණිවිඩය දරාගන්න පුංචි වුණත් ඒ කාලේ මගේ හිතට හයිත තිබුණා. මම ආයේ කවදාවත් වයාට කරදර

නොකරන්න තීරණය කලා. ආදරේ නොකර ඉන්න බැරි වුණත් ඒක හිතින් කරලා හිතඩව ඉන්න මට අපුරු හැකියාවක් තිබුණා.

සිරිපාදේ යන එක මම අතහැරියා. ජීවිතෙන්ම අතහැරියා. අවුරුද්දකට වගේ පස්සේ දවසක විවාහ මංගල උත්සවයක මට වයාව හම්බ වුණා. එදා අතහැරියා මාව වයා ආපහු ඇස් වලින් අල්ල ගත්තා කාටත් නොපෙනෙන්න මම ලස්සනයි කිව්වා. මම කාල තිබ්බ වටලප්පන් ආපස්සේ ඉතිරි ටික මගේ දිනා බල බල කළවා. ආයේ තව දවසක මම තනියෙන් පන්ති යන පාරට ඇවිත් වයාගේ වානෙන් මට lift එකක් දුන්නා. ඒ කිසි දවසක මම ඇහුවේ නෑ ඇයි මට එහෙම කලේ කියලා.

වයාට ඒක කියන්න හයිතක් තිබුණේ නෑ.

ඒත් එහෙම කුණු මාලු කළුලක් වගේ විසි කරලා දාපු මාව ආයේ ආයෙන් ලං කර ගන්න වගේ ආවට වයා මේ කරන්නේ තාවකාලික විසිලුවක් බව වයාට වැඩිය ගොඩක් බාල වුනත් ඒ වයසට මට තේරිලා තිබුණා.

සිරිපාදේ යන්න වයාට ආයේ කවදාවත් කථා නොකරන්න ඒකායන අධිෂ්ඨානයක මම හිටියා.

වයා වයාගේ ගමන ගියා. මම මගේ ගමන ගියා. ආපස්සට හැරිලා බලද්දි මගේ ජීවිතේ මම ගොඩක් දේවල් ලංකරගෙන තිබුණා. මගේ අත අල්ලන් සිරිපාදේ යන්න පුලුවන් විදියේ විශ්වාසවත්තම කෙනෙක් මට මුලු හදවතින්ම ආදරේ කරමින් සිටියා. ඒ ආදරණීය හදවත එක්ක මට දරුවෝ තුන්දෙනෙක්ගේ පුංචි අත් අල්ලන් යන්න පුලුවන් විදියේ සුන්දර ජීවිත චාරිකාවක් හිමි වෙලා තියෙන බව මට පෙනුණා.. ඉතින් මම ආපස්සට හැරිලා ඒ අතීතයට ලස්සනට හිනා වෙලා සමු දුන්නා.

වයන් වයා ආදරේ කරපු හිත එක්ක ලස්සන ගමනක් ගිහින් ඇති. මට ඉදහිට මතක් වුණා. වයාගේ සතුට වෙනුවෙන් මම ඉවසපු ඉවසීම ගැන විදවපු විදවීම ගැන මම සතුටු වුණා. අදටත් මම සිරිපාදේ ගිහින් නෑ. ඔය සිදු වීමට අවුරුදු 30 කට ආසන්න වුණත් මට ජීවන ගමන සතුටින් ආපු කෙනා එක්කවත් සිරිපාදේ යන්න හිත හදාගන්න බැරි වුණා.

මම කිසිමදාක සිරිපාදේ නොවදින්න තීරණය කලා.. කාත් එක්කවත් ඔව් කාත් එක්කවත්...

අදටත් මට කවුරුහරි සිරිපාදේ වන්දනාවට කථා කලොත් කොවිචර ආස ගමනක් වුණත් මට වයා නැතිව වෙන කෙනෙක් එක්ක ඒ ගමන යන්න හිත හදාගන්න බෑ.

“එතකොට ඔයා ඊලග ආත්මෙක වයා එක්ක සිරිපාදේ වදින්න පුර්වනා කරනවද” මගේ හිත මගෙන්ම අනන වාර අනන්තයි.

**“නෑ කොහෙත්ම නෑ” මගේ පිලිතුර ස්ථිරයි.**  
**අවසානයට මෙහෙම කිව්වා නම් හරියටම හරි.**  
**“මම වයා වගේම සිරිපාද වන්දනාවත් මගේ ජීවිතේ අහලකටවත් ආපහු එනවට අකමැතියි”**  
**හැබැයි...අදටත් මගේ ජීවිතයේ කවදාවත් පිරිවිච නැති වෙන කාටවත් පුරවන්නන් බැරි ඒ අඩුව හිසා ලස්සන වෙලා කියලා තමයි මම හිතන්නේ..**  
**“අම්මා යන්න ආසම කොහෙද” මගේ දුව ඉදහිට අහනවා**  
**“සිරිපාදේ” මම ඒ හැම පාරම කියනවා**  
**“ඉතින් අපි යමුකෝ” වයා ලස්සනට හිනාවෙලා ආයෙමත් අහනවා**

මම ලස්සන හිනාවකින් විතරක් පිලිතුරු දිලා හිතඩ වෙනවා කවදා හරි මේ කතාව වයාට කියවන්න මෙහෙම ලියලා තියෙනවා වගේම වයාගේ ජීවිතයේ මෙහෙම මතක ලස්සනට දරා ගන්න හැටි ඒ හිත ලගින් ඉදන් පුරුදු කරන්න වගබලා ගන්නවා.

මට වගේ වයාගේ ජීවිතේ කවදාවත් පිරිවිච නැති හිස්තැන් නොවන්න මම පුංචි උත්සහයක යෙදෙනවා

කාන්චනා පෙරේරා.



### මං උබට කොවිචරක්නම් ආදරෙ කරාද ?

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# KANDY

## MAHA NUWARA

On the edge of the "Kingdom in the Mountains" (Kanda Uda Pasrata), Kandy was the last capital of the Sinhalese monarchy and a testament to the kings as aesthetes in their choice of location. Kandy, or more properly in Sinhalese Maha Nuwara ("Great City"), was founded on a ridge of mountains with dense jungle bordering its gardens, tea estates and paddy fields, and formed around the artificial lake which reflects the sky, with the arc of the royal palace skirting the water's edge.



This royal city is also a holy city. Ever since it was founded in the 16th Century, it has housed one of the most sacred relics of Buddhism, a tooth of the Buddha, collected from his funeral pyre. Every day, at dawn, midday and dusk, the reliquary containing the relic is venerated to the sound of drums at the Temple of the Tooth. A depository of the last vestiges of Sinhalese royalty, a focal point of worship for Buddhists all over the world and an important centre of monastic tradition, Kandy is still a capital city, despite the creation of Colombo. It is still the custom for the heads of state of Sri Lanka to organise important official ceremonies here and it is here that they make their inaugural speech. In addition, Kandy's great annual festival, the famous Esala Perahera (July/August), which is a parade of elephants in honour of the tooth of the Buddha, is the most spectacular and ornate perahera on the island.

Within easy reach of Kandy are the glorious Peradeniya Botanic Gardens, spice gardens, the Ceylon Tea Museum, and the serene temples of Embekke, Lankathilaka and Gadaladeniya (Three Temples Tour). For those missing their round of golf, there is the Victoria Golf Course, which is an attractive 18-hole golf course about 25 km outside of Kandy surrounded by the Victoria Reservoir and set amidst coconut palms and tropical vegetation.

### Why visit Kandy?

With a picturesque setting around its lake, a rich historical and cultural heritage, good access to the Ancient Cities (Cultural Triangle) and the Hill Country, a pleasant Mediterranean-type climate, and World Heritage Site status, a visit to Kandy is a must for anyone touring the island. Kandy is the perfect size to be explored on foot, the higher altitude making the climate conducive to long and leisurely strolls. The city is visually rich, with narrow streets lined with buildings of character and crowded with people. The Municipal Market has superb displays of fruit and vegetables, textiles and clothing, and the lake provides an attractive focal point.



# TECHNOLOGY - ENGLISH

## Researchers will use artificial intelligence to match image data of patients from Scotland with linked health records

Scientists are to analyse more than a million brain scans using artificial intelligence with the aim of developing a tool to predict a person's risk of dementia.

Researchers at the University of Edinburgh and the University of Dundee will examine CT and MRI scans of patients from Scotland captured over more than a decade, as part of a global research effort called NEURii.

The team will use AI and machine learning to match the image data with linked health records to find patterns that could help doctors better determine a person's risk of developing dementia.

The number of people living with dementia globally is forecast to nearly triple to 153 million by 2050, and researchers warn this presents a rapidly growing threat to health and social care systems. Health and social costs linked to dementia already exceed \$1tn (£780bn) a year, research shows.

The scientists aim to create digital tools that radiologists can use when scanning patients to determine their risk of dementia and diagnose

the disease and related conditions earlier.

The tools could also help speed up the development of more precise treatments for dementia, they said.

Prof Emanuele Trucco, an expert in AI and medical imaging at Dundee, said: "This new data set will be of great use to neurological researchers.

"Should we establish a successful proof of concept, we will have a suite of software tools that are smoothly and unobtrusively integrated with routine radiology operations that assist clinical decision-making and flag the risk of dementia as early as possible." Up to 1.6 million images will be scanned, with the approval of the public benefit and privacy panel for health and social care, part of NHS Scotland.

The data will be held in the Scottish National Safe Haven, commissioned by Public Health Scotland to provide a secure platform for the use of NHS electronic data for research.

The project co-leader, Prof Will Whiteley from Edinburgh's Centre for Clinical Brain Sciences, said: "Better use of simple brain scans to predict dementia will lead to better understanding of dementia and potentially earlier diagnosis of its causes, which in turn

will make development of new treatments easier.

"Currently treatments for dementia are expensive, scarce and of uncertain value. If we can collect data from a large group of people at high risk, who then give their consent to take part in trials, we can really start to develop new treatments."

## SCIENTISTS TO USE AI TO ANALYSE 1.6M BRAIN SCANS TO DEVELOP TOOL PREDICTING DEMENTIA RISK



## APPLE DELAYS HIGHLY ANTICIPATED DEVICE DUE TO 'TECHNICAL CHALLENGES'



Apple has reportedly delayed a highly anticipated device due to 'technical challenges.'

The foldable MacBook, which has been rumored since 2019, was set to roll out next year, but has been pushed until early 2026 or as late as 2028.

The computer is expected to have a dual use of a notebook with an on-screen keyboard when it's folded or could be used as a monitor with an external keyboard when unfolded.

Apple is facing issues with the display and mechanical components for the 18.8-inch screen size that uses one touch-screen on both the top and bottom halves of the device. Ming-Chi Kuo, an analyst known for leaking information about Apple products, said in an X post that 'some market participants previously expected Apple to launch the foldable iPad in 2025, but the current supply chain survey indicates that the foldable iPad

has no visibility.

'This may also be because some call this foldable MacBook a foldable iPad.'

Kuo reported that Apple canceled the 20.25-inch display design it had reportedly been considering, saying 'the assembly mass production schedule has been pushed back from 1H26 [the first half of 2026] to the end of 2027 or 2028.'

Some users have raised concerns over having an on-screen keyboard, saying that it can become painful and difficult to type without being able to feel the keys, but Apple may be working on ways to make this easier.

An Apple patent described three ways to make typing on an on-screen keyboard easier, writing that it should allow 'a flexible screen to deform when a virtual key is pressed' and use haptic feedback 'to simulate the click of a real key.'

The company added that 'an electrostatic

charge could also be used to simulate the feeling of the edge of a key, making it feel like a real keyboard when you place your fingers on it ready to type.'

Apple has reportedly been working on a foldable laptop for years but hasn't moved forward with an official production date, even as competitors like LG and Samsung rolled out their own versions.

The same technical issues that are delaying the MacBook could also be behind the postponed rollout of the foldable iPhone.

Apple insiders reported that the device was on track to launch in less than two years, but are now put on hold due to 'screen creasing.' The company is reportedly 'still evaluating component specifications and performance, with strict requirements for crease and reliability,' according to 9to5Mac that said the device is unlikely to roll out before 2027.

## I WITNESSED A UFO CRASH AND ALIENS FLEE THE SHIP - AND I HAVE A PIECE OF THE CRAFT TO PROVE IT

A man from Los Angeles claims that he witnessed aliens fleeing from a UFO after it crashed landed in the desert - and he has a piece of the spacecraft to prove it.

Jose Padilla was just a nine-year-old boy growing up in San Antonio, New Mexico, when he and his friend discovered the 'avocado-shaped' UFO.

To this day, he swears that what he witnessed was real.

The encounter occurred while the two boys were horseback riding in the desert just 13 miles from the Trinity nuclear test site, Robert Oppenheimer and other members of the Manhattan Project detonated the world's first nuclear bomb in 1945.

The encounter occurred that very same year, and at first, Padilla thought the sound of the crash was just another bomb test, he told CBS News Los Angeles.

'I told my friend, 'it must be another test from the bomb' and he said, 'no, it's not a bomb, look at the smoke coming out of the ground,' Padilla said.

Upon closer inspection, the smoke appeared to be coming from a crashed aircraft.

Then, all of a sudden, three extraterrestrials emerged from the aircraft and began 'sashaying and running in circles,' he said.

But Padilla wasn't afraid of these creatures.

"They had crashed at my father's ranch, and they needed help," he said.

Over the next ten days, the military cleaned up the wreckage while Padilla and his friend watched from a nearby ridge, despite being warned to stay away.

We were hiding behind cactuses,' he said.

When the soldiers took a break from cleaning up the wreckage, Padilla and his friends entered the aircraft.

The 'extraterrestrials' were gone, giving Padilla the perfect opportunity to extract a souvenir from inside.

He pulled a small 'dial' off the wall, brought it home and hid it in his garage.

Frontier Analysis, a chemical testing lab based in Ohio, analyzed the artifact in 2015. Their report revealed that it was made of aluminum mixed with silicon and copper, CBS Los Angeles reported.

This mix of metals is commonly found in engine parts, and the report

stated that the isotopic ratios were terrestrial.

But an extraterrestrial source for the metals could not be ruled out, the report stated.

'No one knows what it is,' Padilla said.

The years passed, and Padilla moved from San Antonio to Rowland Heights, an unincorporated area of Los Angeles, California, and quietly raised a family.

But he always held onto that strange artifact from his childhood.

In 2012, Padilla and the friend who was with him when he witnessed the UFO were interviewed by investigative journalist and UFO researcher Paola Harris.

At the time, Harris was investigating a claim by the son of World War II army pilot William Brophy.

Brophy's son told Harris that one of his father's last missions was to fly over the area that Padilla claims the UFO crash landed in. During one such flight, he saw two young boys on horseback, Harris told CBS Los Angeles. She believes those two little boys were Padilla and his friend.

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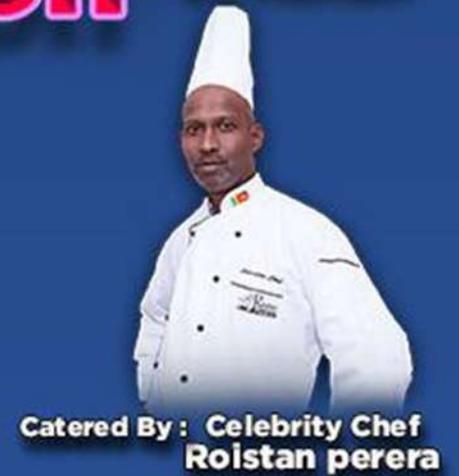


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## சமீரா ரெட்டிக்கு மசாஜா?



நடுநிசி நாய்கள் லிங்குசாமி இயக்கிய வேட்டை விஷால் நடித்த வெடிஉள்பட சில தமிழ் படங்களில் நடித்தார்.

இந்த நிலையில் நடிகை சமீரா ரெட்டி கடந்த 2014 ஆம் ஆண்டு தொழிலதிபர் அக்சய் என்பவரை திருமணம் செய்து கொண்ட நிலையில் இந்த தம்பதிக்கு ஒரு மகன் மற்றும் ஒரு மகள் உள்ளனர். இந்த நிலையில் நடிகை சமீரா ரெட்டி இன்ஸ்டாகிராமில் பிரபலம்

Tamil Gossip

நடிகை சமீரா ரெட்டியை அவரது இரண்டு குழந்தைகள் அடித்து மசாஜ் செய்யும் வீடியோ இணையத்தில் வைரல் ஆகி வரும் நிலையில் இதுதான் பெஸ்ட் மசாஜ் என கமெண்ட்கள் பதிவாகி வருகின்றன.

இந்தி மற்றும் தெலுங்கு படங்களில் நடித்துக் கொண்டிருந்த நடிகை சமீரா ரெட்டி, சூர்யா நடிப்பில் கௌதம் மேனன் இயக்கத்தில் உருவான வாரணம் ஆயிரம் என்ற திரைப்படத்தின் மூலம் தமிழில் அறிமுகமானார். அதன் பிறகு அஜித் நடித்த அசல் கௌதம் மேனன் இயக்கிய

என்பதும் அவருக்கு சுமார் இரண்டு மில்லியன் டாலர்கள் உள்ள நிலையில் அவ்வப்போது தனது குடும்ப புகைப்படங்கள் மற்றும் வீடியோக்களை பதிவு செய்து வருவார்.

இந்த நிலையில் சமீரா ரெட்டி சமீபத்தில் தனது இரண்டு குழந்தைகளும் அவரது முதுகில் அடித்து மசாஜ் செய்யும் வீடியோவை வெளியிட்டுள்ளார். ஒரு தாய்க்கு இதைவிட பெஸ்ட் மசாஜ் எதுவும் இல்லை என்று இந்த வீடியோவுக்கு கமெண்ட்கள் பதிவாகி வருகிறது.

## ஐஸ்வர்யா ராஜேக்கு வந்த சூசை



தமிழ் சினிமாவில் அட்டகத்தி படத்தின் மூலம் அறிமுகமானவர் தான் நடிகை ஐஸ்வர்யா ராஜேஷ். இதைத்தொடர்ந்து ஏராளமான படங்களில் நடித்து ரசிகர்களை கவர்ந்திருந்தார். இவர் தேர்ந்தெடுக்கும் திரைக்கதைகள் அழுத்தமாக காணப்பட்டதால் தொடர்ந்து முன்னணி நடிகர்களுடன் நடிக்கும் வாய்ப்பையும் பெற்றார்.

தற்போது தமிழில் மட்டும் இல்லாமல் தெலுங்கு சினிமாவிலும் நடிப்பதில் ஆர்வம் காட்டி வருகின்றார். தமிழில் விஜய் சேதுபதியுடன் நடித்த படங்கள் இவருக்கு விமர்சன ரீதியாக நல்ல வரவேற்பை பெற்றுக் கொடுத்தன.

தனக்கு கிடைத்த வாய்ப்பை சரியாக பயன்படுத்திக் கொண்ட ஐஸ்வர்யா ராஜேஷ்

அடுத்தடுத்த படங்களிலும் சிறப்பான நடிப்பை கொடுத்திருந்தார்.

ஆரம்பத்தில் மிகவும் ஹோம்லியாக நடித்து வந்த ஐஸ்வர்யா தற்போது தன்னுடைய ரூட்டை கவர்ச்சிக்கு மாற்றிக் கொண்டுள்ளார். இது ரசிகர்களை வெகுவாக கவர்ந்துள்ளது. சமூக வலைத்தளங்களில் ஆக்டிவாக இருக்கும் ஐஸ்வர்யா ராஜேஷ் அடிக்கடி புகைப்படங்கள் பகிர்வதையும் வழக்கமாகக் கொண்டுள்ளார். சமீபத்தில் ஜுவல்லரி ஷாப் ஒன்றின் திறப்பு விழாவில் பங்கேற்ற ஐஸ்வர்யா ராஜேஷ் கலக்கலான உடையில் பங்கேற்று அனைவரையும் கவர்ந்திருந்தார். இந்த நிலையில் அவரிடம் உங்களுக்கு ஒரு பெரிய பாலிவுட் நட்சத்திரம் அல்லது தென்னிந்திய நடிகருடன் சாப்பிட ஆசை என்றால் அது யாருடன் என கேள்வி எழுப்பப்பட்டு இருந்தது.

அதற்கு ஐஸ்வர்யா ராஜேஷ் இளைய தளபதி விஜய் உடன் டின்னர் சாப்பிட ஆசை என குறிப்பிட்டுள்ளார். அவருடைய ஆசை நிறைவேறுமா என பொறுத்திருந்துதான் பார்க்க வேண்டும்.

## பாடகர் சத்தியபிரகாஷ் சங்கவி பிலிம்ஸ் நிறுவன பணிப்பாளர்



வடக்கின் செல்லக் குரலுக்கான தேடலின் இறுதிப் போட்டியில் கலந்து கொள்ள இலங்கைக்கு வருகை தரவுள்ள பிரபல பாடகர் சத்தியபிரகாஷ் சங்கவி பிலிம்ஸ் நிறுவனத்தின் பணிப்பாளரும் மன்னார், பேசாலை சங்கவி தியேட்டரின் உரிமையாளருமான துரைராசா சுரேஷ் சென்னையிலுள்ள அவரது இல்லத்தில் சந்தித்து அழைப்பு விடுத்தபோது

## கீர்த்தி சுரேஷின் ரகு தாத்தா



நமக்கு ஒத்து வருமா என்று யோசித்தேன். இந்தக் கதைக்களத்தால் ரசிகர்களைத் திரையரங்கத்திற்குள் இழுத்துவர முடியுமா? என்ற தயக்கமும் இருந்தது. அதனை இயக்குநர் சுமனும் தயாரிப்பாளர் விஜய்யும் உடைத்தெறிந்தனர்.

ரகு தாத்தா படத்தில் இந்தி திணிப்பு பற்றி பேசப்படவில்லை. கதையைத் தொடர்புபடுத்தும் வகையில் இந்தி திணிப்பு ஒரு உதாரணமாகக் கையாளப்பட்டுள்ளது. பெண்கள் மீதான திணிப்பு பற்றித்தான் பேசப்பட்டுள்ளது.

அது எந்தமாதிரியான திணிப்பு என்பதை இப்போதே கூறிவிட்டால் படத்தைக் காணும்போது அதிலுள்ள சுவாரசியம் குன்றிவிடும். அதனால், நேரில் படத்தைப் பார்த்து தெரிந்துகொள்ளுங்கள். படத்தில் சிறிதளவு கருத்து சொல்ல முயற்சி செய்துள்ளோம்.. ஆனால், அது அறிவுரையாக இருக்காது. இது படத்தைப் பார்க்கும்போது ரசிகர்களுக்குப் புரியும். கண்டிப்பாக இந்த படம் அனைவருக்கும் பிடிக்கும், என்று கூறியுள்ளார் கீர்த்தி சுரேஷ்.

ரகு தாத்தா படத்தில் எம்எஸ் பாஸ்கர், தேவதர்ஷினி, ரவீந்திர விஜய், உள்பட பலர் நடித்துள்ளனர். சுமன் குமார் இயக்கத்தில் உருவாகியுள்ள இப்படத்திற்கு சீன் ரோல்டான் இசையமைத்துள்ளார்.

## 25 படங்களில் நிராகரித்தார்கள்: ராஷ்மிகா மந்தனா உருக்கம்



என்று கூறியுள்ளார். இதுபற்றி அவர் கூறும்போது, "ஆரம்ப காலத்தில் நடிகைக்கான முகம் எனக்கு இல்லை என்று நிராகரித்தார்கள். ஆடிஷன் முடித்துவிட்டு வீட்டுக்குத் திரும்பும் போது கண்ணீருடன் தான் வருவேன். 20, 25 படங்களுக்கான ஆடிஷன்களில் நிராகரிக்கப் பட்டிருக்கிறேன். இருந்தாலும் தொடர்ந்து முயன்றேன். ஒரு படத்துக்கான ஆடிஷனுக்கு பலமுறை சென்றேன். கடைசியாகவே தேர்வு செய்தார்கள்.

3 மாதங்கள் பயிற்சி நடந்தும் படம் நின்றுவிட்டது. பிறகு வாய்ப்புகளைச் சரியாகப் பயன்படுத்திக் கொண்டு இந்த நிலைக்கு வந்திருக்கிறேன். ஒவ்வொரு படத்திலும் சிறப்பாக நடிக்க வேண்டும் என்ற ஆசை இருக்கும். நான் நடித்தப் படங்களை மீண்டும் பார்க்கும்போது, இதை இன்னும் சிறப்பாகச் செய்திருக்கலாம் என்றும் தோன்றும் என்று தெரிவித்துள்ளார். ஜஸஸ்

நடிகை ராஷ்மிகா மந்தனா அல்லு அர்ஜுனுடன் புஷ்பா 2, தனுடன் குபேரா, இந்தியில் ஜாவா சல்மான்காளுடன் சிக்கந்தர் உட்பட சில படங்களில் நடித்து வருகிறார். அவர் சமீபத்தில் அளித்துள்ள பேட்டியில் திரைப்படத் துறையில் பல நிராகரிப்புகளைச் சந்தித்தேன்



# ROUTEONE

- RECRUITMENT SERVICES -

## வரலட்சுமி விரதம் 2024- அஷ்டலட்சுமிகளை வீட்டிற்கு அழைக்கும் வழிபாட்டுமுறைகள் ..!

வரலட்சுமி நோன்பை கடைபிடிக்கும் முறை , அஷ்டலட்சுமிகளை வீட்டிற்கு அழைக்கும் முறை மற்றும் அதன் வரலாற்று சிறப்புகள் ..

ஆடி மாதம் பௌர்ணமிக்கு முன் வரும் வெள்ளிக்கிழமை வரலட்சுமி நோன்பாக கடைபிடிக்கப்படுகிறது. இந்த நாளில் விரதம் இருந்து மகாலட்சுமியை வழிபட்டால் 16 வகை செல்வங்களும் கிடைக்கும் என்பது ஐதீகம். எந்த ஒரு பண்டிகைக்கும் வழிபாட்டிற்கும் ஒரு வரலாறு இருக்கும் அதனை தெரிந்து கொண்டு வழிபாடுகளை செய்யும் போது முழு பலனையும் பெற முடியும் , அப்படி வரலட்சுமி விரதம் கடைப்பிடித்ததற்கான வரலாற்றை இந்த பதிவில் அறிந்து கொள்ளலாம் வாருங்கள்..

### வரலட்சுமி நோன்பின் வரலாறு

சௌராஷ்டிர தேசத்தில் பத்ரசவா என்ற அரசன் மிகவும் நல்ல முறையில் ஆட்சி செய்து வந்தார் அவரது மனைவி கசந்திரிக்கா கணவருக்கு ஏற்றவராக விளங்கினார் .அவர்களுக்கு சியாமா என்ற பெண் குழந்தை இருந்தது ,தினமும் கசந்திரிக்கா லட்சுமி பூஜையை செய்யாமல் உணவருந்த மாட்டார், இதனைப் பார்த்த லட்சுமி தேவி மனம் குளிர்ந்து ஆடி வெள்ளி நாளில் வயதான சுமங்கலி பெண்ணாக அரசவைக்கு வருகிறார். அப்போது கசந்திரிக்கா உணவறிந்து விட்டு தாம்பூலத்தை



எடுத்து வைத்துக் கொண்டிருக்கிறார். அங்கு வந்த சுமங்கலி தாயை வரவேற்று வெற்றிலை, பாக்கு, குங்குமம், மஞ்சள் போன்ற மங்களப் பொருட்களை கொடுக்கிறார் அப்போது லட்சுமிதேவி நீ வணங்கும் லட்சுமி தேவியின் அவதார நாளான இன்று நீ எப்படி வயிறார சாப்பிட்டு தாம்பூலம் கொடுப்பாய் என கேட்கிறார். எப்போதும் கோபம் அடையாத கசந்திரிக்கா அன்று கோபத்துடன் நீ யாரோ பிச்சைக்காரி எனக்கு புத்தி சொல்கிறாயா என அன்னையை கன்னத்தில் அடித்து விடுகிறார். உடனே அன்னை அங்கிருந்து வெளியேறி விடுகிறார். அப்போது அங்கு சியாமா வருகிறார். லக்ஷ்மி தேவியிடம் தாங்கள் யார் என பணிவோடு கேட்கிறார் அதற்கு அன்னை உன் தாய்க்கு லட்சுமிதேவிக்கு எவ்வாறு பூஜை செய்ய வேண்டும் என கூற வந்தேன் ஆனால் அவள் என்னை கன்னத்தில் அடித்து அவமதித்து விட்டால் .உடனே ஷியாமா அந்த பூஜையை எனக்கு கற்றுக் கொடுங்கள் எனக் கூறுகிறார் .அன்னையும் பூஜையை கற்றுக் கொடுக்கிறார் .அன்று முதல் ஷியாமா ஆண்டுதோறும் பூஜையை சிறப்பாக செய்து வந்தார் .ஆனால் அரசவையின் செல்வம் குறைந்து கொண்டே வந்தது பூஜை செய்ததன் பலனாக சியாமாவிற்கு நல்ல கணவன் கிடைத்துவிட்டார் .

பத்ரசவா மற்றும் கசந்திரிக்கா நாட்டை விட்டு துரத்தப்பட்டு காட்டுக்குள் வாழ்ந்து வருகின்றனர் .இதனை அறிந்த ஷியாமா ஒரு பாணையில் பொன் காசுகளை வழங்கி அதை வைத்து பிழைத்துக் கொள்ளுமாறு கூறுகிறார். அதனைத் கசந்திரிக்கா தொட்டதும் கரியாக மாறிவிடுகிறது. இதனை கண்ட ஷியாமாவிற்கு அப்போதுதான்

புரிகிறது அன்றைய தினம் வந்த சுமங்கலி பெண் மகாலட்சுமி தாய் தான் என தன் தாயிடம் கூறுகிறார். தவறை உணர்ந்த கசந்திரிக்கா பூஜையின் விவரத்தை அறிந்து அவரும் முறைப்படி செய்ய தொடங்குகிறார். அதன் பின் கணவன் மீண்டும் முடி சூடி கொள்கிறார். இதுவே வரலட்சுமி விரதம் உருவான கதையாகும்.

விரதம் கடைபிடிக்கும் முறை வரலட்சுமி நோன்பு கடைப்பிடிப்பதற்கு முன் உபவாசம் இருப்பது அவசியமாகும். முடியாதவர்கள் பால், பழம் எடுத்துக் கொள்ளலாம். இந்த ஆண்டு வரலட்சுமி விரதம் ஆகஸ்ட் மாதம் 16ம் தேதி வெள்ளிக்கிழமை அனுஷ்டிக்கப்படுகிறது. முடிந்தவர்கள் கலசம் வைத்து பூஜை செய்யலாம்.

கலசத்தில் கிராம்பு ,வெட்டிவேர், ஏலக்காய், கற்பூரம், துளசி, எலுமிச்சை, ஒரு ரூபாய் நாணயம், ஐந்து ரூபாய் நாணயம் ,கிழங்கு மஞ்சள் ஆகியவற்றை வைத்து பிறகு அதன் மேல் மாவிலைகள் வைத்து மஞ்சள் தடவிய தேங்காயை வைத்து தேங்காய்க்கு சந்தனம் போட்டு வைத்துக்கொள்ள வேண்டும். நெய்வேத்தியமாக பால் ,பாயாசம் ,பொங்கல் போன்ற இனிப்பு வகைகளை வைத்து மகாலட்சுமிக்கு உரிய மந்திரங்களை கூறி பூஜை செய்ய வேண்டும். பிறகு மங்களப் பொருட்களை தாம்பூலத்தில் வைத்து சுமங்கலி பெண்களுக்கு வழங்க வேண்டும்.

### பலன்கள்

வரலட்சுமி விரதம் மேற்கொண்டால் 16 வகை செல்வங்களையும் பெற்று மகாலட்சுமியின் அருள் எப்போதுமே வீட்டில் இருக்கும் . பெண்களுக்கு தீர்க்க சுமங்கலி வரம் கிடைக்கும். திருமணமாகாத பெண்களுக்கு நல்ல வரன் கிடைக்கும். குறிப்பாக வரலட்சுமி பூஜை செய்யும் வீடுகள் எப்போதும் செல்வ செழிப்பு நிறைந்து திருமகனின் ஆசி பரிபூரணமாக இருக்கும் என்பது நம்பிக்கையாகும். ஜஸஸ்

## மாட்டுச் சாணத்தை வீட்டு வாசலில் தெளிப்பது ஏன்... அதன் பாரம்பரியம் என்ன



வீட்டு வாசலில் மாட்டு சாணம் தெளிக்கும் பாரம்பரியம் இந்தியாவில் பல்வேறு சமூகம் மற்றும் மதங்களில் காலகாலமாக இருந்து வருகிறது. வீட்டு வாசலில் பசுவின் சாணத்தை தெளிப்பது என்பது பல்வேறு கலாச்சார மற்றும் பாரம்பரிய நம்பிக்கைகளில் ஒன்றாகும்.

மாட்டு சாணத்தில் ஆன்டி-மைக்ரோபியல் (யுவை-அலை-சமூகம்) குணங்கள் உள்ளன, இது சூழலிலுள்ள தீங்கு விளைவிக்கக்கூடிய கிருமிகளை அழிக்க உதவுகிறது. நாம் வெளியே எங்கே சென்றாலும், அங்கே விஷ அணுக்களின் தன்மை பரவி இறுகின்றது. அது நம் பாதங்களில் பட்டவுடன், நமது உடலில் தொற்றி கொள்கின்றன.



இதனால், மாட்டுச் சாணத்தை வீட்டில் மெழுகுவதால், வெளியிலிருந்து வரும், தவறான உணர்வுகளின் நஞ்சானது அடக்கப்படுகின்றது என்று நாம் மூதாதையர்களில் நம்பிக்கையாக இருந்து வருகிறது. குறிப்பாக, இந்தியாவின் சில கிராமப்புறங்களில் வேருன்றிய ஒரு நடைமுறையாக இன்றும் கூட வருகிறது.

இந்த காரணங்களினால், மாட்டு சாணம் தெளித்தல் ஒரு வழக்கமான நடைமுறையாகிவிட்டது. இதற்குப் பின்வரும் காரணங்கள் உள்ளன, இந்த நடைமுறை பின்பற்றப்படுவதற்கான சில காரணங்கள் இங்கே பார்க்கலாம்.

சுத்திகரிப்பு : பசுவின் சாணம் இயற்கையான சுத்திகரிப்பாளராகக் கருதப்படுகிறது. இது பாக்கிரியா எதிர்ப்பு பண்புகளைக் கொண்டிருப்பதாக நம்பப்படுகிறது, இது ஒரு இயற்கை கிருமிநாசினியாக பார்க்கப்படுகிறது. வீட்டு வாசலில் தெளிப்பதன் மூலம், அப்பகுதியை சுத்தப்படுத்துவதுடன், தீங்கு விளைவிக்கும் கிருமிகள் மற்றும் பூச்சிகளை தடுக்க உதவுகிறது.

மத முக்கியத்துவம் : இந்து மதத்தில், பசு ஒரு புனித

விலங்காகக் கருதப்படுகிறது, மேலும் அதன் சாணம் தூய்மையானதாகவும், மங்களகரமானதாகவும் கருதப்படுகிறது. சடங்குகள் மற்றும் வீட்டு சுப காரியங்களுக்காக பசுவின் சாணத்தைப் பயன்படுத்துவது வழக்கமாக கொண்டிருக்கின்றனர். சுற்றுச்சூழல் நன்மைகள் : பசுவின்

ணைசாணம் மக்கும் தன்மையுடையது மற்றும் சுற்றுச்சூழலுக்கு உகந்தது. இது இரசாயன கிருமிநாசினிகள் மற்றும் பூச்சி விரட்டிகளுக்கு இயற்கையான மற்றும் நிலையான மாற்று பொருளாக பார்க்கப்படுகிறது. அது மட்டும் இல்லாமல் பருவநிலை மாற்றத்திற்கும், நிலத்தின் பசியை பராமரிப்பதற்கும் உதவுகிறது.

பாரம்பரிய நடைமுறைகள் : இந்த நடைமுறை பெரும்பாலும் தலைமுறைகள் வழியாக பின்பற்றி வருகின்றனர். இது மூதாதையர்களின் வாழ்க்கை முறைகளுடனான தொடர்பை பிரதிபலிக்கிறது மற்றும் தூய்மை மற்றும் ஆரோக்கியத்தை பராமரிக்கும் இயற்கை மற்றும் பாரம்பரிய முறைகளுக்கான மரியாதையாக இன்றும் பார்க்கப்படுகிறது.

உரமாக பயன்பாடு : மாட்டு சாணம் சிறந்த இயற்கை உரமாகும். இது நிலத்தின் வளத்தை அதிகரிக்க உதவுகிறது மற்றும் பயிர்களை ஆரோக்கியமாக வளர்க்க கூடிய தன்மை உடையது. ஆம், மாட்டு சாணம் நைட்ரஜன், பாஸ்பரஸ், மற்றும் பொட்டாசியம் போன்ற மூலப்பொருட்களை கொண்டுள்ளது, இது பயிர்களின் வளத்தை அதிகரிக்க உதவுகிறது.

இந்த நடைமுறை சிலருக்கு அசாதாரணமாகத் தோன்றினாலும், இவ்வாறான சாஸ்திரங்கள் காண்பித்த தத்துவங்கள் பொய்யல்ல. மொத்தத்தில், மாட்டு சாணத்தின் பயன்பாடு சுற்றுச்சூழலுக்கும், ஆரோக்கியத்திற்கும் நன்மைசெய்யக்கூடியதாகவும், பாரம்பரியத்தை கடைபிடிக்கும் விதமாகவும் உள்ளது.

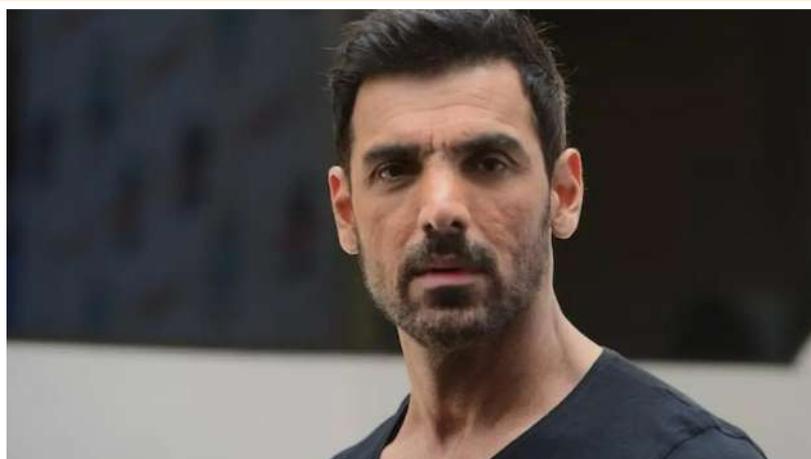
## SHAH RUKH KHAN 'PUSHES OLD MAN' AT LOCARNO FILM FESTIVAL RED CARPET.



Superstar Shah Rukh Khan has added a new feather in his cap. On Saturday, SRK became the first Indian to receive the prestigious Pardo alla Carriera award at the Locarno Film Festival. The actor's acceptance speech and dapper appearance were the talk of the town. However, a brief red-carpet moment has ignited a social media storm. A video clip surfaced on X (formerly Twitter) showing Shah Rukh apparently "pushing" a person to clear space for a solo photo. Netizens quickly condemned the actor's behaviour, labeling it as "arrogant" and "rude". One tweet read, "He pushed that old man!!! Shame on

you, Shah Rukh Khan," while others accused him of arrogance and rudeness. Some fans said King Khan was in a fun mood and he didn't seriously push the man in question. After the video was widely shared on social media, fans rushed to the actor's defence, claiming the man in question was a longtime friend and the interaction was playful. "King (Shah Rukh) having fun times," read a comment while another said, "Yes. That guy is his old friend." A fan wrote, "That's one of his old friends. Now try spreading negativity lol." The debate continues to rage on social media.

## JOHN ABRAHAM RECALLS HIS MOTHER WOULD BEAT HIM WITH A BROOM, WOULD FAINT WHEN THEY WOULDN'T BEHAVE: 'VOH BEHOSH HO JATI THI'



John Abraham is an action star on screen but as a child, he had to be at the receiving end of some desi action in his house. The actor, who is currently promoting his latest release Vedaa, shared that he was a naughty child who would get thrashed by his mother with a broom. On the Aapka Apna Zakir show, John laughed as he reminisced this memory from his childhood.

When asked if he was ever hit by his mother during his childhood, John shared, "Mummy ne boht maara mujhe, jhaadu ke sath. Kyunki bachpan mein hum log, jab 6-7 saal ke the, main aur mera bhai chaddi aur baniyan mein bhaagte the aur mummy jhaadoo ke sath aake maarti thi (My mom has beaten me a lot with a broom. Because during my childhood, when I was 6-7 years old, me and my brother would run around in our shorts and mother

would run behind us with a broom)." John shared that if he and his brother did not improve, his mother would faint, perhaps pretend to faint, so the kids could behave nicely. "Aur fir jab hum improve nahi hote the toh voh behosh ho jati thi, toh hum jaake paani leke mummy ke upar 'mummy mummy get up get up' aise daalte the. Toh boht hi naughty bache the hum dono (When we wouldn't behave, she would faint and we would get water and sprinkle it on her face and say 'mummy, get up'. So we were very naughty.)," he recalled.

John Abraham recently celebrated the success of his latest film Vedaa which released alongside Khel Khel Mein and Stree 2. After being in the theatres for six days, Vedaa has only managed to make a little over Rs 16 crore. John will next be seen in Tehran.

## KHEL KHEL MEIN BOX OFFICE COLLECTION DAY 6: AKSHAY KUMAR-STARRER LEAKS THEATRES, STRUGGLES TO REACH RS 20 CRORE MARK

Khel Khel Mein box office collection day 6: Even after six days of release, the Akshay Kumar-starrer Khel Khel Mein is yet to reach the Rs 20 crore mark, a figure that the actor's films would often achieve in a day or two. According to early estimates by industry tracker, Sacnilk, the comedy film earned Rs 1.1 crore on its first Tuesday, taking its six-day total to Rs 17.15 crore.

Directed by Mudassar Aziz, Khel Khel Mein witnessed a steep drop in footfalls with an overall occupancy of just Rs 18.43% on Tuesday. The film had 288 shows in National Capital Region (NCR), followed by 212 shows in Mumbai and 189 shows in Ahmedabad. Other regions such as Bengaluru, Hyderabad, Kolkata, Pune and Chennai had shows between 14 to 75. Despite more number of shows in Mumbai and NCR, Khel Khel Mein witnessed an occupancy of just 24.75% and 20.75%, respectively. On its first day, Khel Khel Mein had over 350 shows in Mumbai and over 420 shows in Delhi.

Khel Khel Mein marks Akshay's third release of the year; all three have also been box office flops. The actor's previous releases, Bade Miyan Chote Miyan and Sarfira, tanked at the box office. While Bade Miyan Chote Miyan's lifetime collection stands at Rs 65.15 crore, according to Sacnilk, Sarfira's worldwide collection is just Rs 33.91 crore. The films were



reportedly made on a budget of Rs 350 crore and Rs 80-100 crore, respectively. Khel Khel Mein is speculated to have been made on a budget of Rs 100 crore. Meanwhile, other Independence Day releases such as Vedaa starring John Abraham and Sharvari Wagh, earned Rs 60 lakh on Tuesday, taking its total to Rs 16.1 crore. Rajkumar Rao and Shraddha Kapoor's Stree 2, on the other hand, earned Rs 25 crore on its first Tuesday, standing at Rs 254.55 crore. Akshay Kumar has a cameo in Dinesh Vijan's horror-comedy.

Khel Khel Mein, also stars Vaani Kapoor, Taapsee Pannu, Aditya Seal, Fardeen Khan, and Ammy Virk in the lead roles.

## VIRAT KOHLI IS A 'GREAT ACTOR' BUT HE 'SHOULD NOT JOIN FILMS', SAYS CASTING DIRECTOR MUKESH CHHABRA: 'NOT EVEN AFTER RETIRING'

Virat Kohli has appeared in many ads but fans of the cricketer have never seen him in an acting role and in a recent interview, popular casting director Mukesh Chhabra said that while Virat is a fantastic actor, he should never join films. When the interviewer suggested that he might do so after his cricket career, Mukesh said that the cricketer should stay away from films even then.

Mukesh explained the reason behind his thoughts and shared with Ranveer Allahbadia, "He is already a great actor. He is from Delhi, he is a Punjabi. He has seen that life. He has handled success so beautifully. He has maintained himself on every level, competition, looks,

fitness, mentally. He is a fan of Chole Bhature, he is a great guy."



## DID ABHISHEK BACHCHAN CONFIRM DIVORCE WITH WIFE AISHWARYA RAI BACHCHAN IN VIRAL VIDEO? KNOW THE TRUTH.



Abhishek Bachchan and Aishwarya Rai Bachchan are currently in the news due to the ongoing rumours of divorce. Fans are quite concerned about the authenticity of their separation news. Amid all this chaos, an old video of the couple is going viral on social media and fans are shocked with it. The news of an alleged rift between Abhishek and Aishwarya has been going on for a long time now. Netizens even noticed that Aishwarya arrived with daughter Aaradhya at Anant Ambani and Radhika Merchant's wedding, while the entire Bachchan family came together. Soon, news about their divorce spread like wildfire. Now, another video is going viral in which Abhishek Bachchan is spotted confirming his divorce from wife Aishwarya.

## FAHMAAN KHAN FINALLY BREAKS SILENCE ON DATING RUMOURS WITH MERE DAD KI DULHAN CO-STAR SHWETA TIWARI; 'I HAD MET HER DURING..'



Fahmaan Khan enjoys a great fan following. The handsome hunk always draws attention of the fans. When he was a part of Imlie, his connection with Sumbul Touqeer Khan kept him in the news. While they were just good friends, fans could not get over the chemistry that they shared. He also entered the Bigg Boss to show her his support. But before Imlie, Fahmaan Khan played a pivotal role in Mere Dad Ki Dulhan. He shared the screen space with Shweta Tiwari in this show. There were rumours that Fahmaan and Shweta are a couple. Finally, the actor has broken his silence over the same.

# STUFFED ZUCCHINI

## HEAVEN'S RECIPE

**D**ress up roasted zucchini with this playful, comforting recipe. The hearty sausage filling is made with zucchini, cherry tomatoes and fresh basil, for a burst of summery flavor no matter the time of year. Bread crumbs add crunch to the top of each zucchini and also help absorb any moisture released during roasting. Use whatever kind of sausage you like, just note that you may need to use additional olive oil if using chicken sausage. While this may not be a recipe for busy weeknights, none of the steps is difficult, and it feeds a crowd. The zucchini can also be fully assembled 8 hours in advance and baked before serving. For smaller gatherings, this recipe halves beautifully.

## INGREDIENTS

Yield: 6 to 8 servings  
 3 large (12- to 14-ounce) or 4 medium (10- to 12-ounce) zucchini  
 3 tablespoons extra-virgin olive oil, plus more as needed  
 1 pound sweet Italian pork or chicken sausage, casings removed  
 1½ cups chopped yellow onion (from 1 medium onion)  
 1 pint cherry or grape tomatoes, quartered  
 3 garlic cloves, minced  
 ¼ teaspoon crushed red pepper  
 Salt and black pepper  
 1 tablespoon red wine vinegar  
 ½ cup fresh basil leaves, chopped, plus more for serving  
 2 tablespoons tomato paste  
 ⅔ cup panko bread crumbs, divided  
 ⅔ cup grated Parmesan, divided

### Step 6

Meanwhile, drizzle the zucchini halves all over with olive oil and sprinkle with salt and pepper.

### Step 7

Add ½ cup panko and ⅓ cup Parmesan to the sausage mixture and stir. Spoon into the zucchini halves, heaping the filling if necessary.

### Step 8

In a small bowl, combine the remaining panko and Parmesan with 1 tablespoon olive oil, tossing to coat. Sprinkle the bread crumb mixture evenly over the stuffed zucchini.

### Step 9

Bake 25 to 30 minutes, until the bread crumbs are golden brown and the filling is bubbling at the edges. If the breadcrumbs begin browning too much, tent loosely with foil. Cool for at least 10 minutes, then sprinkle with more basil and serve.

### Step 1

Heat the oven to 425 degrees and line a sheet pan with aluminum foil.

### Step 2

Cut the zucchini in half lengthwise. Scoop out and discard the seeds, then scoop out some of the zucchini flesh, leaving a ¼-inch border around the edges of each half. Arrange the zucchini halves in a single layer on the prepared pan and set aside. Roughly chop the zucchini flesh, then place in a paper towel or dish towel and squeeze to remove as much water as you can. Set aside.

### Step 3

In a large (12-inch) skillet, heat the olive oil over medium. Add the sausage and cook, crumbling the meat with a wooden spoon, until browned, 4 to 6 minutes. Using a slotted spoon, transfer the sausage to a plate.

### Step 4

Add the onion and cook over medium-low, stirring occasionally, until translucent, 6 to 8 minutes. (If the pan looks dry at any point, add a splash of olive oil.) Add the reserved zucchini flesh, the tomatoes, garlic, red pepper and 1 teaspoon salt and cook, stirring often, until the tomatoes have released their juices and most of the liquid in the pan has evaporated, 8 to 10 minutes. Add the red wine vinegar and cook for 1 minute, scraping any browned bits from the bottom of the pan.

### Step 5

Return the sausage to the pan and add the basil. Stir in the tomato paste and cook for 1 to 2 minutes, until incorporated. Set sausage mixture aside to cool slightly.

# PESTO BEANS

**P**art quick and rustic bean stew and part deconstructed pesto, this pesto-inspired one-pan meal requires no blender and minimal slicing. It all starts out by sizzling nuts with a little turmeric in olive oil until golden. The Parmesan cheese makes a creamy base for softened shallots and tender beans; then freshly torn basil leaves and lemon juice are stirred in at the end so they stay vibrant and fresh. Top with the beautifully toasted nuts, golden olive oil and a bit more Parmesan. Serve with crusty bread or garlic bread on the side.

## INGREDIENTS

Yield: 4 servings  
 8 tablespoons olive oil  
 ¼ cup pine nuts or sliced almonds  
 ½ teaspoon ground turmeric  
 Salt and pepper  
 3 large shallots, sliced thinly (about 2 cups)  
 5 garlic cloves, sliced thinly  
 2 (15.5-ounce) cans cannellini beans or other creamy white beans, drained  
 1 cup vegetable or chicken stock  
 1 cup finely grated Parmesan (about 4 ounces), plus more for serving  
 1½ cups tightly packed basil leaves, preferably Genovese  
 1 lemon, cut into wedges, for serving

### Step 1

Heat 6 tablespoons of the olive oil over medium-low in a 12-inch skillet or small Dutch oven. Add the pine nuts and, when the oil starts sizzling, stir occasionally until golden brown, about 5 minutes; turn off heat. Stir in the turmeric and season lightly with salt and pepper. Transfer to a small serving bowl.

### Step 2

Heat the remaining 2 tablespoons of olive oil over medium-high in the same skillet. When warm, add the shallots and a pinch of salt. Cook, stirring until just softened, about 3 minutes. Stir in the garlic, and when sizzling (about 1 minute), stir in the beans and stock. Bring to a simmer then turn heat down to low.

### Step 3

In a few additions, sprinkle in the cheese, stirring vigorously to combine. When

the cheese has melted into the broth and the mixture looks creamy, season to taste with salt and then turn off the heat. While the beans are still hot, tear the basil leaves (or roughly chop, if you prefer) and stir into the beans.

### Step 4

Serve hot, in bowls or on plates, drizzled with the sizzled nut oil, a squeeze of lemon juice and more black pepper and grated Parmesan, if desired.



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තම්බපණ්ණියේ සයුරු වෙරළට  
විජය රජ ගොඩබසින මොහොතට

කුවණ්ණා මට ජේත මානෙය  
කිසිත් නොපවසම් බියට පත්වන  
ඇගේ සුරතීන් අල්ලාගම් මම  
දුවන්නෙමි සයුර නොපෙනෙනා මානෙට

අත් වීලංගු ලා සඟවා ගුහාවක  
ගුහා ද්වාරය අගුළු ලම් මම  
වනා දිවයමි නෑ පරපුර දිනාවට  
ගොස් පවසම් සතුරු රැල ගැන

විජය සහ සහවර පිරිස දැක  
කෝප ගත් සිහල යක් රැල  
අමුතු ආයුධ බොහොමයක් සමඟින  
පහර දෙන්නට සැරසේය විගසින

විජය රජ හීතියෙන් පුදුමෙන  
දුවන්නේ යලි සයුර දෙසටම  
කැඩී අබලන් වෙව්ව නැවී නැග  
පිරිස හා පලා යයි මෙලෙසට

කුවණ්ණා සිටින දිශාවට මම  
ප්‍රීතියෙන් යන්නෙමි සියල් දිනු ලෙස  
හිටොස් කොට හිදුනස් කර ඇය  
යවන්නෙමි ඇගෙ මව්පියන් ගාවට

දේශය බේරාගත් බවක් සිතමින්  
නැවත වන්නට පිටත් වෙමි මම  
ලක්දිව පින්බර ධරණි තලයට  
පා තබන්නෙමි මම පුරුදු ලෙසටම

ඇස් අදහා ගන්නේ කෙලෙසද  
දොරක් දොරක් ලඟ දඬුමොණරයක්  
ඇත  
සරසාර ස්වයංපෝෂිත වගා ක්‍රම ඇත  
මිහිමත රන් සුරපුරක් යක්ක හෙලදිව

### හිරැනි පූර්ණිමා

### හිවන් දකින දා

සුවය කොතැනද සොයමින්  
සැර සැරුවේ දස දෙස  
හිවන කොතැනද සොයමින්  
විමසුම් කලත් හිතරම

සැර සැරු හවයෙන් හවය  
සොයා හිරාමිස සුව  
හිවන් මඟ පසක් කරන්න  
හිමියනි ඔබේ දේපා ලඟ

බුදු බණ පදයක් දෙසවන  
වැකුණේ  
හිමියනි සෙවණේ ඔබ  
පාමුල  
හවයෙන් හවය සැර සරනා  
සරසර ගමනේ හිවන්  
දකින දා

### ශාසි විජේරත්න

### අහන්නද වම

අහන්නද මම  
යලි නුඹෙන්. . .  
නොකීවත් කියනා  
නුඹේ හෙතු. . .

අහන්නද මම  
යලි නුඹෙන්. . .  
නොකීවත් දැනෙනා  
නුඹේ හිත. . .

අහන්නද මම  
යලි නුඹෙන්. . .  
නොකීවත් පෙනෙනා  
නුඹේ මුව. . .

අහන්නද මම  
යලි නුඹෙන්. . .  
නොකීවත් ඇසෙනා  
නුඹේ හඬ. . .

අහන්නද මම  
යලි ඉතිං. . .  
ලැබෙන පිලිතුර  
දැන දැනත් මම. . .

### අංජනා පෙරේරා





## ගමේ මියයි, නගරයේ මියයි

### HOW FIREFLY GOT HIS LIGHT

Long ago, there was no such thing as nighttime. Sun and Moon were the best of friends and they never left the sky. Moon looked after the quiet oceans, and Sun shone brightly over all the land. Elephant lived on the plains. The sunlight made his skin very hot. He tried to cool off in a mud bath, but Sun dried it up.



He tried fanning himself, but his ears got tired. One day he called out to Sun, "You dry the ground and burn my feet! I cannot stand this awful heat!" But Sun did not listen, and Moon did not say a word. Owl lived in a tall tree in the forest. She could not hunt in the sunlight. She tried to catch Mouse for dinner, but Mouse saw her coming and ran away. She tried eating berries instead, but they did not fill her up. One day she called out to Sun, "Mouse can see me in the light, I cannot hunt with you so bright!" But Sun did not listen, and Moon did not say a word. Baby Turtle hatched on the beach by the ocean. To reach the sea, he needed the tides to pull him in. He tried to swim out, but the waves pushed him back on shore. He waited for the tides to come, but they never did. One day he called out to Moon, "I need the tides to reach the seas, I beg of you to bring them please!" Moon heard the animals and she asked Sun if there was a way they could help them. Sun cared deeply for Moon and he agreed. Together they came up with a plan. Sun called down to all the animals. "For the sake of Elephant, Owl and Baby Turtle, Moon and I have decided to share the sky. When I rise, Moon will set and leave the sky bright. When Moon rises, I will set and leave the sky dark. "Moon will bring the tides each day as she travels through the sky and it will be cool and dark." Sun continued. "And when I rise, I will once again make the sky bright..." But we need one of you tell us when it is time for us to switch." "It cannot be me," said Elephant, "for I am forgetful." And this was a lie. "It cannot be me," said Owl, "for I cannot be trusted." And this was the truth. "It cannot be me," said Baby Turtle, "for I am just a baby." And this could not be argued. One by one, the animals declined except for Dullfly, who was resting in the shade of a banana leaf. Sun shone his great heat on Dullfly and spoke to him a booming voice. "Dullfly, this is Sun! Do you hear me?" "From now on, you will tell me when it is time for me to set, and we will call it dusk. And you will tell Moon when it is time for her to set, and we will call it dawn." "I cannot!" Dullfly said, frightened by Sun's loud command. "I am too small for you to see!" Sun exhaled and shot a burst of light straight into Dullfly's body, making it glow brightly. "There. From now on you will be known as Firefly, and you will flash your light to send us a signal," said Sun. And from that day forth, Firefly did just that. So, if you happen to catch Firefly at dawn or dusk, you must be sure to let him go, because it is he who decides when Moon brings the tides, and when Sun rises and sets.

වකමක් වක කාලෙක, මියො දෙන්නෙක් හිටියා. එකෙක් හිටියේ ගමේ. එකෙක් හිටියේ නගරයේ. උන් දෙන්නම නෑයෝ, තැන් දෙකක හිටියා. එක දවසක් නගරයේ මියා, ගමේ මියව බලන්න ගියා. ගමේ මියා ගොඩක් සන්තෝස වුණා. ඔහුගේ ඥාති සොහොයුරාට ඔහු මල් පිරුණු පඳුරක් යට වූ ඔහුගේ නිවසේ තව කාමරයක් හදා දුන්නා. එහි පොළොව ඔහු මෘදුම මෘදු තණකොළවලින් පුරවා, ඔවුන් දෙදෙනාට ඉතා සුව පහසුවට පැය ගණනක් හිඳා ගන්න සැලැස්වුවා. ඉන් පස්සේ ඔවුන් නැගිට ප්‍රභ වූ පෙන නගමින් දිව ගිය නදියකින් වතුර බීවා. රාත්‍රියේ ඔවුන් ආහාර ගත්තේ ඉදුණු වට්ටක්කා හා තිරිඟු පැළකර තිබූ වත්තකිනි. රෑ හඳු වලියේ ඔවුන් ගෙවත්ත පුරා දුවමින් වලියට විසිකර තිබූ ආහාර කැබලි අහුළ ගත්තා.

එක දිනකට පසු, නගර මියා කිවුවා ඔහු ආපසු යන බව. " තව දවස් ටිකක් ඉන්න" ගමේ මියා කීවා. "ස්තූතියි, නගරේ මියා කීවා. "හැඳැයි මට ගෙදර යන්න ඕනෑ. ඔයාගෙ ගැමි ජීවන රටාව ගොඩක් හොඳයි. හැඳැයි මට නගරයේ කෑමවල අඩුවක් දැනෙනවා. මට චීස්, බිස්කට් සහ කේක් නැති අඩුව දැනෙනවා.

ඔයාගේ තණකොළ ගොඩක් සැප පහසු වුණත්, තරු ගොඩක් හිතට සුවයක් දුන්නත්, මට විශාල ශාලාවන් සහ එහි ඇති ආලෝකයන්වල අඩුව දැනෙනවා. කරුණාකරල, මාව බලන්න එන්න. ඔයාට තේරෙයි මං කියන දේ. මට එහි හොඳ ජීවිතයක් කියන්නේ මොකක්ද කියලා ඔයාට පෙන්නන්න පුළුවන් වේවි. නගරේ මියා ගියාට පසුව, ගමේ මියා වට



පිට බලලා තමා කොපමණ දුප්පත්දැයි අවබෝධ කර ගත්තා. තමන්ගේ ගෙදර දිලිසෙන පොළොවක් හා විදුලි ආලෝකය නැති බව ඔහුට පෙනී ගියා. මිනිසාට ඉතින් ඔහු බැගයට තම ඇඳුම් අහුරාගෙන නගරයේ මියා මුණ ගැසීමට ගියා. ඔහු ව දැක නගරයේ මියා ඉතා සන්තෝස වුණා. තම ගමේ නෑයාව ඔහු තම නිවසට සාදරයෙන් පිළිගත්තා. ඔහුගේ නිවස වූයේ විශාල මන්දිරයක් තුළයි. එහි ඉතා ආකර්ෂණීය ආලෝක පද්ධතියක් හා දිලිසෙන පොළොවක් තිබුණා. එහි උස කුලුණ හා බිත්තිවල වටිනා පින්තූර තිබුණා. ගමේ මියාට තම ගමේ නිවස කොතරම් දුප්පත් ද යන්න මනාව පැහැදිලි වුණා. හැන්දෑවේ, නගරේ මියා ගමේ මියාව විශාල ශාලාවේ තිබෙන කෑම මේසය වෙත ගෙන ගියා. අන් ! රසවත් ආහාර පුරවපු මේසයක්! ගමේ මියා විවැහි දේවල් කලින් දැක තිබුණේවත් නෑ. වයිත්, කේක්, ටාට් සහ චීස් තිබුණා. ඉතින් මියෝ දෙදෙනා මේසේ වත් කොනක සිට අනෙක් කොනට දිව යමින් සියලු දෙයින් තම කුස පුරවා ගනිමින් හිටියා. "ඔයාගේ ගමේ ලැබෙන කෑම කුඩුවලට වඩා මේවා හොඳ නෑද්ද?" නගර මියා

ආඩම්බරයෙන් ඇසුවා. "ඔව් ඇත්තෙන්ම" ගමේ මියා කීවේ චීස්වලින් කට පුරවා ගනිමින්. "මෙහිවර රහ කෑම මං මීට පෙර කවදාවත් කාලා තිබුණේ නෑ!" විවිටම විශාල හෙවණැල්ලක් ඔවුන් මත වැටුණා. ඒ විශාල හා කෝපාවිෂ්ඨ වූ බළලෙකි! "පහින්න!" නගර මියා කෑ ගැසුවා. ඔවුන් දෙදෙනාම බිමට පැත්තා. ඔවුන් මී ගල දෙස දිව්වා. පුසා ඔවුන් පසු පස ගොරවමින් දුවනකම් ඥාතී. ඔවුන් ගල ප්‍රභව විදේශ කෑ ගසාගෙන ආ ගැහැනියක් කොස්සක් සහිතව ඔවුන් පසු පස පැත්තුවේය. ඕයි! ඇය ඔවුන්ට කොස්සෙන් ගැසුවා. හැඳැයි ඔවුන් ඉක්මන් වූ නිසා කොස්ස පොළොවට තබා බෑවා පමණි. දඩස්, දඩස්. ඔවුන් ගල තුළට පැනගත්තේ හනිලමින්. "හරිම උත්කර්ෂවත් නේද?" නගර මියා ඇසුවා. "ඔයා හොඳින් බඩ පුරවා ගන්නා යැයි මම ප්‍රාර්ථනා කරනවා. ගෙදර වැඩ කරන ගැහැනිය ගියත්, මේ පුසා නම් මුළු රෑම උගේ අත මේක ඇතුළට දාගන්න බල බලා ඉදියි." ඉතිං ගමේ මියා මුළු රෑම ඔහුගේ සිහිදු මෙට්ටෙට උඩ වෙද්දී වෙද්දී ගත කළේ චිලියේ කෑ ගසන බල්ලාට සවන් දෙමින්, මොහොතක් වත් ඇස් පියා ගන්නේ නැතිවයි. පසුදා උදෑසනම, ඔහු තම බැගයන් අහුරා ගත්තා. "ඔයා දැන්ම ම යනවා ද? නගර මියා ඇසුවා. ඔයාට නගරයේ කළ හැකි දේ සහ පෙන්නිය හැකි තව බොහෝ දේ තියෙනවා." "බොහොම ස්තූතියි", ගමේ මියා කීවා. "මම ඔයාගේ හොඳ ජීවිතය ගැන දැනගන්නා හොඳටම ඇති. බොහොම ස්තූතියි ඔබගේ සංග්‍රහවලට." එහෙම කී ගමේ මියා තම මල්ල ගෙන නැවත ගම වෙත පා හැඟුවා.



එශාන් වදුරසිංහ. - 2 වසර වලගම්බා ප්‍රාථමික විදුහල ගිරාදුරුකෝට්ටේ.



ගිමිහාන් විජේබණ්ඩාර.- 8 වසර විරකැටිය ජාතික පාසල ගලෙන්බිදුනුවැව



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## හුළඟයි, ඉරයි

එක කාලයක් තිබුණා උතුරු හුළඟ ඔහුගේ බලය ගැන ඉතා ම ආඩම්බර වුණා. ඔහු එහාට නැමුණා මෙහාට නැමුවා. ඔහු කොතන ගියත් ගස් නැමුණේ ය, ඇඳුම් ගසාගෙන ගියේ ය, මල්වල පෙති නැලුණේ ය. තමන්ගේ ශක්තිය එසේ පෙන්වීමට ඔහු ඉතා කැමති වූවේ ය. "මම තමයි ලෝකයේ බලවතුම කෙනා," ඔහු උදම් ඇහුවේ ය. "ඇත්තට ම?" නිරු ඇසුවේ ය. "ඔබට හොඳට ම විච්චාස ද?" "නැතිව" උතුරු හුළඟ කීවේ ය. " මම ඔබටත් වඩා බලවත්, ඔබට බෑ මිනිස්සුන්ව එනා මෙහා තල්ලු කරන්න. මට පුළුවන්."

එක කාලයක් තිබුණා උතුරු හුළඟ ඔහුගේ බලය ගැන ඉතා ම ආඩම්බර වුණා. ඔහු එහාට නැමුණා මෙහාට නැමුවා. ඔහු කොතන ගියත් ගස් නැමුණේ ය, ඇඳුම් ගසාගෙන ගියේ ය, මල්වල පෙති නැලුණේ ය. තමන්ගේ ශක්තිය එසේ පෙන්වීමට ඔහු ඉතා කැමති වූවේ ය. "මම තමයි ලෝකයේ බලවතුම කෙනා," ඔහු උදම් ඇහුවේ ය. "ඇත්තට ම?" නිරු ඇසුවේ ය. "ඔබට හොඳට ම විච්චාස ද?" "නැතිව" උතුරු හුළඟ කීවේ ය. " මම ඔබටත් වඩා බලවත්, ඔබට බෑ මිනිස්සුන්ව එනා මෙහා තල්ලු කරන්න. මට පුළුවන්."

සුළඟ කෙතරම් වේගයෙන් කරකුණ ද යත් ඔහුට මනසි ආවේ ය. "දැං ඉවර ද?" නිරු ඇසුවේ ය. "දැං මං කරන දේ බලන්න" ඔහු කීවේය. ඔහු තවත් දීප්තියෙන් බබළන්නට විය. ටික වේලාවකින් මිනිසා කඩාය ගැලවේවේ ය. ඔහුට රස්නය දැනී තිබුණි. නිරු තව තවත් තදින් පෑයුවේ ය ය.මිනිසා තොප්පිය ද ගැලවේවේ ය. ඔහුට දාඩිය දමන්නට පටන්ගෙන තිබුණි. "දැක්ක ද?" ඉර ඇසුවේ ය. "තමන්ට අවශ්‍ය දේ කර ගැනීමට හැමතිස්සෙ ම මිනිසුන්ව එහෙ මෙහෙ තල්ලු කරන්න අවශ්‍ය නෑ." උතුරු හුළඟ කිසිම දෙයක් කිව්වේ නැත. ඔහු ඇතට පාවී ගියේ තම උඩඟුකම ගැන ලැජ්ජා වෙමින්

සුළඟ කෙතරම් වේගයෙන් කරකුණ ද යත් ඔහුට මනසි ආවේ ය. "දැං ඉවර ද?" නිරු ඇසුවේ ය. "දැං මං කරන දේ බලන්න" ඔහු කීවේය. ඔහු තවත් දීප්තියෙන් බබළන්නට විය. ටික වේලාවකින් මිනිසා කඩාය ගැලවේවේ ය. ඔහුට රස්නය දැනී තිබුණි. නිරු තව තවත් තදින් පෑයුවේ ය ය.මිනිසා තොප්පිය ද ගැලවේවේ ය. ඔහුට දාඩිය දමන්නට පටන්ගෙන තිබුණි. "දැක්ක ද?" ඉර ඇසුවේ ය. "තමන්ට අවශ්‍ය දේ කර ගැනීමට හැමතිස්සෙ ම මිනිසුන්ව එහෙ මෙහෙ තල්ලු කරන්න අවශ්‍ය නෑ." උතුරු හුළඟ කිසිම දෙයක් කිව්වේ නැත. ඔහු ඇතට පාවී ගියේ තම උඩඟුකම ගැන ලැජ්ජා වෙමින්

## CHAMARI ATHAPATHTHU SIGNS THREE-YEAR DEAL WITH SYDNEY THUNDER



**CHAMARI ATHAPATHTHU RE-SIGNS FOR THE NEXT 3 SEASONS**

Sydney Thunder have secured Sri Lanka captain Chamari Athapaththu's services for the next three seasons via a pre-draft signing ahead WBBL 2024-25, which is set to begin on October 27. Athapaththu, who played for Thunder last season as an undrafted player, filled the fourth overseas slot on their roster. She finished the season with a Player-of-the-Tournament performance in Thunder's fourth-place finish, scoring 552 runs at 42.46 and taking nine wickets. "Committing to Sydney Thunder for the next three seasons



was an easy decision because I believe in the vision of this club, and I want to be part of its future success," Athapaththu said. "There's so much to love about my Sydney Thunder family. My team-mates are not just colleagues; they are friends who push each other to be better every day, [which] is important to me. Western Sydney is the heart and soul of Sydney Thunder and representing such a diverse and vibrant community is a privilege to have. It's been an incredible journey so far, and I'm so excited for what's ahead.

"We know other teams were interested in signing her, but we made every effort to ensure she came back. To see the way she embraced and engaged with our members and fans last summer was something pretty special and on the field she had one of the WBBL's great seasons."

Unlike in previous seasons where overseas players in the WBBL were contracted on a one-year basis, Athapaththu has signed under the league's new multi-year contract provision. It allows each club to sign one overseas player for up to three years outside of the draft, which will take place on September 1

Athapaththu has had stints in the WBBL previously with Melbourne Renegades and Perth Scorchers. Last season, after not being selected in the draft, she was added to the Thunder squad as cover for their three overseas players. Thunder open their 2024-25 campaign against Hobart Hurricanes on October 28.

Sydney Thunder updated squad Chamari Athapaththu, Samantha Bates, Hannah Darlington, Saskia Horley, Anika Learoyd, Phoebe Litchfield, Claire Moore, Taneale Peschel, Georgia Voll, Tahlia Wilson

Ceylon Today

"Chamari is obviously an exceptional cricket player, but she is also an exceptional human being who is team first and fan first," Sydney Thunder general manager Trent Copeland said.

## SPORTS MINISTRY REFUSES FUNDING FOR SRI LANKA JUNIOR ATHLETICS TEAM

The Sports Ministry has refused to fund the Sri Lanka Junior Athletics team for the World Athletics Junior Championship to be held in Lima, Peru, from August 27 to 31.

Sri Lanka Athletics finalized qualifications last month from the Junior Nationals and sent an initial list of qualified athletes. They also sent another letter on August 1 requesting funds. However, with just ten days to go for the competition, the Sports Ministry stated in writing yesterday that they aren't able to fund the tour and asked SLA to find their own funding.

The Sports Ministry usually funds airfare and accommodation for the team for all major athletics competitions (junior and senior), which is taken into account when the government makes budgetary allocations for the Sports Ministry.

As Ceylon Today understands, SLA has been extra careful after unpleasant incidents during the last World Junior



Championship in 2022 held in Colombia, where visa delays caused chaos with athletes missing events and sleeping on Torrington Square overnight in protest of the organizing mishaps of the tour, which created havoc in the media.

This time, with another Latin American country hosting the event, visas have already been obtained, and the flight path has been chosen to travel via Dubai and São Paulo to Lima before the Ministry informed that they are unable to fund the tour after sitting on the letter for two weeks.

The team is due to leave on Friday, the 23rd, leaving SLA with only four working days (Monday being a public holiday) to try and get the necessary funding and arrange air tickets to Lima, which cost more than 1.5 million per head.

Sri Lanka is set to send a team of 13 athletes for the tour, all of whom achieved the required qualifications on multiple occasions, marking the highest number of athletes from Sri Lanka who have achieved qualification standards.

Ceylon Today



## NO SUPER OVER IN TIED SRI LANKA-INDIA ODI DOWN TO OFFICIALS' OVERSIGHT

The match officials involved in the tied first ODI of the recent Sri Lanka-India series made the mistake of not taking the game to a Super Over as per the ICC's playing conditions.

ESPNcricinfo has learned that the on-field umpires Joel Wilson and Raveendra Wimalasiri, along with the match referee Ranjan Madugalle, TV umpire Paul Reiffel and fourth umpire Ruchira Palliyaguruge, internally acknowledged having misinterpreted the ODI playing conditions, which state in case of a tie teams will contest a Super Over to procure a result. While in this case there was some confusion over whether the Memorandum of Understanding between SLC and the BCCI for this tour allowed for a Super Over to be played, it has since become clear that all ODIs that end in ties will feature a Super Over, time and conditions permitting.

While the umpires brushed off the bails to signal the end of the match after the tie, neither team enquired about the absence of the Super Over, with the players shaking hands immediately. Questions, though, quickly started to pile up on social media.

The latest edition of the ODI playing conditions, released by the ICC in December 2023, says this: "If the teams' scores are equal after both innings have been completed, then a Super Over shall be played. If the Super Over is a tie, then unless exceptional circumstances arise subsequent Super Overs shall be played until there is a winner. Should it not be possible to play or to complete the Super Overs needed to determine a winner, the match shall be tied."

It is understood that Madugalle, Wilson and Wimalasiri did not immediately discuss any specific reason behind not having the Super Over. Following later discussions, though, the match officials decided they would activate the Super Over in case there was another tie in the remaining two ODIs of the three-match series, which was eventually won by Sri Lanka 2-0.

In the match in question, India needed five runs from the final three overs, with two wickets in hand, to chase down the target of 231. Shivam Dube managed a four, before India lost consecutive wickets in the 48th over, delivered by the hosts' newly appointed captain Charith Asalanka, resulting in the tie.



## බොට්ස්වානා ඔලිම්පික් වීරයාට මසුරන් පොදියක් තෑගි ලැබෙයි

මෙවර ඔලිම්පික් උළෙලේ මීටර් 200 රන් පදක්කම දිනූ ලෙස්ටීලේ ටෙබොගෝ තම මවු රටට සම්ප්‍රාප්ත වන විට බොට්ස්වානා ජාතික ක්‍රීඩාංගණය තිස් දහසකට අධික ජනතාවක ගෙන් පිරී ඉතිරි ගොස් තිබිණ. මේ සියලුදෙනා පැමිණ සිටියේ තම ඔලිම්පික් වීරයාට සුඛ පැහැමට ය. මේ රන් පදක්කම බොට්ස්වානා සතු වූ පළමු ඔලිම්පික් පදක්කම වීම නිසා වරට විසි හතර ලක්ෂය ඉක්මවා මදක් වූ බොට්ස්වානා වැසියන්ට විය අසුරු ආස්වාදයක්

ගෙන දී තිබිණි. සිය මව් රටට ගෙන දුන් කීර්තිය වෙනුවෙන් බොට්ස්වානා හි බොහෝ ව්‍යාපාරික සමාගම් මේ වන විටත් ලෙස්ටීලේ ඇගයීමට ඉදිරිපත් වෙමින් සිටින බව වාර්තා වී ඇත. වයස 21ක් වන මේ තරුණ බොට්ස්වානා හාදයාට මේ වන විට පිරිනැමුණු නිල තනතුර අතර කාමර හතරක නිවසක් වේ. එසේම ඇමෙරිකානු ඩොලර් 75000ක තනතුර මුදලක් ද ඔහුට හිමි වීමට නියමිතය. මීටර් 100 සහ 200 අවසන් තරග ද්විත්වයම නියෝජනය

කිරීමට සුදුසුකම් ලැබීම සම්බන්ධයෙන් ඔහුට හිමිවන තනතුර මුදල ඩොලර් 3600කි. ඔලිම්පික් ඉතිහාසයේ තත්පර 10ට අඩුවෙන් සියලුම තරගකරුවන් ඉසව්ව නිමා කළ මෙවර පිරිමි මීටර් 100 ඉසව්වේ හයවන තරුණ ලෙස්ටීලේට හිමි වූව ද ඔහු වාර්තා කළ තත්පර 9.86 ක කාලය බොට්ස්වානා ජාතික වාර්තාවක් විය. ඔහු අප්‍රිකානු රටකින් ඉදිරිපත්ව මීටර් 200 ඉසව්ව ජයගත් පළමු වැන්නා බවට ද පත් විය.

-Your Pathway to Global Opportunities -



**ROUTE ONE**  
-RECRUITMENT SERVICES-